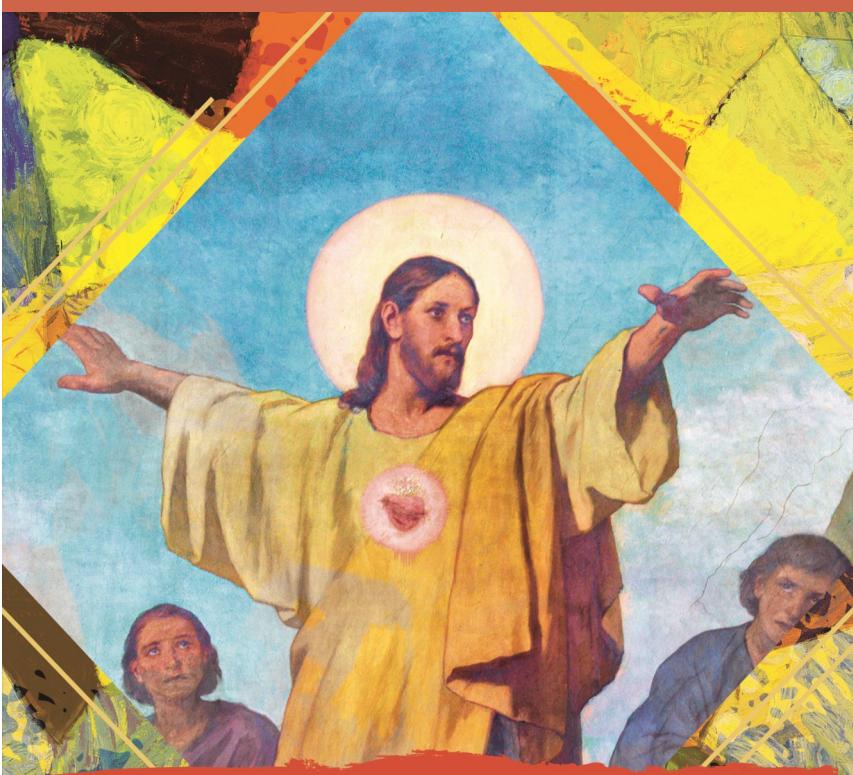


February 1, 2026



4TH SUNDAY IN ORDINARY TIME

"Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me." - Mt 5:11

4º DOMINGO DEL TIEMPO ORDINARIO

"Dichosos serán ustedes cuando los injurien, los persigan y digan cosas falsas de ustedes por causa mía."

- Mt 5, 11

GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

Matthew 5:1-12a

This Sunday's readings are so powerful in their focus on poverty and humility that they seem at odds with contemporary society. There are realities in the world where the poor, the humble, and immigrants have no place in the plans of the rich and powerful. However, for our consolation in this situation, this was already happening in the time of the prophet Zephaniah. Let us consider his words: "Seek the Lord, all you humble of the earth, who keep his commandments; do what is right and seek humility; perhaps this will protect you on the day of the Lord's wrath" (Zephaniah 2:3). It is the poor and the simple who are always seeking and trusting in God. Choosing poverty is a true gift of the Holy Spirit, which implies serving and working for the Kingdom of God. Poverty of spirit must permeate the world with God's tenderness and mercy. Every baptized person must take responsibility for making this happen.

The Beatitudes proclaimed by Jesus in today's Gospel are a key teaching for daily life. By listening to his Word, we feel blessed and also committed to saying "yes," like Mary, to the Father's will. "We must seek together how to be a missionary Church, a Church that builds bridges of dialogue, always open to receive with open arms all those who need our charity, our presence, dialogue, and love" (Pope Leo XIV). This will make us happy as a community and as a society. Happy in the style of Jesus!

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Bulletin is on the Parish Website at www.blessedsacrament-sandiego.org

Blessed Sacrament Catholic Church

4540 El Cerrito Drive
San Diego, CA 92115



Website:
www.blessedsacrament-sandiego.org

Parish E-Mail:
info@blessedsacrament-sandiego.org

Phone: 619-582-5722

Clergy:

Pastor: Fr. Danh Pham, SVD

In Residence: Fr. Raymundus Wea, SVD

Retired Deacon: Tony Albers

Retired Deacon: Herb Kelsey

MASS SCHEDULE
Saturday
English 5:00PM (Vigil)
Sunday
English 8:30AM & 10:30AM
Español 4:00PM
Weekdays
Monday - Friday: 8:00AM English
Holy Days & Special Services:
See the parish bulletin

RECONCILIATION:
Saturday 4:00PM - 4:45PM
Devotion to Our Mother of Perpetual Help
Tuesdays directly following the 8:00am Mass
Adoration of the Blessed Sacrament
1st Friday of the month following the 8:00am Mass until 9:00am



PARISH OFFICE HOURS

HORAS DE OFICINA

Monday/Lunes:
12:30pm - 4:30pm

Tuesday thru Friday
Martes a Viernes
8:30am - 4:30pm

PARISH OFFICE
619-582-5722
info@blessedsacrament-sandiego.org

Administrative Staff

Jeanine Yin, ext. 100
Administrative Assistant

Maria Tello, ext. 129
Office Assistant - **Se habla español**

REGISTRARSE EN LA OFICINA

Si aún no está registrado en la parroquia, comuníquese con la oficina parroquial.

Incluso si viven en el mismo hogar y son familias separadas, deben registrar a su familia por separado.

Si es mayor de 18 años y vive con sus padres, es soltero o tiene su propia familia, también debe registrarse por separado.

BIENVENIDO

Le invitamos a registrarse para ser un miembro y damos la bienvenida a nuevos miembros

¡Comprométase con Blessed Sacrament!
info@blessedsacrament-sandiego.org

Parish Information & Resources

Parish ID# for United Way Contributions is 9753



SACRAMENTS

Marriage Information:

619-582-5722

Those wishing to be married must contact the priest at least 9 months before the marriage date.

Baptism Information:

Parish Office: 619-582-5722

Baptism Classes are now available on the 1st Monday of the month in English & 3rd Thursday of the month in Spanish. Please call the Parish Office for additional information.

Faith Formation:

Paul A. Lopez, ext. 124

Faith Formation Coordinator habla Español
Info: faithform@blessedsacrament-sandiego.org

First Communion, Confirmation, & Order of Christian Initiation for Adults (OCIA)

Anointing of the Sick:

Contact Parish Office: 619-582-5722

Funeral Arrangements:

Contact Parish Office: 619-582-5722



Welcome New Members

Make a Commitment to your Church.
Join our faith community!

Registration forms are available at the Parish Office. Call (619) 582-5722 or Email the parish office at info@blessedsacrament-sandiego.org

PRAYER GROUP MEETINGS

Encuentros de Conversión Católica

Se reúne los Martes
de 6:30pm a 9:00pm
INFO: Roberto Reyes
619-453-3003

MINISTRIES

Altar Servers

Contact Parish Office
619-582-5722

Eucharistic Ministers

Ed Snyder 619-865-9398

Lectors

Sheila Kennedy 858-699-2529

Ushers

Parish Office 619-582-5722

Adoration Chapel

Parish Office 619-582-5722

OTHER MINISTRIES

Cares for Kids

Teresa Markey 619-582-2141

Culture of Life

Margie Morrison 619-582-8651

Knights of Columbus

Join the Blessed Sacrament Knights of Columbus

Men of the parish are invited to become members.

Meetings are now on the 3rd Sunday of the month in the Parish Hall at 10:00am

Come to a meeting to learn more or contact Bruce O'Dell 619-280-3226

Blessed Sacrament Auxiliary

open to all Parishioners 18 years & older

Meetings are on the **2nd Thursday** of the month in the Parish Hall
Social Gathering 6:00pm & Meeting 6:30pm - 8pm
President: Cathie Senoff (619) 952-1036

PARISH COMMUNITY ANNOUNCEMENTS



VALENTINE'S DINNER DANCE

**Saturday, February 14
6:30pm - 11:00pm
in the Parish Hall**

All are welcome for a night of food, music, and dancing.

Tickets are sold after all weekend Masses outside the church and at the Door on February 14.



* \$15 per person
Children under 12 years old are Free.

Food is available for purchase during the dance.

A percentage of the funds goes to the church roof, walls, and windows repairs.

Sponsored by our Hispanic Community.

Questions call:
Roberto Aranda 619-845-0492.



Join us for Sunday Morning Hospitality

In the Parish Hall following the 8:30am and 10:30am Masses.

This Sunday in the Parish Hall following the 8:30am and 10:30am Masses the Blessed Sacrament Auxiliary will be our host.

They will be selling Donuts and Pastries.
Coffee and Juice are provided.

Everyone is Welcome!

Join your faith community for social time and fellowship.

Sunday Hospitality Hosts

1st week: Blessed Sacrament Auxiliary
2nd week: Hispanic Community
3rd week: Knights of Columbus
4th week: Hispanic Community
5th week: Cares for Kids

Thank you to all our hosts!

BLESSED SACRAMENT 2025 TAX DONATION LETTERS

Tax donation letters are provided by request.

Please email:

bspbookkeeper@blessedsacrament-sandiego.org

to receive a copy of your 2025 tax letter.

Your tax donation letter will be emailed to you.

You must be a registered parishioner for donations to be tracked.

We Thank You for your Continued Support of your Parish!



2nd Collection February 7 & 8

For the Society of the Divine Word (SVD)

NEXT weekend we will have a second collection for The Society of the Divine Word Missionary. This is an annual collection for Fr. Danh's Order. All donated monies and checks made payable to Blessed Sacrament Parish (write SVD in the memo.) will go to the SVD Order.

Thank you from the SVD's!

ALSO

Food & Personal Care Items Collection

NEXT weekend is our monthly collection for Non-Perishable Food and Personal Care Items. All will be given to Casa de los Pobres in Tijuana to help our neighbors in need. Please bring your bagged donations to the altar after the bread and wine are presented.

We no longer have parish cloth bags.

Thank you for your continued support!

PRAYER –

FOR EVERYDAY AND EVERYBODY
Bless Us, Lord

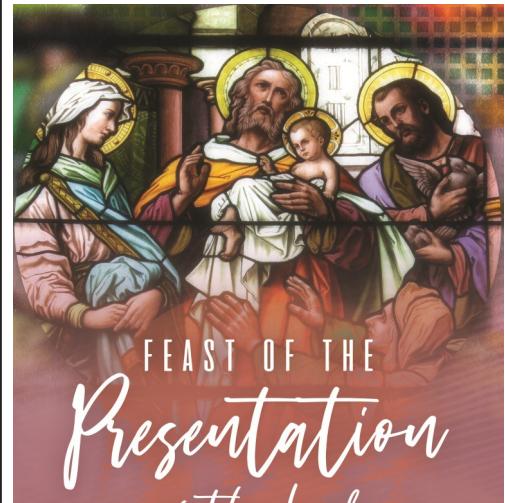
Jesus,

You are good and gracious, every moment of every day. You invite us to be meek, merciful, clean of heart, peacemakers. Give us the grace to seek these virtues, and to seek you. May your blessing accompany us on our way. Amen.

©LPI



Cares for Kids will not meet in February. The meeting has been postponed until Monday, March 2, 2026. THANK YOU FOR YOUR SUPPORT. Teresa Markey



FEAST OF THE
Presentation
of the Lord
February 2

Blessed Sacrament Financial Donations 2025

To keep our parish functioning we need your help. Please continue to give your donations at Mass, by mail or go to our website and give online.

www.blessedsacrament-sandiego.org

Click the Giving tab

Collection Amounts for:

January 17 - 18, 2026: \$4,456.00

January 24 - 25: \$3,145.50

Online Giving: \$ unavailable

Thank you for your continued support!

PRAYERS & PARISH COMMUNITY ANNOUNCEMENTS



WORLD MARRIAGE DAY Saturday & Sunday February 7 & 8

In celebration of World Marriage Day, married couples will receive a special blessing at all weekend masses.

SUNDAY'S READINGS

First Reading: But I will leave as a remnant in your midst a people humble and lowly. (Zep 3:12)

Psalm: Blessed are the poor in spirit; the kingdom of heaven is theirs! (Ps 146) Or Alleluia.

Second Reading: Rather, God chose the foolish of the world to shame the wise, and God chose the weak of the world to shame the strong. (1 Cor 1:27)

Gospel: "Blessed are the poor in spirit, for theirs is the kingdom of heaven." (Mt 5:3)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved. ©LPI

READINGS FOR THE WEEK

Sunday: Zep 2:3; 3:12-13/Ps 146:6c-7, 8-9a, 9b-10/1 Cor 1:26-31/Mt 5:1-12a

Monday: Mal 3:1-4/Ps 24:7, 8, 9, 10/Heb 2:14-18/Lk 2:22-40 or 2:22-32

Tuesday: 2 Sm 18:9-10, 14b, 24-25a, 30-19:3/Ps 86:1-2, 3-4, 5-6/Mk 5:21-43

Wednesday: 2 Sm 24:2, 9-17/Ps 32:1-2, 5, 6, 7/Mk 6:1-6

Thursday: 1 Kgs 2:1-4, 10-12/1 Chr 29:10, 11ab, 11d-12a, 12bcd/Mk 6:7-13

Friday: Sir 47:2-11/Ps 18:31, 47 and 50, 51/Mk 6:14-29

Saturday: 1 Kgs 3:4-13/Ps 119:9, 10, 11, 12, 13, 14/Mk 6:30-34

Next Sunday: Is 58:7-10/Ps 112:4-5, 6-7, 8-9/1 Cor 2:1-5/Mt 5:13-16

Question and Answer: Presentation of the Lord

Question:

Luke's Gospel is the only one to mention the Presentation of the Lord in the Temple. What is Luke trying to communicate here and what connection does it have with Mary?

Answer:

February 2 is exactly forty days after December 25, the nativity of Jesus. Jewish law (Ex 13:2, 12) dictated that Jesus, as the firstborn, be consecrated to God. This was done by the parents as they presented their Son in the Temple.

Jewish law further specified (Lv 12:2-8) that a mother was ritually impure after giving birth, and that she had to wait a set period of time (forty days for a boy) before she was to offer a sacrifice to the Lord for purification.

The convergence of these two Jewish regulations occasions Luke's account of both the Presentation of the Lord and the Purification of Mary. These days the liturgical emphasis is more on the Presentation of Jesus. Luke highlights the role of Simeon and Anna, two righteous Jews who recognized Jesus as the long-awaited Messiah and praised God for being able to see and experience such a marvel in their lifetimes.

Simeon's prayer concerning the special role of Jesus states that Jesus is "a light for revelation to the Gentiles." This phrase eventually originated the custom of blessing candles on this day which were to be used in the ceremonies, rituals, and processions throughout the church year. Thus February 2 is also known as Candlemas Day. This day is indeed a rich feast to be savored. ©LPI

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CATHOLIC TRIVIA – JUST FOR FUN

Question: Who were the very first people to visit Jesus after he was born?

Answer: Two local shepherds who were told about Jesus by an angel. ©LPI

November 30, 2025 UPDATE on Church Roof, Windows & Walls Repairs

Thanks to your generous donations we have finished the 1st Phase of the Church Roof, Windows and Walls Repairs. The expenses so far is \$140,133.00 of the \$153,479.21 we have raised so far. We still need your support to continue the repairs.

Thank You!

Church Roof, Windows and Walls Repairs

As of December 31, 2025
we have received donations of
\$159,592.21 for the Church, Roof,
Windows, & Walls Repairs.

Our GOAL is \$500,000

*We have a
long way to
go!*

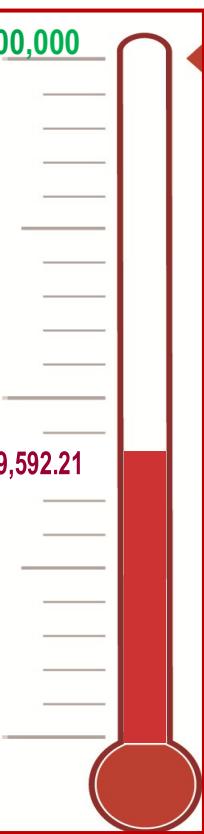
You can give
your donation
any time, just
make sure you
designate it for
Church Repairs.

Please use the
Gold Envelope.

Thank you for
your continued
support!

\$500,000

\$159,592.21



ANUNCIOS DE LA COMMUNIDAD PARROQUIAL

Segunda Colecta: 7 y 8 de Febrero

Para la Sociedad del Verbo Divino (SVD)

El próximo fin de semana tendremos una segunda colecta para la Sociedad Misionera del Verbo Divino. Esta es una colecta anual para la Orden del Padre Danh. Todo el dinero donado y los cheques a nombre de la Blessed Sacrament Parish (escriba SVD en la nota) se destinarán a la SVD.
¡Gracias de parte de la Orden SVD!

TAMBIÉN

El próximo fin de semana tendremos nuestra colecta mensual de alimentos no perecederos y artículos de higiene personal. Todo lo recolectado se entregará a **Casa de los Pobres en Tijuana** para ayudar a nuestros vecinos necesitados. Por favor, traigan sus donaciones en bolsas al altar después de la presentación del pan y el vino.

Ya no contamos con bolsas de tela de la parroquia.

¡Gracias por su continuo apoyo!

LAS LECTURAS DE LA SEMANA

Domingo: Sof 2, 3; 3, 12-13/Sal 145, 6-7. 8-9. 9-10/1 Co 1, 26-31/Mt 5, 1-12

Lunes: Mal 3, 1-4/Sal 23, 7. 8. 9. 10/Heb 2, 14-18/Lc 2, 22-40 o 2, 22-32

Martes: 2 Sm 18, 9-10. 14. 24-25. 30-19, 3/Sal 85, 1-2. 3-4. 5-6/Mc 5, 21-43

Miércoles: 2 Sm 24, 2. 9-17/Sal 31, 1-2. 5. 6. 7/Mc 6, 1-6

Jueves: 1 Re 2, 1-4. 10-12/1 Cr 29, 10. 11. 11-12. 12/Mc 6, 7-13

Viernes: Eclo 47, 2-11/Sal 17, 31. 47 y 50. 51/Mc 6, 14-29

Sábado: 1 Re 3, 4-13/Sal 118, 9. 10. 11. 12. 13. 14/Mc 6, 30-34

Domingo siguiente: Is 58, 7-10/Sal 111, 4-5. 6-7. 8-9/1 Co 2, 1-5/Mt 5, 13-16

Consulte el resto del boletín para obtener más información parroquial.

CARTAS DE DONACIÓN DE IMPUESTOS 2025

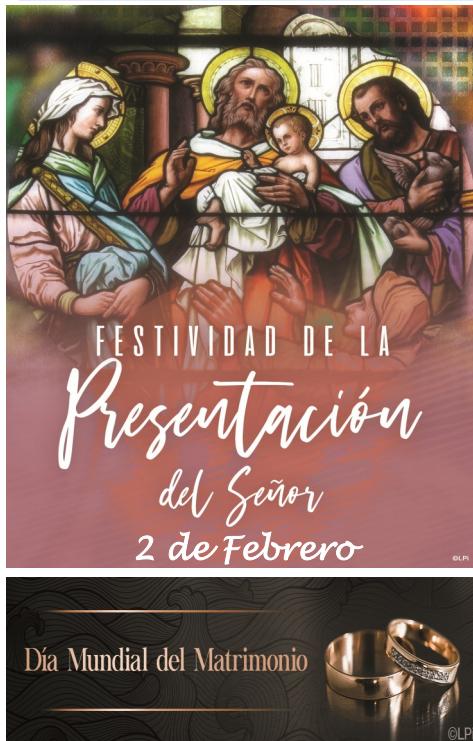
Las cartas de donación de impuestos no se distribuirán en masa.

Envíe un correo electrónico a

bspbookkeeper@blessedsacrament-sandiego.org

Para recibir una copia de su carta de impuestos. Su carta de donación de impuestos le será enviada por correo electrónico. Debe ser un feligrés registrado para poder realizar un seguimiento de las donaciones.

¡Le agradecemos su continuo apoyo a su Parroquia!



DIA MUNDIAL DEL MATRIMONIO
Sábado y Domingo
7 y 8 de Febrero

En celebración del Día Mundial Del Matrimonio, las parejas casadas recibirán una bendición especial en todas las misas del fin de semana.

TRIVIA CATÓLICA – SÓLO POR DIVERSIÓN

Pregunta: ¿Quiénes fueron las primeras personas que visitaron a Jesús después de su nacimiento?

Respuesta: Dos pastores locales a quienes un ángel les habló de Jesús.

CENA BAILE DE SAN VALENTÍN



Sábado 14 de Febrero
6:30pm - 11:00pm
en el Salón Parroquial

Todos son bienvenidos a una noche de comida, música y baile.

Los boletos se venden después de todas las misas del fin de semana fuera de la iglesia y en la puerta el 14 de Febrero.

- * \$15 por persona
- * Niños menores de 12 años entran gratis

Habrá venta de comida durante el baile.

Un porcentaje de los fondos se destina a la reparación del techo, las paredes y las ventanas de la iglesia.

Patrocinado por nuestra Comunidad Hispana.

 Preguntas llamar a: Roberto Aranda 619-845-0492

ORACIÓN – PARA TODOS LOS DÍAS
Y PARA TODOS
Bendícenos Señor

Jesús,
Eres bueno y amable, en cada momento de cada día. Nos invitas a ser mansos, misericordiosos, limpios de corazón, constructores de paz. Danos la gracia de buscar estas virtudes y de buscarte a ti. Que tu bendición nos acompañe en nuestro camino. Amén.

PRAYERS FOR OUR COMMUNITY

DAILY PRAYER FOR PRIESTS	MASS INTENTIONS	Pray for the Sick & the Deceased of our Community
<p>SUNDAY, February 1 Pope Leo XIV</p> <p>MONDAY, February 2 Bishop Michael Pham</p> <p>TUESDAY, February 3 Bishop Ramón Bejarano</p> <p>WEDNESDAY, February 4 Bishop Felipe Pulido</p> <p>THURSDAY, February 5 Rev. Michael Lee, SJ</p> <p>FRIDAY, February 6 Rev. David Leon</p> <p>SATURDAY, February 7 Rev. Jesse Lopez</p> <p>Pray for Priests and Vocations "Now we ask you to respect those who work hard among you...Hold them in the highest regard in love because of their work." (1 Thess. 5:12, 13, NIV)</p>	<p>SATURDAY, January 31 5:00 pm - Steven Parker - †</p> <p>SUNDAY, February 1 8:30 am - William Santos - † - Joseph G. Nguyen - †</p> <p>10:30 am - Joseph G. Nguyen - † - Blessed Sacrament Parishioners</p> <p>4:00 pm - Victor Solis Perez - † - Sabina Duran Rojas - † - Catalina Ramos - †</p> <p>MONDAY, February 2 8:00 am -</p> <p>TUESDAY, February 3 8:00 am -</p> <p>WEDNESDAY, February 4 8:00 am -</p> <p>THURSDAY, February 5 8:00 am -</p> <p>FRIDAY, February 6 8:00 am -</p> <p>SATURDAY, February 7 5:00 pm - Shirley Anderson-Johnson - †</p>	<p>SICK Hugo Rios Águeda Carrasco Reyes Laurie Aranda Blaine McCafferty Brandi Vitucci Cora Anderson Francisca Santana Yuvathano Yin-Paing Olivia Solomon Billy Quyen Van Pham Patrick Conaty Vern Boyce Steve Haines Angelica C. Esparza Bill Condit Deacon Herb Kelsey Tim Parker Joe Newton Kathie Watkins Patricia Brady Patricia Cadava My Thi Kieu Pham</p> <p>DECEASED Norien Chinnis Marie Fletcher</p>
<p>IN MISSION, WE ARE ONE  DIOCESE OF SAN DIEGO</p> <p>Annual Catholic Appeal In-Pew Pledge Weekend February 21 - 22 "In Mission, We Are One"</p> <p>You can pledge or give during this time. Please plan to give generously.</p> <p>More information to follow.</p>	<p>QUESTIONS OF THE WEEK - INVITE PARISHIONERS TO REFLECT AND RESPOND TO SCRIPTURE</p> <p>1st Reading Question Zephaniah speaks of a "remnant" of Israel who will live humbly and seek justice. Are there people in your life who live this way?</p> <p>2nd Reading Question Paul describes members of the Corinthian church as foolish, weak and despised. How would you characterize your faith community?</p> <p>Gospel Question Jesus begins his "Sermon on the Mount" with the many ways that people are blessed. What do you consider your biggest blessing?</p>	<p>Pray for the Sick </p> <p>Our list of seriously ill parishioners gets long</p> <p>To continue to keep a person's name on the sick list you must contact the parish office the first of each month otherwise the name will be removed.</p> <p>We must also have the sick person or the family's permission to publish a name on our list.</p> <p>We appreciate your cooperation and understanding.</p>

Invitation to Bring Up the Gifts During Mass



We like to invite single people, couples or families the opportunity to bring up the gifts of bread and wine during the weekend masses. If you would like to present the gifts please write your name (s) on the **Sign-Up Sheets** posted by the church side middle door table. All are welcome to participate in the presentation of the gifts!

Please Notify the Ushers!

©LPI



MEDITACIÓN DEL EVANGELIO – ALENTAR UN ENTENDIMIENTO MÁS PROFUNDO DE LA ESCRITURA

Mateo 5:1-12a

Las lecturas de este domingo son tan fuertes en cuanto a la pobreza y la humildad, que parecen no concordar con la sociedad actual. Existen ciertas realidades en el mundo donde los pobres, los humildes y los inmigrantes no tienen cabida en los planes de los ricos y poderosos. Sin embargo, para consuelo ante esta situación, esto ya ocurría en tiempos del profeta

Sofonías. Fijémonos en sus palabras: *“Busquen al Señor ustedes, todos los humildes de la tierra, los que cumplen sus preceptos; practiquen la justicia y busquen la humildad; tal vez esto los proteja el día de la ira del Señor”*

(Sofonías 2:3). Son los pobres y los sencillos quienes siempre están buscando y confiando en Dios. Optar por la pobreza es un verdadero don del Espíritu Santo, que implica servir y trabajar por el Reino de Dios. La pobreza de espíritu debe penetrar el mundo con la ternura y la misericordia de Dios. Cada bautizado debe asumir la responsabilidad de hacer que esto suceda.

Las bienaventuranzas proclamadas por Jesús en el Evangelio de hoy son una enseñanza clave para la vida diaria. Al escuchar su Palabra, nos sentimos bienaventurados y también comprometidos a decir "sí", como María, a la voluntad del Padre. *“Debemos buscar juntos cómo ser una Iglesia misionera, una Iglesia que construya puentes de diálogo, siempre abierta a recibir con los brazos abiertos a todos, a todos aquellos que necesitan nuestra caridad, nuestra presencia, el diálogo y el amor”* (Papa León XIV). Esto nos hará felices como comunidad y como sociedad. ¡Felices al estilo de Jesús!

©LPI

WHY DO WE DO THAT? - CATHOLIC LIFE EXPLAINED Vocation or Calling

Question:

Can you explain what we mean by a vocation or calling? I have heard this term used in many different contexts and am not sure what it means. Does it apply to religious life?

Answer:

A vocation or calling refers to a spiritual experience whereby a person senses within oneself the closeness of God and what he is asking in one's life. It is a realization of what one's part in God's plan could be. Vocation comes in all kinds of ways. Some are as dramatic as St. Paul's, being knocked off his horse, blinded, and hearing God's voice. Others are less dramatic, often occurring over time through little events and personal interests. Others happen in a hurry, accompanied by great spiritual insight or conversion. We often think that this applies to religious vocation, but in fact, every Christian has a vocation, a calling to serve others in and through the church. Whether married or single, religious or lay, we are all called to live out our baptismal commitment to preach and teach the Gospel message. Each of us has our role to play in God's plan, and we become coworkers with God in the work of redemption. With a little confidence, a willing spirit and God's grace, we can and will respond to his unique call.

©LPI

4th SUNDAY IN ORDINARY TIME



Misa del Día Mundial de los Enfermos, 7 de Febrero, 10 am, Parroquia del Buen Pastor (8200 Gold Coast Dr. San Diego, 92126). Únase al Obispo Ramón Bejarano en esta Misa multilingüe que incluirá: unción de los enfermos, bendición de cuidadores de enfermos incluyente a los ministros que los sirven. Así mismo, se celebrará el 6º aniversario de la iniciativa del Cuidado Integral de la Persona. Esta misa también se transmitirá en línea. Para más información, visite sdcatholic.org/event/w.

February 7: Multilingual World Day of the Sick Mass: , 10 am at Good Shepherd Parish (8200 Gold Coast Dr. San Diego, 92126). The Mass will include the anointing of the sick and blessing of caregivers and ministers. Bishop Ramon Bejarano will be the celebrant. It will be livestreamed as well. For more information, visit sdcatholic.org/event/w.

National Marriage Week February 7-14:

This special week is a time to reflect on the beautiful gift of the sacrament of matrimony. This year's theme from the USCCB is *Man and Woman, He Created Them: Together with Purpose*, inviting couples to recognize their unique gifts and how they might use them to build one another up in joy and complementarity. There are a variety of resources for those discerning marriage, engaged couples, and those already living out the vocation of marriage. These include an at-home week-long retreat, a marriage-centered Lectio Divina, and social media graphics. Visit foryourmarriage.org.

Clothing Donations for the Homeless

Do you have clean, gently used clothing and would like to donate them to the downtown homeless.

Please call Annemarie at (619) 993-4019.

She will arrange to pick up your donations. Thank You!



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Se habla español e inglés



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