

January 25, 2026



### 3RD SUNDAY IN ORDINARY TIME

Jesus began to preach and say, "Repent, for the kingdom of heaven is at hand." - Mt 4:17

### 3ER DOMINGO DEL TIEMPO ORDINARIO

"Conviértanse, porque ya está cerca el Reino de los cielos". - Mt 4, 17

## GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

### Matthew 4:12-23

I was 22 years old, lying in bed one night while on a pilgrimage, when I suddenly sensed an idea in my mind: "Go to the seminary." There was no voice, no vision, but a gentle and unmistakable clarity. I simply prayed, "Lord, if that's from you, let me find great joy in it." Three days later, my heart was bursting with joy. I dropped everything and entered the seminary. The older I get, the stranger my rather careless and hasty departure seems to me. I followed not because it made sense, or because I was especially brave. I went because the Lord called me.

Something like this happens in today's Gospel. Jesus walks by Simon, Andrew, James, and John and says, "**Come after me**" (Matthew 4:19). And *immediately* they leave their nets and follow. There's no explanation, no hesitation ... just movement. Why? As St. John says, "**In this is love: not that we have loved God, but that he loved us**" (1 John 4:10). They do not leave their nets because his call made perfect, calculable sense. They left them because they were called. And Jesus' call is powerful.

Take a moment this week to remember when Christ first called you. However small or quiet it was, recall it, and give thanks. The more we marvel that Christ has called us personally, the more passionately and freely we will follow him.

Father John Muir

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Bulletin is on the Parish Website at [www.blessedsacrament-sandiego.org](http://www.blessedsacrament-sandiego.org)

# Blessed Sacrament Catholic Church

4540 El Cerrito Drive  
San Diego, CA 92115

Website:

[www.blessedsacrament-sandiego.org](http://www.blessedsacrament-sandiego.org)

Parish E-Mail:

[info@blessedsacrament-sandiego.org](mailto:info@blessedsacrament-sandiego.org)

Phone: 619-582-5722

Clergy:

Pastor: Fr. Danh Pham, SVD

In Residence: Fr. Raymundus Wea, SVD

Retired Deacon: Tony Albers

Retired Deacon: Herb Kelsey



### MASS SCHEDULE

#### Saturday

English 5:00PM (Vigil)

#### Sunday

English 8:30AM & 10:30AM

Español 4:00PM

#### Weekdays

Monday - Friday: 8:00AM English

#### Holy Days & Special Services:

See the parish bulletin

### RECONCILIATION:

Saturday 4:00PM - 4:45PM

#### Devotion to Our Mother of Perpetual Help

Tuesdays directly following  
the 8:00am Mass

#### Adoration of the Blessed Sacrament

1st Friday of the month  
following the 8:00am Mass until 9:00am

# Parish Information & Resources

Parish ID# for United Way Contributions is 9753



## PRAYER GROUP MEETINGS

### Encuentros de Conversión Católica

Se reúne los Martes  
de 6:30pm a 9:00pm

INFO: Roberto Reyes  
619-453-3003

## PARISH OFFICE HOURS

### HORAS DE OFICINA

**Monday/Lunes:**

12:30pm - 4:30pm

**Tuesday thru Friday**

**Martes a Viernes**

8:30am - 4:30pm

## PARISH OFFICE

**619-582-5722**

[info@blessedsacrament-sandiego.org](mailto:info@blessedsacrament-sandiego.org)

### Administrative Staff

Jeanine Yin, ext. 100  
Administrative Assistant

Maria Tello, ext. 129  
Office Assistant - **Se habla español**

## REGISTRARSE EN LA OFICINA

Si aún no está registrado en la parroquia, comuníquese con la oficina parroquial.

Incluso si viven en el mismo hogar y son familias separadas, deben registrar a su familia por separado.

Si es mayor de 18 años y vive con sus padres, es soltero o tiene su propia familia, también debe registrarse por separado.

## BIENVENIDO

Le invitamos a registrarse para ser un miembro y damos la bienvenida a nuevos miembros

¡Comprométase con Blessed Sacrament!  
[info@blessedsacrament-sandiego.org](mailto:info@blessedsacrament-sandiego.org)

## SACRAMENTS

### Marriage Information:

619-582-5722

Those wishing to be married must contact the priest at least 9 months before the marriage date.

### Baptism Information:

Parish Office: 619-582-5722

**Baptism Classes** are now available on the 1st Monday of the month in English & 3rd Thursday of the month in Spanish.

Please call the Parish Office for additional information.

### Faith Formation:

Paul A. Lopez, ext. 124

Faith Formation Coordinator habla Español

Info: [faithform@blessedsacrament-sandiego.org](mailto:faithform@blessedsacrament-sandiego.org)

First Communion, Confirmation, & Order of Christian Initiation for Adults (OCIA)

### Anointing of the Sick:

Contact Parish Office: 619-582-5722

### Funeral Arrangements:

Contact Parish Office: 619-582-5722



## Welcome New Members

Make a Commitment to your Church.  
Join our faith community!

**Registration forms** are available at the Parish Office. Call (619) 582-5722 or Email the parish office at [info@blessedsacrament-sandiego.org](mailto:info@blessedsacrament-sandiego.org)

## MINISTRIES

### Altar Servers

Contact Parish Office  
619-582-5722

### Eucharistic Ministers

Ed Snyder 619-865-9398

### Lectors

Sheila Kennedy 858-699-2529

### Ushers

Parish Office 619-582-5722

### Adoration Chapel

Parish Office 619-582-5722

## OTHER MINISTRIES

### Cares for Kids

Teresa Markey 619-582-2141

### Culture of Life

Margie Morrison 619-582-8651

### Knights of Columbus

Join the Blessed Sacrament  
Knights of Columbus

Men of the parish are invited  
to become members.

Meetings are now on the  
**3rd Sunday** of the month in the  
Parish Hall at 10:00am

Come to a meeting to learn more or  
contact Bruce O'Dell 619-280-3226

**Blessed Sacrament Auxiliary**  
open to all Parishioners 18 years & older

Meetings are on the **2nd Thursday** of  
the month in the Parish Hall  
Social Gathering 6:00pm &  
Meeting 6:30pm - 8pm

President: Cathie Senoff  
(619) 952-1036



## PARISH COMMUNITY ANNOUNCEMENTS



### VALENTINE'S DINNER DANCE

**Saturday, February 14  
6:30pm - 11:00pm  
in the Parish Hall**

*All are welcome for a night of food, music, and dancing.*

Tickets are sold after all weekend Masses outside the church and at the Door on February 14.



\* \$15 per person

Children under 12 years old are Free.

Food is available for purchase during the dance.

*A percentage of the funds goes to the church roof, walls, and windows repairs.*

Sponsored by our Hispanic Community.

Questions call:  
Roberto Aranda 619-845-0492.

### BLESSED SACRAMENT 2025 TAX DONATION LETTERS

Tax donation letters are provided by request.

Please email:

[bspbookkeeper@blessedsacrament-sandiego.org](mailto:bspbookkeeper@blessedsacrament-sandiego.org)

to receive a copy of your 2025 tax letter.

*Your tax donation letter will be emailed to you.*

You must be a registered parishioner for donations to be tracked.

***We Thank You for your Continued Support of your Parish!***

### Devotions, Explained! Examination of Conscience

#### Examination of Conscience, Explained

In Paul's First Letter to the Corinthians, the apostle writes that it is imperative for a Christian to reflect on his conscience before he partakes of Holy Eucharist: "Let a man examine himself, and so eat of the bread and drink of the cup" (1 Corinthians 11:28). The practice of examining one's conscience before seeking the Sacrament of Reconciliation thus dates to the very beginning of the Christian faith and was encouraged as a regular practice by many saints and founders of religious orders as a means of growing in virtue.

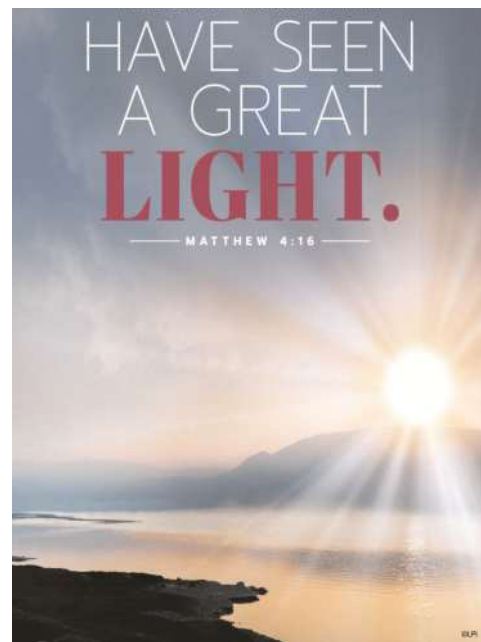
An examination of conscience, when it relates to the sacrament, simply means reflecting on one's actions (and particularly the intentions behind those actions) since the penitent's last absolution, making note of lapses in judgment that should be confessed. A good basis for this reflection can be the Ten Commandments, the Beatitudes and the seven deadly sins.

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Cares for Kids will not meet in February.

The meeting has been postponed until Monday, March 2, 2026. THANK YOU FOR YOUR SUPPORT. Teresa Markey



### Join us for Sunday Morning Hospitality

In the Parish Hall following the 8:30am and 10:30am Masses.

**This Sunday in the Parish Hall following the 8:30am and 10:30am Masses, our Hispanic Community will be our hosts.**

**They will be selling American Breakfast, Mexican Food, Pastries and Soda. Coffee is provided.**

***Everyone is Welcome!***

Join your faith community for social time and fellowship.

### Sunday Hospitality Hosts

1st week: Blessed Sacrament Auxiliary

2nd week: Hispanic Community

3rd week: Knights of Columbus

4th week: Hispanic Community

5th week: Cares for Kids

***Thank you to all our hosts!***



### Blessed Sacrament Financial Donations 2025

To keep our parish functioning we need your help. Please continue to give your donations at Mass, by mail or go to our website and give online.

[www.blessedsacrament-sandiego.org](http://www.blessedsacrament-sandiego.org)

Click the Giving tab

**Collection Amounts for:**

**January 17 - 18, 2026: unavailable**

**Online Giving: \$ unavailable**

**Thank you for your continued support!**

## PRAYERS & PARISH COMMUNITY ANNOUNCEMENTS

### SUNDAY'S READINGS

**First Reading:** The people who walked in darkness have seen a great light; (Is 9:1)

**Psalm:** The Lord is my light and my salvation. (Ps 27)

**Second Reading:** I urge you, brothers and sisters, in the name of our Lord Jesus Christ, that all of you agree in what you say, and that you be united in the same mind and in the same purpose. (1 Cor 1:10)

**Gospel:** He left Nazareth and went to live in Capernaum by the sea, in the region of Zebulun and Naphtali, that what had been said through Isaiah the prophet might be fulfilled. (Mt 4:13-14)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved. ©LPi

### READINGS FOR THE WEEK

**Sunday:** Is 8:23-9:3/Ps 27:1, 4, 13-14/1 Cor 1:10-13, 17/Mt 4:12-23 or 4:12-17

**Monday:** 2 Tm 1:1-8 or Ti 1:1-5 (520)/Ps 89:20, 21-22, 25-26/Mk 3:22-30

**Tuesday:** 2 Sm 6:12b-15, 17-19/Ps 24:7, 8, 9, 10/Mk 3:31-35

**Wednesday:** 2 Sm 7:4-17/Ps 89:4-5, 27-28, 29-30/Mk 4:1-20

**Thursday:** 2 Sm 7:18-19, 24-29/Ps 132:1-2, 3-5, 11, 12, 13-14/Mk 4:21-25

**Friday:** 2 Sm 11:1-4a, 5-10a, 13-17/Ps 51:3-4, 5-6a, 6bcd-7, 10-11/Mk 4:26-34

**Saturday:** 2 Sm 12:1-7a, 10-17/Ps 51:12-13, 14-15, 16-17/Mk 4:35-41

**Next Sunday:** Zep 2:3; 3:12-13/Ps 146:6c-7, 8-9a, 9b-10/1 Cor 1:26-31/Mt 5:1-12a

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**Say Thank You by Supporting them with your business!**

### Gospel Meditations

#### Matthew 4:12-23

In Jesus, all of God's promises are fulfilled. The words of Isaiah in the first reading tell us this: *"The people who lived in darkness have seen a great light."* Joy multiplied and gladness increased. The reason for the people's joy is simple: the yoke that oppressed them was broken. Experiencing freedom is wonderful, and it can be enjoyed in many ways: from illness to healing; from imprisonment to freedom; from unhealthy relationships to breaking free. In short, there are many examples. But there is one we should follow very closely: *"Those who lived in darkness have seen a great light, a light that has dawned on those who lived in the land of the shadow of death"* (Matthew 4:16).

In our lives, what are the places of shadow and death? Where should the light enter to illuminate our existence? Conversion of heart must be the guide that steers the course of our lives. Saint Paul points us in one of many directions: that there be no divisions among us, but rather, that there be harmony among families and the community. He clearly reminds us that we belong to Christ. The key lies in knowing how to live according to the Gospel. Pope Leo XIV offers us sure guidelines for reaching Christ: *"Help one another to build bridges through dialogue, through encounter, uniting all of us to be one people, always at peace."* *"Humanity needs Him as a bridge to be reached by God, by His love."* ©LPi

### PRAYER – FOR EVERYDAY & EVERYBODY

#### Blessing of Light

Where you have known darkness, may the light stretch and shine. Where you have dwelt in shadows, may the sun reach its gentle rays. Where you have hidden in shame, may you know light-filled redemption, healing, belonging, and rest in Jesus. Amen. ©LP

### CATHOLIC TRIVIA – JUST FOR FUN

**Question:** When Jesus was praying alone in the desert, how many times did the devil tempt him?

**Answer:** Three.

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### November 30, 2025 UPDATE on Church Roof, Windows & Walls Repairs

Thanks to your generous donations we have finished the 1st Phase of the Church Roof, Windows and Walls Repairs. The expenses so far is **\$140,133.00** of the **\$153,479.21** we have raised so far. We still need your support to continue the repairs.

**Thank You!**

### Church Roof, Windows and Walls Repairs

**As of December 31, 2025**  
we have received donations of  
**\$159,592.21** for the Church, Roof,  
Windows, & Walls Repairs.

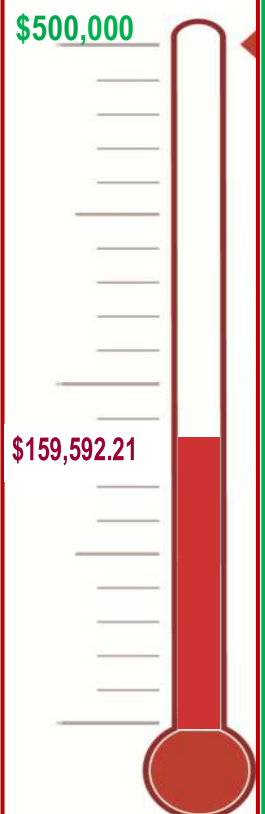
**Our GOAL is \$500,000**

*We have a  
long way to  
go!*

**You can give  
your donation  
any time, just  
make sure you  
designate it for  
Church Repairs.**

**Please use the  
Gold Envelope.**

**Thank you for  
your continued  
support!**



## ANUNCIOS DE LA COMUNIDAD PARROQUIAL

### MEDITACIÓN DEL EVANGELIO – ALENTAR UN ENTENDIMIENTO MÁS PROFUNDO DE LA ESCRITURA

#### Mateo 4:12-23

En Jesús se cumplen todas las promesas de Dios. Las palabras de Isaías en la primera lectura nos lo dicen: *"El pueblo que habitaba en las tinieblas vio surgir una luz brillante"*. El gozo se multiplicó y la alegría aumentó. La razón de la alegría del pueblo es sencilla: se rompió el yugo que los oprimía. Experimentar la libertad es algo maravilloso, y se puede gozar de muchas formas: desde una enfermedad, a quedar sano; de estar encarcelado, y ser puesto en libertad; de relaciones no buenas, a romper con ellas. En fin, existen muchos ejemplos. Pero hay uno que debemos seguir muy de cerca: *"La gente que vivía en la oscuridad ha visto una luz muy grande; una luz que ha brillado para los que viven en lugares de sombras de muerte"* (Mateo 4:16).

¿En nuestra vida, cuáles son los lugares de sombra y de muerte? ¿Dónde debe entrar la luz que ilumine nuestra existencia? La conversión del corazón debe ser la guía que oriente el timón de nuestra vida. San Pablo nos indica una de tantas direcciones: que no haya divisiones entre nosotros, sino, por el contrario, que exista concordia entre las familias y la comunidad. Claramente nos recuerda que pertenecemos a Cristo. La clave está en saber vivir de acuerdo con el Evangelio. El Papa León XIV nos ofrece pautas seguras para llegar a Cristo: *"Ayúdense los unos a los otros a construir puentes con el diálogo, con el encuentro, uniéndonos todos para ser un solo pueblo, siempre en paz"*. *"La humanidad necesita de Él como puente para ser alcanzada por Dios, por su amor"*.

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**Consulte el resto del boletín  
para obtener más  
información parroquial.**

### CARTAS DE DONACIÓN DE IMPUESTOS 2025

Las cartas de donación de impuestos no se distribuirán en masa.

Envíe un correo electrónico a

[bspbookkeeper@blessedsacrament-sandiego.org](mailto:bspbookkeeper@blessedsacrament-sandiego.org)

Para recibir una copia de su carta de impuestos. Su carta de donación de impuestos le será enviada por correo electrónico. Debe ser un feligrés registrado para poder realizar un seguimiento de las donaciones.

**¡Le agradecemos su continuo apoyo a su Parroquia!**

### ORACIÓN – PARA TODOS LOS DÍAS Y PARA TODOS

#### Bendición de la Luz

Donde has conocido la oscuridad, que la luz se extienda y brille. Donde has habitado en las sombras, que el sol alcance sus suaves rayos. Donde te has escondido en la vergüenza, que conozcas la redención llena de luz, la sanidad, la pertenencia y el descanso en Jesús. Amén.

©LPi

### VIVIR LA LITURGIA - INSPIRACIÓN DE LA SEMANA

Pedro y Andrés, Santiago y Juan, no esperaban a Dios ese día. Pero allí estaba él, justo frente a ellos, llamando. Dios está ante nosotros hoy, y al igual que los apóstoles, a menudo no lo vemos venir. Pero, aun así, él llama. ¿Lo seguiremos?

### LAS LECTURAS DE LA SEMANA

**Domingo:** Is 8, 23-9, 3/Sal 26, 1. 4. 13-14/1 Co 1, 10-13. 17/Mt 4, 12-23 o 4, 12-17

**Lunes:** 2 Tm 1, 1-8 o Ti 1, 1-5/Sal 88, 20. 21-22. 25-26/Mc 3, 22-30

**Martes:** 2 Sm 6, 12-15. 17-19/Sal 25, 7. 8. 9. 10/Mc 3, 31-35

**Miércoles:** 2 Sm 7, 4-17/Sal 88, 4-5. 27-28. 29-30/Mc 4, 1-20

**Jueves:** 2 Sm 7, 18-19. 24-29/Sal 132, 1-2. 3-5. 11. 12. 13-14/Mc 4, 21-25

**Viernes:** 2 Sm 11, 1-4. 5-10. 13-17/Sal 50, 3-4. 5-6. 6-7. 10-11/Mc 4, 26-34

**Sábado:** 2 Sm 12, 1-7. 10-17/Sal 50, 12-13. 14-15. 16-17/Mc 4, 35-41

**Domingo siguiente:** Sof 2, 3; 3, 12-13/Sal 145, 6-7. 8-9. 9-10/1 Co 1, 26-31/Mt 5, 1-12

### CENA BAILE DE SAN VALENTÍN



**Sábado 14 de Febrero  
6:30pm - 11:00pm  
en el Salón Parroquial**

*Todos son bienvenidos a una noche de comida, música y baile.*

**Los boletos se venden después de todas las misas del fin de semana fuera de la iglesia y en la puerta el 14 de Febrero.**

\* \$15 por persona

\* Niños menores de 12 años entran gratis



Habrà venta de comida durante el baile.

Un porcentaje de los fondos se destina a la reparación del techo, las paredes y las ventanas de la iglesia.

Patrocinado por nuestra Comunidad Hispana.



Preguntas llamar a:  
Roberto Aranda  
619-845-0492

# SEGUIR




*"Sígueme y los haré pescadores de hombres".*

MATEO 4, 19



PRAYERS FOR OUR COMMUNITY

DAILY PRAYER FOR PRIESTS	MASS INTENTIONS	Pray for the Sick & the Deceased of our Community
<p><b>SUNDAY, January 25</b> Rev. Bartholomew Landry, CSP</p> <p><b>MONDAY, January 26</b> Rev. Bernardo Lara</p> <p><b>TUESDAY, January 27</b> Rev. Steven Larion</p> <p><b>WEDNESDAY, January 28</b> Rev. Binh (Benjamin) Le, SVD</p> <p><b>THURSDAY, January 29</b> Rev. Msgr. Roger Lechner</p> <p><b>FRIDAY, January 30</b> Rev. Gerard Lecomte, CJM</p> <p><b>SATURDAY, January 31</b> Rev. Yongho Francis Lee, OFM</p> <p><b>Pray for Priests and Vocations</b> “Now we ask you to respect those who work hard among you...Hold them in the highest regard in love because of their work.” (1 Thess. 5:12, 13, NIV)</p> <p>LIVE THE LITURGY - INSPIRATION FOR THE WEEK</p> <p>Peter and Andrew, James and John — they were not expecting God that day. But there he was, right in front of them, beckoning. God stands before us today, and like the Apostles, we often don't see him coming. But still, he beckons. Will we follow? ©LPi</p>	<p><b>SATURDAY, January 24</b> 5:00 pm - Mr. Francis DeSales Parker - †</p> <p><b>SUNDAY, January 25</b> 8:30 am - Phero, Anna, Canh &amp; Nga - † - Blessed Sacrament Parishioners 10:30 am - 4:00 pm - For good health for Patricia Tapia Sanchez - Victor Solis Perez - †</p> <p><b>MONDAY, January 26</b> 8:00 am -</p> <p><b>TUESDAY, January 27</b> 8:00 am -</p> <p><b>WEDNESDAY, January 28</b> 8:00 am -</p> <p><b>THURSDAY, January 29</b> 8:00 am -</p> <p><b>FRIDAY, January 30</b> 8:00 am -</p> <p><b>SATURDAY, January 31</b> 5:00 pm - Steven Parker - † - Shirley Anderson-Johnson - †</p> <p>QUESTIONS OF THE WEEK - INVITE PARISHIONERS TO REFLECT AND RESPOND TO SCRIPTURE</p> <p><b>1st Reading Question</b> Isaiah prophesies a future reversal of fortune for the people living in the land of Zebulun and Naphtali. Have you ever received an unexpected gift or blessing?</p> <p><b>2nd Reading Question</b> Paul urges the Corinthians to be united in mind and purpose, and to avoid rivalries. How do you react to conflicts at home or at work?</p> <p><b>Gospel Question</b> Matthew tells us that Jesus began his public ministry by calling disciples, healing the sick and preaching the Good News of the Kingdom of Heaven. Have you ever felt a “call to action” to live out your faith? ©LPi</p>	<p><b><u>SICK</u></b></p> <p>Michael Hagan Hugo Rios Águeda Carrasco Reyes Emma Elliott Laurie Aranda Blaine McCafferty Brandi Vitucci Cora Anderson Francisca Santana Yuvathano Yin-Paing Olivia Solomon Billy Quyen Van Pham Patrick Conaty Vern Boyce Marie Fletcher Steve Haines Angelica C. Esparza Bill Condit Deacon Herb Kelsey Tim Parker Joe Newton Kathie Watkins Patricia Brady Patricia Cadava My Thi Kieu Pham</p> <p><b><u>DECEASED</u></b></p> <p>Scott McColl Maria (Lily) Castro</p>
<p><b>Invitation to Bring Up the Gifts During Mass</b></p> <p>We like to invite single people, couples or families the opportunity to bring up the gifts of bread and wine during the weekend masses. If you would like to present the gifts please write your name (s) on the <b>Sign-Up Sheets</b> posted by the church side middle door table. All are welcome to participate in the presentation of the gifts!</p> <p><b>Please Notify the Ushers!</b></p>		<p><i>Pray for the Sick</i></p> <p><b>Our list of seriously ill parishioners gets long</b></p> <p>To continue to keep a person's name on the sick list you must contact the parish office the first of each month otherwise the name will be removed.</p> <p>We must also have the sick person or the family's permission to publish a name on our list.</p> <p>We appreciate your cooperation and understanding.</p>

## VIRTUDES, ¡EXPLICADO! — CONÉCTATE CON LA TRADICIÓN Y CRECE EN TU FE

### Paciencia

#### Paciencia, ¡Explicada!

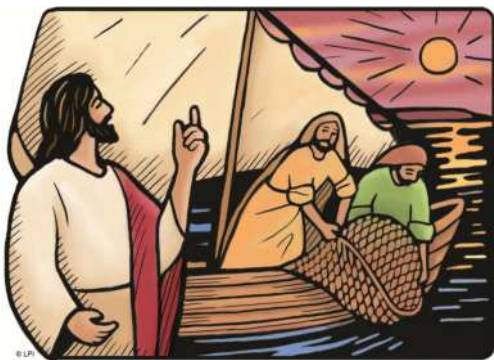
Al tratar a los demás con un espíritu de paciencia, [dijo el Papa Francisco](#), "los miramos... con la mirada de Dios, sabiendo distinguir sus rostros de sus faltas".

"La prisa y la impaciencia son enemigas de la vida espiritual", continuó. "Dios es amor, y los que aman no se cansan, no son irascibles; no dan ultimátum. Dios es paciente, Dios sabe esperar".

A veces se hace referencia a la paciencia como "anexada" a la virtud moral de la fortaleza. Al practicar la paciencia, soportamos cualquier tipo de sufrimiento por un bien mayor. Santo Tomás de Aquino describe la paciencia como un medio para "salvaguardar el bien de la razón contra el dolor, para que la razón no ceda al dolor" (*Sum. II-II*, 136, art. 1).

La virtud de la paciencia es un fruto del Espíritu Santo (Gálatas 5:22), y como cristianos que hemos recibido el Espíritu Santo estamos llamados a "ser pacientes en la tribulación" (Romanos 12:12) y a "predicar el mensaje (de Cristo) ... con gran paciencia" (2 Timoteo 4:2).

©LPi



As [Jesus] was walking by the Sea of Galilee, he saw two brothers, Simon who is called Peter, and his brother Andrew, casting a net into the sea; they were fishermen. He said to them, "Come after me, and I will make you fishers of men." — Mt. 4:18-19

Excerpts from the Lectionary for Mass ©2001, 1999, 1970 CCC

## (PRACTICING) CATHOLIC - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

By Colleen Jurkiewicz Dorman

### Sea of Galilee Moments

Young or old, believer or non-believer, rich or poor, healthy or sick: it doesn't matter who we are. It doesn't matter what our life looks like. If we are a human being, if we have a soul, we stand on the shore of a great and powerful sea, a net in our hands and a hunger in our soul.

So what's in the sea? I don't know about yours, but mine is filled with feelings of inadequacy. It's filled with fear and resentment and confusion. It's filled with misplaced pride. It's deep. It's dark. It's well-stocked.

I cast my net, over and over again. What else is there to do? If I draw back a harvest, it can sustain me for days, weeks, maybe even years. The nourishment of the sea can keep away the hunger pangs — for a time. You can survive on fear and resentment and pride if it's all you have. You'll never feel full, and you'll never be strong, but you'll survive on what the world can offer you — so long as you keep coming back to the shore.

This is where Jesus finds us.

If I close my eyes, I can picture the moments exactly, all of them: my Sea of Galilee moments. I could describe them to you — the day, the year, what was happening in my life, what I wanted and what I needed and what gnawing hunger had brought me, once again, limping, crawling back to the shore.

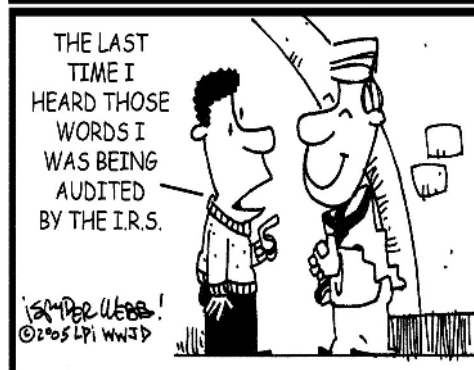
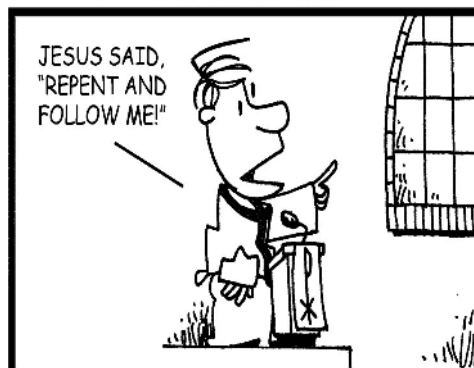
But you wouldn't understand my Sea of Galilee moments, just like I wouldn't understand yours. There is only one who understands, and his is the voice we heard, clear and strong: "Put down the net, and come with me." ©LPi

## Marriage Enrichment Workshop:

Married couples are invited to kick off the year strong by learning communication and conflict resolution skills in a fun and interactive way with CoupleTalk. CoupleTalk is the latest release of Relationship Enhancement, which is backed by decades of research to be one of the most effective relationship and marriage education programs available. **Sessions will be held on Tuesday nights starting January 20 through February 24 from 6:30pm-8:30pm** at the Diocesan Pastoral Center (3888 Paducah Dr., San Diego 92117). Sessions are completely free, including workbooks, and childcare. There is a \$100 gift card incentive for qualifying couples who complete the entire program. Couples can register at [usrelationship.org](http://usrelationship.org).

ALSO see the flyer on Blessed Sacrament Church bulletin board.

3rd SUNDAY IN ORDINARY TIME



## Clothing Donations for the Homeless

Do you have clean, gently used clothing and would like to donate them to the downtown homeless.

Please call Annemarie at (619) 993-4019.

She will arrange to pick up your donations. Thank You!



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