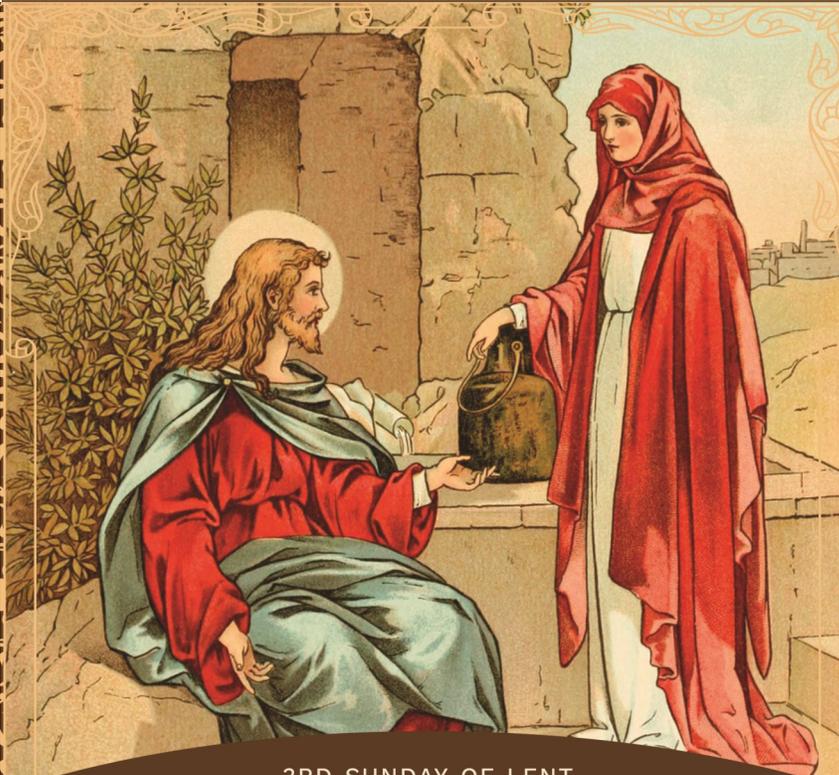


March 8, 2026



3RD SUNDAY OF LENT  
3ER DOMINGO DE LA CUARESMA

SIR, GIVE  
ME THIS WATER.

SEÑOR,  
DAME DE ESA AGUA.

**GOSPEL MEDITATION - ENCOURAGE DEEPER  
UNDERSTANDING OF SCRIPTURE**

**John 4: 5-42**

During Lent, we have the opportunity for a deeper encounter with God through the Sacraments, especially Reconciliation. Parishes offer various reconciliation services at different times so that everyone can approach and be reconciled. Today, on this third Sunday of Lent, thirst is presented to us as a source of life. The dialogue between Jesus and the Samaritan woman demonstrates this: "If you knew the gift of God, if you knew who it is that asks you for a drink, you would have asked him for living water and he would have given it to you" (John 4:10). Jesus' behavior in asking a woman for water was frowned upon and contradicted the customs of his time. However, that dialogue between them is invaluable: it was a perfect dialogue, to the point that the Samaritan woman becomes a missionary.

This character, the Samaritan woman, is nameless. So I can give her my own name and engage in my own conversation with the Lord in prayer. To which well do I go for water? Where is Jesus, weary and thirsty? What does he ask me to do? Where should I proclaim him? Lord, like the Samaritan woman, make me a witness to your Gospel. To achieve this, let us remember that the Holy Spirit, since our Baptism, has been poured out upon us as a fountain of living water. There is no excuse for not participating as missionary disciples in our parishes, in our families, and in society. Lord, give me this water, and I will thirst no more!

©LPi

Bulletin is on the Parish Website at [www.blessedsacrament-sandiego.org](http://www.blessedsacrament-sandiego.org)

# Blessed Sacrament Catholic Church

4540 El Cerrito Drive  
San Diego, CA 92115

Website:

[www.blessedsacrament-sandiego.org](http://www.blessedsacrament-sandiego.org)

Parish E-Mail:

[info@blessedsacrament-sandiego.org](mailto:info@blessedsacrament-sandiego.org)

Phone: 619-582-5722

Clergy:

Pastor: Fr. Danh Pham, SVD

In Residence: Fr. Raymundus Wea, SVD

Retired Deacon: Tony Albers

Retired Deacon: Herb Kelsey



## MASS SCHEDULE

**Saturday**

English 5:00PM (Vigil)

**Sunday**

English 8:30AM & 10:30AM

Español 4:00PM

**Weekdays**

**Monday - Friday: 8:00AM English**

**Holy Days & Special Services:**

See the parish bulletin

## RECONCILIATION:

**Saturday 4:00PM - 4:45PM**

**Devotion to Our Mother  
of Perpetual Help**

Tuesdays directly following  
the 8:00am Mass

**Adoration of the  
Blessed Sacrament**

1st Friday of the month  
following the 8:00am Mass until 9:00am

# Parish Information & Resources

Parish ID# for United Way Contributions is 9753



**GET INVOLVED AND  
MAKE A DIFFERENCE**

## PRAYER GROUP MEETINGS

**Encuentros de Conversión  
Catolica**

Se reúne los Martes  
de 6:30pm a 9:00pm

**INFO:** Roberto Reyes  
619-453-3003

## PARISH OFFICE HOURS

### **HORAS DE OFICINA**

**Monday/Lunes:**

12:30pm - 4:30pm

**Tuesday thru Friday**

**Martes a Viernes**

8:30am - 4:30pm

## SACRAMENTS

### Marriage Information:

619-582-5722

Those wishing to be married must contact the priest at least 9 months before the marriage date.

### Baptism Information:

Parish Office: 619-582-5722

**Baptism Classes** are now available on the 1st Monday of the month in English & 3rd Thursday of the month in Spanish.

Please call the Parish Office for additional information.

### Faith Formation:

Paul A. Lopez, ext. 124

Faith Formation Coordinator habla Español

Info: [faithform@blessedsacrament-sandiego.org](mailto:faithform@blessedsacrament-sandiego.org)

*First Communion, Confirmation, & Order of Christian Initiation for Adults (OCIA)*

### Anointing of the Sick:

Contact Parish Office: 619-582-5722

### Funeral Arrangements:

Contact Parish Office: 619-582-5722



## Welcome New Members

Make a Commitment to your Church.  
Join our faith community!

**Registration forms** are available at the Parish Office. Call (619) 582-5722 or Email the parish office at [info@blessedsacrament-sandiego.org](mailto:info@blessedsacrament-sandiego.org)

## MINISTRIES

### Altar Servers

Contact Parish Office  
619-582-5722

### Eucharistic Ministers

Ed Snyder 619-865-9398

### Lectors

Sheila Kennedy 858-699-2529

### Ushers

Parish Office 619-582-5722

### Adoration Chapel

Parish Office 619-582-5722

## OTHER MINISTRIES

### Cares for Kids

Teresa Markey 619-582-2141

### Culture of Life

Margie Morrison 619-582-8651

### Knights of Columbus

*Join the Blessed Sacrament  
Knights of Columbus*

*Men of the parish are invited  
to become members.*

*Meetings are now on the  
**3rd Sunday** of the month in the  
Parish Hall at 10:00am*

Come to a meeting to learn more or contact Bruce O'Dell 619-280-3226

**Blessed Sacrament Auxiliary**  
open to all Parishioners 18 years & older

Meetings are on the **2nd Thursday** of the month in the Parish Hall  
Social Gathering 6:00pm &  
Meeting 6:30pm - 8pm

President: Cathie Senoff  
(619) 952-1036

## PARISH OFFICE

**619-582-5722**

[info@blessedsacrament-sandiego.org](mailto:info@blessedsacrament-sandiego.org)

### Administrative Staff

Jeanine Yin, ext. 100  
*Administrative Assistant*

Maria Tello, ext. 129  
*Office Assistant - Se habla español*

## REGISTRARSE EN LA OFICINA

Si aún no está registrado en la parroquia, comuníquese con la oficina parroquial.

Incluso si viven en el mismo hogar y son familias separadas, deben registrar a su familia por separado.

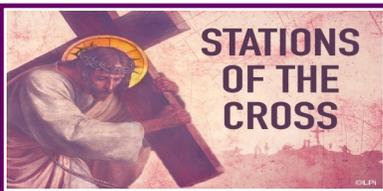
Si es mayor de 18 años y vive con sus padres, es soltero o tiene su propia familia, también debe registrarse por separado.

## BIENVENIDO

Le invitamos a registrarse para ser un miembro y damos la bienvenida a nuevos miembros

¡Comprométase con Blessed Sacrament!  
[info@blessedsacrament-sandiego.org](mailto:info@blessedsacrament-sandiego.org)

## PARISH COMMUNITY ANNOUNCEMENTS



**Join Us for  
Stations of the Cross  
Every Friday during Lent  
in the Church**

**6:00pm in English**

**7:00pm in Spanish**

**Daylight Savings Time Began  
this Sunday, March 8.  
You will be getting up one hour earlier.**

### LENTEN PENANCE SERVICES AROUND TOWN

March 10	7pm	Tuesday	St. Didacus
March 12	7pm	Thursday	Holy Spirit
March 13	7pm	Friday	Christ the King
March 15	2pm	Sunday	St. Joseph Cathedral
March 17	7pm	Tuesday	St. John of the Cross
March 18	7pm	Wednesday	St Therese
March 23	7pm	Monday	Our Lady of Grace
March 31	7pm	Tuesday	St. Patrick

### Reflection: Third Sunday of Lent

Paul reminded the Corinthians, "We proclaim Christ crucified." Christ's weakness is stronger than any human strength. The power of the cross is greater than anything the world or evil has to combat it.

The Lenten season is one of repentance, self-denial, almsgiving, and prayer. Many in our modern world do not see any wisdom in denying themselves anything. Those swept away in a consumer culture want more and they want it faster, bigger, and better. They also are looking for easy and quick satisfaction, unwilling to wait long.

Paul speaks of the "foolishness of God" and how it is wiser than any human wisdom. Lent is a time to put aside that which we feel and think as humans and put on the attitude of Christ. The cross of Christ is neither easy nor fleeting, and it will ask us to deny our very selves for him. To the human mind it makes no sense. However, by putting on Christ and seeing with his eyes, we see reality with clarity. Our sacrifice can lead to riches that only a "foolish" man would covet. But it is exactly there that we are satisfied and fulfilled.



### Prayer Requests on the Cross

At the side door of the Church is a cross. As part of your Lenten journey, you may place a self-stick prayer request on the cross. Let's pray for one another's intention.

**Tuesday - March 10  
We will have an  
8:00am Communion Service.  
We will not have a Mass on  
this date.**

### Quarters and Cans - 2nd Collection March 7 & 8

**THIS weekend** is our Monthly Quarters and Cans Collection. All donated money coins, cash, (checks made out to Blessed Sacrament) will go to help raise funds for the "**Parish Church Roof, Walls, & Windows Repairs**"

You can use the special **Gold Envelope** or a generic envelope. Please note on the envelope and check **Church Roof Repair.**

### Food & Personal Care Items Collection

**ALSO** it is our monthly collection for Non-Perishable Food and Personal Care Items. All will be given to **Casa de los Pobres in Tijuana** to help our neighbors in need. Please bring your bagged donations to the altar after the bread and wine are presented.

**Thank you for your continued support!**

### Sunday Hospitality Hosts

- 1st week:** Blessed Sacrament Auxiliary
- 2nd week:** Hispanic Community
- 3rd week:** Knights of Columbus
- 4th week:** Hispanic Community
- 5th week:** Cares for Kids

*Thank you to all our hosts!*

**Diocesan African Mass & Gathering  
Sunday, February 8 at 1pm**  
in BSP Church and Hall  
2nd Sunday of each month  
*All are Welcome!*

**Blessed Sacrament Financial  
Donations 2026**

To keep our parish functioning we need your help. Please continue to give your donations at Mass, by mail or go to our website and give online.

[www.blessedsacrament-sandiego.org](http://www.blessedsacrament-sandiego.org)

Click the **Giving** tab

**Collection Amounts for:**

**February 28 - March 1: \$3,940.00  
January Online Giving: \$5,819.30**

Thank you for your continued support!

**\$5.00 for 6-Day Candles**

Because of the rising costs, the 6-day candle price has changed to \$5.00 each. Thank you for your understanding. **(Please return the empty glass containers, we recycle them.)**





**HOSPITALITY  
SUNDAY**

**Join us for  
Sunday Morning Hospitality**

In the Parish Hall following the 8:30am and 10:30am Masses.

This Sunday in the Parish Hall following the 8:30am and 10:30am Masses, our Hispanic Community will be our hosts.

They will be selling *American Breakfast, Mexican Food, Pastries and Soda.* Coffee is provided.

Join your faith community for social time and fellowship.

## PRAYERS & PARISH COMMUNITY ANNOUNCEMENTS



### You Can Still Give to the Annual Catholic Appeal

This appeal supports Catholic Schools, Faith Formation, Catholic Charities, Clergy Formation and Support.

You can use the special brochure/envelope available to make a pledge or donate. You can also donate online at: [sdcatholic.org/giving](http://sdcatholic.org/giving) then select "Annual Catholic Appeal."

**Our parish goal this year is \$21,875.00.**

All donations over our goal will be returned to our parish.

*Please continue to give generously!  
Thank you for your support!*

### LIVE THE LITURGY - INSPIRATION FOR THE WEEK

Jesus did not convert the Samaritan woman with miracles. He converted her with presence. He was not afraid of her sins or her failures. He listened to her. He sat with her. Let us learn from this: when we are present to others, we can show them the face of God. ©LPI

### READINGS FOR THE WEEK

**Sunday:** Ex 17:3-7/Ps 95:1-2, 6-7, 8-9/Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42

**Monday:** 2 Kgs 5:1-15ab/Ps 42:2, 3; 42:3, 4/Lk 4:24-30

**Tuesday:** Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc, 8-9/Mt 18:21-35

**Wednesday:** Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20/Mt 5:17-19

**Thursday:** Jer 7:23-28/Ps 95:1-2, 6-7, 8-9/Lk 11:14-23

**Friday:** Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17/Mk 12:28-34

**Saturday:** Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab/Lk 18:9-14

**Next Sunday:** 1 Sm 16:1b, 6-7, 10-13a/Ps 23:1-3a, 3b-4, 5, 6/Eph 5:8-14/Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38

### Devotions, *Explained!* The Sign of the Cross

"I claim you for Christ by the sign of his cross." These words from the Rite of Baptism, spoken as the priest traces a cross on the infant's forehead, perfectly communicate the significance of that simple, familiar action. In signing the cross, we claim ourselves again and again for Christ, unite ourselves with His sacrifice on Calvary, and confess his victory over death.

Christians have been making the sign of the cross since ancient times, as evidenced by writings from Tertullian, Hippolytus and St. Cyprian. The ritual action is not only an important component of formal liturgies and sacramental rites, but also a daily devotional practice whereby the faithful invoke the blessing and protection of God.

In the Latin rite, it is made either with a movement of the full hand from one's forehead, breast and shoulders (going right to left) or with the thumb tracing the cross on the forehead, lips and breast. ©LPI

PRAYER – FOR EVERYDAY AND EVERYBODY

### Blessing of Living Water

Lord, where there has been dryness in my life, bless me with Your living water! Where I fear to dream of new hope and growth, bless me with Your living water! Where I'm thirsty for new and abundant life, bless me with Your living water! Drench the parched earth with Your promise, bless me with Your living water! Amen. ©LPI

### SUNDAY'S READINGS

**First Reading:** "Strike the rock, and the water will flow from it for the people to drink." (Ex 17:6)

**Psalm:** If today you hear his voice, harden not your hearts. (Ps 95)

**Second Reading:** And hope does not disappoint, because the love of God has been poured out into our hearts through the Holy Spirit who has been given to us. (Rom 5:5)

**Gospel:** "Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life." (Jn 4:13-14)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved. ©LPI

### SAVE THE DATE

**Saturday, April 18  
Blessed Sacrament Auxiliary  
BINGO - BUNCO PARTY**

10:30am - 3:30pm

Tickets go on Sale  
beginning March 21 & 22  
after the weekend Masses.

Tickets are \$30 per person.  
Lunch catered by Cupids Catering.

### January 31, 2026 UPDATE on Church Roof, Windows & Walls Repairs

Thanks to your generous donations we have finished the 1st Phase of the Church Roof, Windows and Walls Repairs. The expenses so far is **\$140,133.00** of the **\$163,086.21** we have raised so far. We still need your support to continue the repairs.

*Thank You!*

### Church Roof, Windows and Walls Repairs

As of January 31, 2026 we have received donations of **\$163,086.21** for the Church, Roof, Windows, & Walls Repairs.

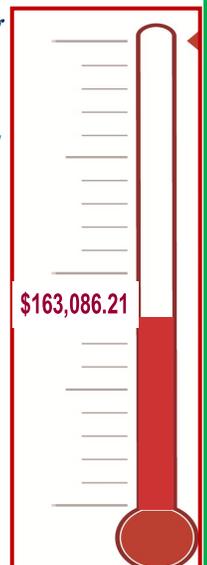
### Our GOAL is \$500,000

*We have a long way to go!*

You can give your donation any time, just make sure you designate it for Church Repairs.

Please use the Gold Envelope.

Thank you for your continued support!



## ANUNCIOS DE LA COMUNIDAD PARROQUIAL



### Viacrusis

A partir del 20 de Febrero

Todos los Viernes de  
Cuaresma en la Iglesia

6:00pm en inglés

7:00pm en español

### Petición de Oración En la Cruz



A un lado de la Puerta de la Iglesia hay una cruz. Como parte de la jornada de Cuaresma, puede poner una nota de petición de oración en la cruz. Oremos unos por otros y por sus intenciones

**Martes - 10 de Marzo**  
Tendremos un servicio de  
Comunión a las 8:00am.

No habrá misa ese día.

“Si conocieras el don de Dios y quién es el que te pide de beber, tú le pedirías a él, y él te daría agua viva”.

JUAN 4, 10

### RESERVA LA FECHA

**Sábado, 18 de Abril**

Grupo Auxiliar del Santísimo  
Sacramento

**BINGO - FIESTA DE  
BUNCO**

10:30am - 3:30pm

Los boletos de entrada saldrán a la venta a partir del 21 y 22 de Marzo después de las misas del fin de semana.

Las boletos cuestan \$30 por persona.

Almuerzo a cargo de  
Cupid's Catering.

ORACIÓN – PARA TODOS LOS DÍAS  
Y PARA TODOS

### Bendición del Agua Viva

Señor, donde ha habido sequedad en mi vida, ¡bendíceme con Tu agua viva!  
Donde temo soñar con nueva esperanza y crecimiento, ¡bendíceme con Tu agua viva!  
Donde tenga sed de vida nueva y abundante, ¡bendíceme con Tu agua viva!  
¡Empapa la tierra reseca con Tu promesa, bendíceme con Tu agua viva! Amén. ©LPi

### ¡Devociones, explicadas!

#### La Señal de la Cruz

**Mini Explicación** —Los cristianos han estado haciendo la señal de la cruz desde la antigüedad. No solo es un componente importante de las liturgias formales y los ritos sacramentales, sino también una práctica devocional diaria mediante la cual los fieles invocan la bendición y la protección de Dios.

### VIVIR LA LITURGIA - INSPIRACIÓN DE LA SEMANA

Jesús no convirtió a la mujer samaritana con milagros. Él la convirtió con presencia. No tenía miedo de sus pecados ni de sus fracasos. Él la escuchó. Se sentó con ella. Aprendamos de esto: cuando estamos presentes a los demás, podemos mostrarles el rostro de Dios. ©LPi

### LAS LECTURAS DE LA SEMANA

**Domingo:** Ex 17, 3-7/Sal 94, 1-2. 6-7. 8-9/Rom 5, 1-2. 5-8/Jn 4, 5-42 o 4, 5-15. 19b-26. 39. 40-42

**Lunes:** 2 Re 5, 1-15/Sal 41, 2. 3; 42, 3. 4/Lc 4, 24-30

**Martes:** Dn 3, 25. 34-43/Sal 24, 4-5. 6 y 7. 8-9/Mt 18, 21-35

**Miércoles:** Dt 4, 1. 5-9/Sal 146, 12-13. 15-16. 19-20/Mt 5, 17-19

**Jueves:** Jr 7, 23-28/Sal 94, 1-2. 6-7. 8-9/Lc 11, 14-23

**Viernes:** Os 14, 2-10/Sal 80, 6-8. 8-9. 10-11. 14 y 17/Mc 12, 28-34

**Sábado:** Os 6, 1-6/Sal 50, 3-4. 18-19. 20-21/Lc 18, 9-14

**Domingo siguiente:** 1 Sm 16, 1. 6-7. 10-13/Sal 22, 1-3. 3-4. 5. 6/Ef 5, 8-14/Jn 9, 1-41 o 9, 1. 6-9. 13-17. 34-38

Consulte el resto del boletín  
para obtener más información  
parroquial.

### SEGUNDA COLECTA LATAS Y MONEDAS 7 y 8 de Marzo

**Este fin de semana** de semana realizaremos nuestra Colecta Mensual de Latas y Monedas. Todo dinero colectado (cheques a nombre de Blessed Sacrament) será asignado al muy necesitado fondo para la **Renovación del Techo de la Iglesia, Paredes y Ventanas.**

Puede usar los sobres **Dorados** o un sobre genérico. Por favor anote en el sobre y marque **Reparación del Techo de la Parroquia.**

Toda comida no peresedera y artículos de higiene personal se donará a **Casa de los Pobres en Tijuana** para ayudar a nuestros vecinos necesitados.

Por favor, lleven sus donaciones en bolsas al altar después de la ofrenda del pan y el vino. *Ya no tenemos bolsas de tela de la parroquia.*

**¡Gracias por su continuo apoyo!**



### Puede Seguir Donando a Cooperación Anual Católica

Esta campaña apoya a las escuelas católicas, la formación en la fe, Caridades Católicas y la formación y apoyo del clero. Use el folleto/sobre proporcionado para este fin de semana. Puede hacer una donación durante este tiempo o llevarse el folleto a casa y devolverlo más tarde o también puede hacer una donación en línea en: [sdccatholic.org/giving](http://sdccatholic.org/giving) y luego seleccionar **Annual Catholic Appeal.**

**Nuestra meta parroquial este año es de \$21,875.00.**

Todas las donaciones que superen nuestra meta se devolverán a nuestra parroquia. Por favor done generosamente! ¡Gracias por su apoyo!

**PRAYERS FOR OUR COMMUNITY**

DAILY PRAYER FOR PRIESTS	MASS INTENTIONS	Pray for the Sick & the Deceased of our Community
<p><b>SUNDAY, March 8</b> Rev. Christopher Merris</p> <p><b>MONDAY, March 9</b> Rev. Vincent Mesi, OFM</p> <p><b>TUESDAY, March 10</b> Rev. Msgr. Dennis Mikulanis</p> <p><b>WEDNESDAY, March 11</b> Rev. Joseph Miller, SVD</p> <p><b>THURSDAY, March 12</b> Rev. Brad Mills, SJ</p> <p><b>FRIDAY, March 13</b> Rev. Gwangho Min</p> <p><b>SATURDAY, March 14</b> Rev. Lauro Minimo</p> <p><b>Pray for Priests and Vocations</b> "Now we ask you to respect those who work hard among you...Hold them in the highest regard in love because of their work." <i>(1 Thess. 5:12, 13, NIV)</i></p>	<p><b>SATURDAY, March 7</b> 5:00 pm - Elizabeth Elrod - † - Kiki Trujillo - †</p> <p><b>SUNDAY, March 8</b> 8:30 am - Gerald Duffy - † - Blessed Sacrament Parishioners</p> <p>10:30 am -</p> <p>4:00 pm - For health of Patricia Tapia Sanchez</p> <p><b>MONDAY, March 9</b> 8:00 am - Luca Albers - †</p> <p><b>TUESDAY, March 10</b> 8:00 am -</p> <p><b>WEDNESDAY, March 11</b> 8:00 am -</p> <p><b>THURSDAY, March 12</b> 8:00 am - DaMinh &amp; Anna Hoang - † - Andrea &amp; Maria Vu - †</p> <p><b>FRIDAY, March 13</b> 8:00 am -</p> <p><b>SATURDAY, March 14</b> 5:00 pm - For the birthday of Michael Yin, Jr. - For healing of Carla Bacco - For Andra Anderson's continued healing - George Laphorne - †</p>	<p><b><u>SICK</u></b></p> <p>Maurico Chavez Ofelia Sosa Laurie Aranda Cora Anderson Yuvathano Yin-Paing Olivia Solomon Billy Quyen Van Pham Patrick Conaty Vern Boyce Angelica C. Esparza Bill Condit Deacon Herb Kelsey Tim Parker Joe Newton Kathie Watkins Patricia Brady Patricia Cadava My Thi Kieu Pham</p> <p><b><u>DECEASED</u></b></p>

**Invitation to Bring Up the Gifts During Mass**



We like to invite single people, couples or families the opportunity to bring up the gifts of bread and wine during the weekend masses. If you would like to present the gifts please write your name (s) on the **Sign-Up Sheets** posted by the church side middle door table. All are welcome to participate in the presentation of the gifts!

**Please Notify the Ushers!**

**VELADORAS - DE 6 DIAS**  
**\$5.00 cada una**

Debido al aumento de precios, el precio de las velas de 6 días se ha ajustado a \$5.00.

Gracias por su comprensión.  
**(Por favor, devuélva el recipiente de vidrio, lo reciclamos)**



**QUESTIONS OF THE WEEK - INVITE PARISHIONERS TO REFLECT AND RESPOND TO SCRIPTURE**

**1st Reading Question**  
God answers Moses' prayer of petition to give the Israelites water to drink before they die of thirst in the desert. What would you like to ask from the Lord in the upcoming week?

**2nd Reading Question**  
Paul tells the Romans to have hope because the Holy Spirit pours the love of God into our hearts. What are you hoping for this Lent?

**Gospel Question**  
The Samaritan woman eventually comes to believe in Jesus as the Messiah and savior of the world. What convinces you that Jesus is your Lord and Savior?

©LPI

*Pray for the Sick* 

**Our list of seriously ill parishioners gets long**

To continue to keep a person's name on the sick list you must contact the parish office the first of each month otherwise the name will be removed.

We must also have the sick person or the family's permission to publish a name on our list. We appreciate your cooperation and understanding.

**Our Parish Bulletins are Paid for by our Advertisers. Say Thank You by Supporting them with your business!**



**BLESSED SACRAMENT PARISH ONLINE GIVING**

You create a profile and can start, modify, set-up recurring or one time donation directly from your checking, savings, credit or debit card accounts at YOUR convenience (24/7).

All information is kept confidential.

Questions call the parish office at 619-582-5722 or email Susan Orelli at

[bspbookkeeper@blessedsacrament-sandiego.org](mailto:bspbookkeeper@blessedsacrament-sandiego.org).

**BLESSED SACRAMENT 2025 TAX DONATION LETTERS**

Tax donation letters are provided by request. *Your tax donation letter will be emailed to you.*

Please email: [bspbookkeeper@blessedsacrament-sandiego.org](mailto:bspbookkeeper@blessedsacrament-sandiego.org) to receive a copy of your 2025 tax letter.

You must be a registered parishioner for donations to be tracked.

**We Thank You for your Continued Support of your Parish!**

**CARTAS DE DONACIÓN DE IMPUESTOS 2025**

Las cartas de donación de impuestos no se distribuirán en masa.

Envíe un correo electrónico a [bspbookkeeper@blessedsacrament-sandiego.org](mailto:bspbookkeeper@blessedsacrament-sandiego.org)

Para recibir una copia de su carta de impuestos. Su carta de donación de impuestos le será enviada por correo electrónico. Debe ser un feligrés registrado para poder realizar un seguimiento de las donaciones.

**¡Le agradecemos su continuo apoyo a su Parroquia!**



**PARROQUIA DEL SANTÍSIMO SACRAMENTO DONACIONES EN LÍNEA**

Puede crear un perfil y comenzar, modificar o programar donaciones recurrentes o únicas directamente desde su cuenta corriente, de ahorros, tarjeta de crédito o débito, cuando le resulte más conveniente (las 24 horas del día, los 7 días de la semana). Toda la información se mantiene confidencial.

Si tiene preguntas, llame a la oficina parroquial al 619-582-5722 o envíe un correo electrónico a Susan Orelli a

[bspbookkeeper@blessedsacrament-sandiego.org](mailto:bspbookkeeper@blessedsacrament-sandiego.org).

**Clothing Donations for the Homeless**

Do you have clean, gently used clothing and would like to donate them to the downtown homeless.

Please call Annemarie at (619) 993-4019.

She will arrange to pick up your donations. Thank You!



**DIocese OF SAN DIEGO**

As previously announced by the Diocese in 2022, at the conclusion of a three-year visitation, the Apostolic See (*specifically the then-Congregation for Institutes of Consecrated Life and Societies of Apostolic Life*) by means of a Decree dated 13 May 2022 and approved in forma specifica by Pope Francis, suppressed the religious institute formerly known as the Trinitarians of Mary. With this suppression, the former members of the Trinitarians were automatically dispensed from their vows and are no longer permitted to present themselves as religious. There is no right of appeal, and the Trinitarians have ceased to exist as a religious institute recognized by the Catholic Church.



**DIÓCESIS DE SAN DIEGO**

Tal como fue anunciado previamente por la Diócesis en 2022, al concluir una visita canónica de tres años, la Sede Apostólica (*específicamente la entonces Congregación para los Institutos de Vida Consagrada y las Sociedades de Vida Apostólica*), mediante un Decreto fechado el 13 de mayo de 2022 y aprobado en forma specifica por el Papa Francisco, suprimió el instituto religioso anteriormente conocido como las Trinitarias de María. Con esta supresión, las antiguas miembros de las Trinitarias quedaron automáticamente dispensadas de sus votos y ya no están autorizadas a presentarse como religiosas. No existe derecho de apelación, y las Trinitarias han dejado de existir como instituto religioso reconocido por la Iglesia Católica.

3rd SUNDAY OF LENT



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