

## 21<sup>ST</sup> SUNDAY IN ORDINARY TIME

August 24, 2025

"People will come from the east and the west and from the north and the south and will recline at table in the kingdom of God. For behold, some are last who will be first, and some are first who will be last." - Lk 13:29-30

"Vendrán muchos del oriente y del poniente, del norte y del sur, y participarán en el banquete del Reino de Dios. Pues los que ahora son los últimos, serán los primeros; y los que ahora son los primeros, serán los últimos". - Lc 13, 29-30

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### EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

#### Chancing the Narrow Gate

From doctors to counselors, anthropologists to school-teachers, it seems like everyone has their own parenting style to peddle, guaranteeing it will result in a happy and well-adjusted kid.

You've got "gentle parenting," predicated on respect for the child's feelings and needs. You've got "attachment parenting," based on the belief that kids need time to adjust to being outside of the womb. You've got "free-range parenting," where self-sufficiency reigns supreme.

But of all the parenting approaches I've come across, I've never encountered a philosophy that rejects discipline altogether. There are lots of conflicting opinions on how best to administer that discipline, but I've never heard any parent or parenting "expert" worth their salt say that a mother or father should completely ignore misbehavior that threatens the well-being of the child himself.

Discipline is in our human DNA. Consider for a moment what the world would look like if it came to be filled with people who had never been taught to reflect on their life challenges. People who bristled at the suggestion of personal growth.

And yet we become this way with God. Even the most "devout" among us shy away from occasions of divine constructive criticism. We avoid confession and forego daily examinations of conscience. We keep things superficial in our prayer life, avoiding depth of heart and real intimacy with God, afraid of what He will speak to us.

But when we do this, we rob ourselves of an opportunity to rely on God's fatherly strength, to rest in His mercy, to fill ourselves up with His goodness. We're putting up our hands, saying: "No thanks, Father, I'm good. You can keep your discipline. You can keep your grace."

When we do this, we are making a beeline for the "narrow gate," sure of our own strength and ability to pass through it. All I can say is this, proceed at your own peril. Are you so sure of yourself?

— Tracy Earl Welliver, MTS

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Bulletin is on the Parish Website at [www.blessedsacrament-sandiego.org](http://www.blessedsacrament-sandiego.org)

# Blessed Sacrament Catholic Church

4540 El Cerrito Drive  
San Diego, CA 92115

Website:

[www.blessedsacrament-sandiego.org](http://www.blessedsacrament-sandiego.org)

Parish E-Mail:

[info@blessedsacrament-sandiego.org](mailto:info@blessedsacrament-sandiego.org)

Phone: 619-582-5722

Clergy:

**Pastor:** Fr. Danh Pham, SVD

**In Residence:** Fr. Raymundus Wea, SVD

**Retired Deacon:** Tony Albers

**Retired Deacon:** Herb Kelsey



#### MASS SCHEDULE

**Saturday**

English 5:00PM (Vigil)

**Sunday**

English 8:30AM & 10:30AM

Español 4:00PM

**Weekdays**

**Monday - Friday:** 8:00AM English

**Holy Days & Special Services:**

See the parish bulletin

#### RECONCILIATION:

**Saturday** 4:00PM - 4:45PM

**Devotion to Our Mother  
of Perpetual Help**

Tuesdays directly following  
the 8:00am Mass

**Adoration of the  
Blessed Sacrament**

1st Friday of the month  
following the 8:00am Mass until 9:00am

# Parish Information & Resources

Parish ID# for United Way Contributions is 9753



## PRAYER GROUP MEETINGS

### Encuentros de Conversión Católica

Se reúne los Martes  
de 6:30pm a 9:00pm

INFO: Roberto Reyes  
619-453-3003

## PARISH OFFICE HOURS HORAS DE OFICINA

**Monday/Lunes:**

12:30pm - 4:30pm

**Tuesday thru Friday  
Martes a Viernes**

8:30am - 4:30pm

## PARISH OFFICE 619-582-5722

[info@blessedsacrament-sandiego.org](mailto:info@blessedsacrament-sandiego.org)

### Administrative Staff

Jeanine Yin, ext. 100  
Administrative Assistant

Maria Tello, ext. 129  
Office Assistant - *Se habla español*

### Reportando Denuncias de Conducta Sexual Inapropiada:

La diócesis de San Diego trata con seriedad todas las denuncias de conducta sexual inapropiada por parte del clero o del personal de la Iglesia y la trata de manera rápida, confidencial y exhaustiva. Para denunciar conducta sexual inapropiada por parte del clero o del personal de la Iglesia, incluyendo el abuso, llame a Mary Acosta, Coordinadora de Asistencia a Víctimas, (858) 490-8353, envíe un correo electrónico a

[misconduct@sdccatholic.org](mailto:misconduct@sdccatholic.org), o visite [www.safeinourdioecese.org](http://www.safeinourdioecese.org). Las situaciones de abuso sexual reciente o en curso deben informarse a la policía.

## SACRAMENTS

### Marriage Information:

619-582-5722

Those wishing to be married must contact the priest at least 9 months before the marriage date.

### Baptism Information:

Parish Office: 619-582-5722

**Baptism Classes** are now available on the first Monday of the month. Please call the Parish Office for additional information.

### Faith Formation:

Paul A. Lopez, ext. 124  
Faith Formation Coordinator  
habla Español

Info: [faithform@blessedsacrament-sandiego.org](mailto:faithform@blessedsacrament-sandiego.org)

First Communion, Confirmation, & Order of Christian Initiation for Adults (OCIA)

### Anointing of the Sick:

Contact Parish Office: 619-582-5722

### Funeral Arrangements:

Contact Parish Office: 619-582-5722

### Reporting Allegations of Sexual Misconduct

The diocese of San Diego treats all allegations of sexual misconduct by clergy or Church personnel seriously and deals with them in a prompt, confidential and thorough manner. To report sexual misconduct by clergy or Church personnel, including abuse, please call Mary Acosta, Victim Assistance Coordinator, (858) 490-8353, email [misconduct@sdccatholic.org](mailto:misconduct@sdccatholic.org), or visit [www.safeinourdioecese.org](http://www.safeinourdioecese.org). Situations of recent or ongoing sexual abuse should be reported to local law enforcement.

## MINISTRIES

### Altar Servers

Contact Parish Office  
619-582-5722

### Eucharistic Ministers

Ed Snyder 619-865-9398

### Lectors

Sheila Kennedy 858-699-2529

### Ushers

Parish Office 619-582-5722

### Adoration Chapel

Parish Office 619-582-5722

## OTHER MINISTRIES

### Cares for Kids

Teresa Markey 619-582-2141

### Culture of Life

Margie Morrison 619-582-8651

### Knights of Columbus

Join the Blessed Sacrament  
Knights of Columbus

Men of the parish are invited  
to become members.

Meetings are now on the

3rd Sunday of the month in the  
Parish Hall at 10:00am

Come to a meeting to learn more or  
contact Bruce O'Dell 619-280-3226

### Blessed Sacrament Auxiliary

open to all Parishioners 18 years & older

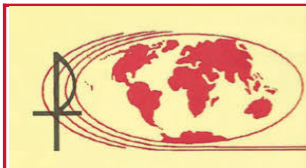
Meetings are on the 2nd Thursday of  
the month, in the Parish Hall from

6:00pm social gathering and  
6:30pm - 8pm mtg.

President: Cathie Senoff  
(619) 952-1036



## PARISH COMMUNITY ANNOUNCEMENTS



### Missionary Cooperation Plan Appeal (MCP) This Weekend - August 23 & 24 2nd Collection

We welcome Rev. Oswaldo Garcia Sanchez. of the Augustinians of the Assumption (AA) (Assumptionists), USA to talk to us on their appeal.

Presently the Assumptionists number some 900 priests and brothers working in 30 countries.

The Province of North America is specifically responsible for the missions in East Africa (Kenya, Uganda, and Tanzania), Mexico, and the Philippines.

They provide personnel and financial assistance that is indispensable in order to maintain their charitable works (schools and nurseries) and formation programs for both laity and clergy in these countries.

Please use the special yellow envelope and make your check payable to:  
**Office for the Missions.**

Extra envelopes are available by the church doors for those that like to plan ahead.

*Please give generously!*

**Next Sunday, August 31  
at our 10:30am Mass**

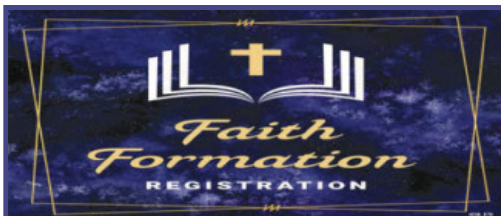
*We will welcome  
Bishop Felipe Pulido.*

**Bishop Pulido will be  
celebrating Mass in honor of  
Labor Day and in support of  
all workers.**

### Church Men's and Women's Restrooms are Completed

The Blessed Sacrament Auxiliary would like to extend a special thank you to our extra donors who helped finance the restoration of the church restrooms, especially our Hispanic Community with their generous monetary donation and dedicated members of our parish.

**THANK YOU  
GRACIAS**



### Registration for Faith Formation Classes are Now Open

You can call the parish office if you have questions or to register and speak to  
Paul Lopez,  
Faith Formation Coordinator.  
619-582-5722 ext. 124

**Welcome back  
to all our students.  
May God fill your new school  
year with learning, friend-  
ship, and God's blessings.**



**LIVE THE LITURGY -  
INSPIRATION FOR THE WEEK**  
"Strive to enter through the narrow gate," Jesus tells us. "Many will attempt...but will not be strong enough." So let us never be so foolish that we rely on our own strength. Narrow does not mean unpassable — not if we ask for help. ©LPI

### SAVE THE DATE

**Wednesday, September 24  
Soup and Salad**

**Saturday, October 18  
Blessed Sacrament Auxiliary  
Bingo-Bunco Luncheon Party**

### **Blessed Sacrament Financial Donations 2025**

To keep our parish functioning we need your help. Please continue to give your donations at Mass, by mail or go to our website and give online.

[www.blessedsacrament-sandiego.org](http://www.blessedsacrament-sandiego.org)

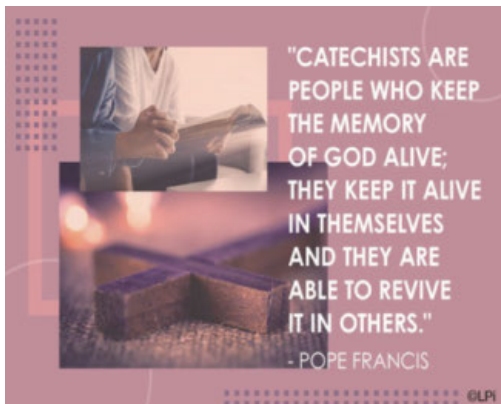
Click the Giving tab

### Collection Amounts for:

August 9 - 10 weekend  
**\$3,959.00**

August 16 - 17 weekend  
**\$4,156.00**

**Thank you for your continued support!**



### **Join us for Sunday Morning Hospitality**

**in the Parish Hall following the  
8:30am and 10:30am Masses.**

**This Sunday our Hispanic  
Community will be our hosts.  
They will be selling American  
Breakfast, Mexican Food, Pastries  
and Soda. Coffee is provided.**

**Everyone is Welcome!  
Join your faith community for social  
time and fellowship.**

## PRAYERS & PARISH COMMUNITY ANNOUNCEMENTS

### SUNDAY READINGS

**First Reading:** I know their works and their thoughts, and I come to gather nations of every language; they shall come and see my glory. (Is 66:18)

**Psalms:** Go out to all the world and tell the Good News. (Ps 117)

**Second Reading:** So strengthen your drooping hands and your weak knees. Make straight paths for your feet, that what is lame may not be disjointed but healed. (Heb 12:12-13)

**Gospel:** For behold, some are last who will be first, and some are first who will be last." (Lk 13:30)

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### WEEKLY READINGS

**Sunday:** Is 66:18-21/Ps 117:1, 2 (Mk 16:15)/Heb 12:5-7, 11-13/Lk 13:22-30

**Monday:** 1 Thes 1:1-5, 8b-10/Ps 149:1b-2, 3-4, 5-6a and 9b/Mt 23:13-22

**Tuesday:** 1 Thes 2:1-8/Ps 139:1-3, 4-6/Mt 23:23-26

**Wednesday:** 1 Thes 2:9-13/Ps 139:7-8, 9-10, 11-12ab/Mt 23:27-32

**Thursday:** 1 Thes 3:7-13/Ps 128:1-2, 4-5/Mt 24:42-51

**Friday:** 1 Thes 4:1-8 (429)/Ps 97:1 and 2b, 5-6, 10, 11-12/Mk 6:17-29

**Saturday:** 1 Thes 4:9-11/Ps 98:1, 7-8, 9/Mt 25:14-30

**Next Sunday:** Sir 3:17-18, 20, 28-29/Ps 15:2-3, 3-4, 4-5 (1a)/Heb 12:18-19, 22-24a/Lk 14:1, 7-14

### As of July 1, 2025 Updated Schedule for Sunday Hospitality Hosts

**1st week:** Blessed Sacrament Auxiliary

**2nd week:** Hispanic Community

**3rd week:** Knights of Columbus

**4th week:** Hispanic Community

**5th week:** Cares for Kids

**Thank you to all our hosts!**

### EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

#### Get to Know Jesus

When I speak and write, I mention my family quite often. Those of you who have been reading these reflections for the past 5+ years — or who have read my books — may think you know them. When I travel, I do get asked about my family by those who have entered my life through the words on a page. My hope is that by sharing stories about my family and life the reader gets a chance to see himself or herself in the story as well. Then the point being made in the article or reflection can take on stronger meaning because it hits home. However, no matter how much I write about my family and how much you read about them, you will only have a glimpse as to the real people. It will take an actual relationship with one of them to get you to the point where you can say you know them.

That is the same way with Jesus. First, more Catholics need to read more and learn more about Jesus. Bible studies should be the norm and not the exception in our lives. Second, too many of us in the Church can explain who Jesus is from our past formation classes and reading, but we do not actually know him. Jesus is not a topic, a theological term, or simply a historical figure. He is a real being who is alive! He is not dead, but alive! He calls us to do more than read about him. He calls us into an intimate relationship with him. We grow in relationship with Jesus by worshipping at the Mass, spending time with him in adoration, resting in him in the quiet, and by having the Jesus in us meet the Jesus in others. If you do not know him personally, get to know him. I would love for you all to meet my family in person someday, but I would much rather you get to know Jesus instead.

—Tracy Earl Welliver, MTS

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### PRAYER – FOR EVERYDAY AND EVERYBODY

#### Prayer for Holiness

Good Shepherd, Guide me through the narrow gate. Remove from me anything that distracts me from You, Your love, Your invitation, Your mission. Keep me close to You, familiar at every step. Amen.

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### UPDATE on Church Roof, Windows and Walls Repairs

As of **JUNE 30, 2025**

we have received donations of

**\$129,218.21**

for the Church, Roof,  
Windows, & Walls Repairs.

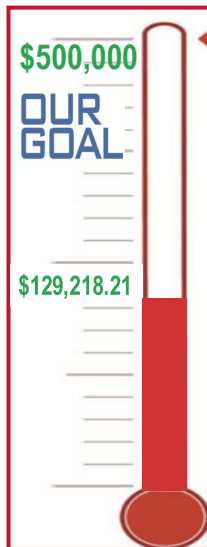
**Our GOAL is \$500,000**

*We have a long  
way to go!*

You can give your  
donation any time,  
just make sure you  
designate it for  
Church Repairs.

Please use the  
**Gold Envelope.**

Thank you for your  
continued sup-  
port!





**ANUNCIOS DE LA COMUNIDAD PARROQUIAL****Llamado del Plan de Cooperación Misionera (MCP)  
Este fin de semana - 23 y 24 de Agosto -- Segunda Colecta**

Damos la bienvenida al Rev. Oswaldo García Sánchez, de los Agustinos de la Asunción (AA) (Asuncionistas), EE. UU., para hablar con nosotros sobre su llamado.

Actualmente, los Asuncionistas cuentan con unos 900 sacerdotes y hermanos que trabajan en 30 países.

La Provincia de Norteamérica es responsable de las misiones en África Oriental (Kenia, Uganda y Tanzania), México y Filipinas. Proporcionan personal y asistencia financiera indispensables para mantener sus obras de caridad (escuelas y guarderías) y programas de formación para laicos y clérigos en estos países.

Por favor, utilice el sobre amarillo especial y haga su cheque a nombre de: **Office for the Missions**. Hay sobres adicionales disponibles en la puerta de la iglesia para quienes deseen planificar con antelación. ¡Por favor, donar generosamente!



**El próximo Domingo  
31 de Agosto, en nuestra misa  
de las 10:30 a. m.**

***Daremos la bienvenida al  
Obispo Felipe Pulido.***

**El Obispo Pulido celebrará  
una misa en honor al Día del  
Trabajo y en apoyo a  
todos los trabajadores.**



**Bienvenidos de nuevo a  
todos nuestros estudiantes.**

**Que Dios les llene de aprendizaje,  
amistad y bendiciones en este nuevo  
año escolar.**



**Registro para la Formación de Fe  
Las clases ya están abiertas**

**Puede registrar a sus hijos los  
Domingos 24 de Agosto  
Después de misa**

Puede llamar a la oficina parroquial  
si tiene preguntas o para registrarse  
y hablar con Paul Lopez

Coordinador de Formación de Fe  
619-582-5722 ext. 124

**Nuestra Capilla de  
Adoración ya Está Abierta**

Nos complace anunciar que nuestra  
comunidad hispana ha renovado  
hermosamente nuestra Capilla de  
Adoración.

**¡Les damos nuestro más sincero  
agradecimiento!**

*Para acceder a la capilla, debe ser  
miembro registrado de la parroquia  
del Santísimo Sacramento. Puede  
registrarse en la oficina parroquial.*

**Consulte el resto del boletín  
para obtener más información  
parroquial.**

**Los Baños de Hombres y Mujeres  
de la Iglesia ya Están Terminados.**

El grupo Auxiliar del Santísimo Sacramento agradece especialmente a nuestros donantes adicionales que ayudaron a financiar la restauración de los baños de la iglesia, especialmente a nuestra comunidad hispana con su generosa donación y a los dedicados feligreses.

**THANK YOU  
GRACIAS**

**RESERVA LA FECHA**

**Miércoles, 24 de Septiembre  
Sopa y Ensalada**

**Sábado, 18 de Octubre  
Grupo Auxiliar del Santísimo  
Sacramento  
Almuerzo de Bingo-Bunco**

**LAS LECTURAS DE LA SEMANA**

**Domingo:** Is 66, 18-21/Sal 116, 1-2  
(Mc 16, 15)/Heb 12, 5-7. 11-13/Lc 13, 22-30

**Lunes:** 1 Tes 1, 1-5. 8-10/Sal 149, 1-2. 3-4. 5-6 y 9/Mt 23, 13-22

**Martes:** 1 Tes 2, 1-8/Sal 138, 1-3. 4-6/Mt 23, 23-26

**Miércoles:** 1 Tes 2, 9-13/Sal 138, 7-8. 9-10. 11-12/Mt 23, 27-32

**Jueves:** 1 Tes 3, 7-13/Sal 127, 1-2. 4-5/Mt 24, 42-51

**Viernes:** 1 Tes 4, 1-8 (429)/Sal 96, 1 y 2. 5-6. 10. 11-12/Mc 6, 17-29

**Sábado:** 1 Tes 4, 9-11/Sal 97, 1. 7-8. 9/Mt 25, 14-30

**Domingo siguiente:** Eclo 3, 17-18, 20, 28-29/Sal 14, 2-3. 3-4. 4-5 (1)/Heb 12, 18-19. 22-24/Lc 14, 1. 7-14



**ORACIÓN – PARA TODOS LOS DÍAS  
Y PARA TODOS**

**Oración por la Santidad**

Buen Pastor, Guíame a través de la puerta estrecha. Aleja de mí todo lo que me distraiga de Ti, de Tu amor, de Tu invitación, de Tu misión. Mantenme cerca de Ti, familiar a cada paso. Amén.

©LPi

## PRAYERS FOR OUR COMMUNITY

DAILY PRAYER FOR PRIESTS	MASS INTENTIONS	<i>Pray for the Sick &amp; the Deceased of our Community</i>
<p><b>SUNDAY, August 24</b> Right Rev. Charles Wright</p> <p><b>MONDAY, August 25</b> Rev. Guangfeng Yang, OSA</p> <p><b>TUESDAY, August 26</b> Rev. Martin Achi Yusuf, OSA</p> <p><b>WEDNESDAY, August 27</b> Rev. Edmundo Zarate-Suarez</p> <p><b>THURSDAY, August 28</b> Rev. William Zondler</p> <p><b>FRIDAY, August 29</b> Rev. Joseph Abah</p> <p><b>SATURDAY, August 30</b> Rev. Gabriel Afeti, AJ</p> <p><b>Pray for Priests and Vocations</b> "Now we ask you to respect those who work hard among you... Hold them in the highest regard in love because of their work." (1 Thess. 5:12, 13, NIV)</p>	<p><b>SATURDAY, August 23</b> 5:00 pm - For Ben and Sharon Smith Family to find peace and strength</p> <p><b>SUNDAY, August 24</b> 8:30 am - John Jet Henley - † - Greg Divas - † - Blessed Sacrament Parishioners</p> <p>10:30 am - For the anniversary of Jerry and Nancy Fazio - Dominic C. Nguyen - †</p> <p>4:00 pm - Lopez Family - †</p> <p><b>MONDAY, August 25</b> 8:00 am -</p> <p><b>TUESDAY, August 26</b> 8:00 am - For the conversion of Anne O'Connor</p> <p><b>WEDNESDAY, August 27</b> 8:00 am -</p> <p><b>THURSDAY, August 28</b> 8:00 am -</p> <p><b>FRIDAY, August 29</b> 8:00 am -</p> <p><b>SATURDAY, August 30</b> 5:00 pm - Steven and Karen Parker - †</p>	<p style="text-align: center;"><u><b>SICK</b></u></p> <p>Manuel Navarro Olivia Solomon Samuel Fernandez Jorge Noriega Billy Quyen Van Pham Patrick Conaty Vern Boyce Kathie Watkins Marie Fletcher Steve Haines Angelica C. Esparza Bill Condit Deacon Herb Kelsey Tim Parker Joe Newton Patricia Brady Patricia Cadava My Thi Kieu Pham</p> <p style="text-align: center;"><u><b>DECEASED</b></u></p> <p>Ben Smith</p>
<p style="text-align: center;"><b>Our Adoration Chapel is Now Open!</b></p> <p>We are pleased to announce that our Adoration Chapel has been beautifully renovated and financed by our Hispanic Community.</p> <p><b>We extend our heartfelt thank you to them!</b></p> <p>You must be a registered member of Blessed Sacrament Parish to access the chapel. You can sign up in the parish office.</p>	<p style="text-align: center;"><b>REGISTRARSE EN LA OFICINA</b></p> <p>Si aún no está registrado en la parroquia, comuníquese con la oficina parroquial.</p> <p>Incluso si viven en el mismo hogar y son familias separadas, deben registrar a su familia por separado.</p> <p>Si es mayor de 18 años y vive con sus padres, es soltero o tiene su propia familia, también debe registrarse por separado.</p> <p style="text-align: center;"><b>BIENVENIDO</b></p> <p>Le invitamos a registrarse para ser un miembro y damos la bienvenida a nuevos miembros</p> <p>¡Comprométase con Blessed Sacrament!</p> <p><a href="mailto:info@blessedsacrament-sandiego.org">info@blessedsacrament-sandiego.org</a></p>	<div data-bbox="1096 1381 1542 1501" data-label="Image"> </div> <p style="text-align: center;"><b>Our list of seriously ill parishioners gets long</b></p> <p style="text-align: center;"><b>To continue to keep a person's name on the sick list you must contact the parish office the first of each month otherwise the name will be removed.</b></p> <p>We must also have the sick person or the family's permission to publish a name on our list.</p> <p>We appreciate your cooperation and understanding.</p>
<div data-bbox="81 1564 243 1753" data-label="Image"> </div> <p style="text-align: center;"><b>Welcome New Members</b></p> <p>Make a Commitment to your Church. Join our faith community!</p> <p>Registration forms are available at the Parish Office.</p> <p>Call (619) 582-5722. or Email the parish office at <a href="mailto:info@blessedsacrament-sandiego.org">info@blessedsacrament-sandiego.org</a></p>		

## 2025 Annual Catholic Appeal "Advancing Our Mission"

### You Can Still Give

Please give to the Annual Catholic Appeal. You can make your donation or pledge by picking up a brochure/response form in the church, or parish office and **make your check payable to "Diocese of San Diego"** or online at [sdcatholic.org/giving](https://sdcatholic.org/giving)

**We need you!**

**Our parish goal this year is  
\$23,156.00**

**All our donations received over our goal will return to our parish.**

**Please continue to give generously.  
Thank you for your support!**

## 2025 El Llamado Católico Anual "Avanzando Nuestra Misión"

### Puede Seguir Donando

Por favor haga su promesa al Llamado Católico Anual. Puede hacer su contribución en línea al [sdcatholic.org/giving](https://sdcatholic.org/giving), o tome un panfleto con la tarjeta de respuesta aquí en la parroquia. **Haga su cheque a nombre de "Diocese of San Diego"**  
**¡Le necesitamos!**

**La meta este año \$23,156.00**

**Todas nuestras donaciones recibidas por encima de nuestra meta regresarán a nuestra parroquia.**

**Por favor continúe donando generosamente.  
Gracias por su apoyo!**

**Our Parish Bulletins are Paid for by  
our Advertisers.**

**Say Thank You by Supporting them  
with your business!**

## Clothing Donations for the Homeless

Do you have clean, gently used clothing and would like to donate them to a worthy source (the downtown homeless)?

Please call Annemarie at (619) 993-4019.

She will arrange to pick up your donations. Thank You!

## Appropriate Way to Receive Communion

◆ Those who receive Communion may receive either in the hand or on the tongue, and the decision should be that of the individual receiving, not of the person distributing Communion.

◆ If Communion is received in the hand, the hands should first of all be clean. If one is right handed the left hand should rest upon the right. The host will then be laid in the flat palm of the left hand and then taken by the right hand to the mouth. If one is left-handed this is reversed.

◆ It is not appropriate to reach out with the fingers and take the host from the person distributing.

◆ The individual must consume the host in the presence of the minister immediately after receiving it. Do not leave with the host in your hand.



## Around The Diocese Workshops for Liturgical Ministers Formation

The 2025 Liturgical Minister Formation Workshops presented by the Diocesan Office for Liturgy and Spirituality are now available for online registration. Please check the diocesan website at [sdcatholic.org/liturgy](https://sdcatholic.org/liturgy) for registration and further Information, or 858-490-82920

## Alrededor de la Diócesis Talleres para la formación de Ministros Litúrgicos

Los Talleres de Formación de ministros Litúrgicos 2025 presentados por la Oficina Diocesana de Liturgia y Espiritualidad ya están disponibles para el registro en línea. Consulte el sitio web diocesano ([sdcatholic.org/es/litu](https://sdcatholic.org/es/litu)) para registrarse y obtener más información o 858-490-82920



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a Susan Orelli

[bspbookkeeper@blessedsacrament-sandiego.org](mailto:bspbookkeeper@blessedsacrament-sandiego.org)



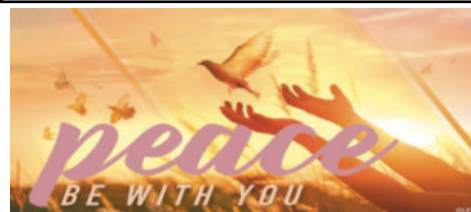
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If you have any questions about the Online Giving process please call the parish office at 619-582-5722 or email Susan Orelli at [bspbookkeeper@blessedsacrament-sandiego.org](mailto:bspbookkeeper@blessedsacrament-sandiego.org).





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