

May 17, 2026



7th SUNDAY OF EASTER

Jesus raised his eyes to heaven and said, "Father, the hour has come. Give glory to your son, so that your son may glorify you." - Jn 17:1

7^o DOMINGO DE PASCUA

Jesús levantó los ojos al cielo y dijo: "Padre, ha llegado la hora. Glorifica a tu Hijo, para que tu Hijo también te glorifique". - Jn 17, 1

Excerpts from the Lectionary for Mass © 2001, 1998, 1970 CCD. | Leccionario I © 1976 Comisión Episcopal de Pastoral Litúrgica de la Conferencia del Episcopado Mexicano. © LPI

GOSPEL MEDITATION John 17:1-11a

Not long after my brother's first child was born, a beautiful little girl named Mary Elise, I asked him what it was like. Was he nervous? Overwhelmed? He said, "When I first held her, I was in such shock. I think I just said, 'I am your dad.'" That moment marked a deep transformation for him. He was not just holding a baby; he was stepping into a new identity. Over the years, I have seen him live his fatherhood with quiet sacrifice, joy, and faithfulness. It started with that moment of truth.

This, I propose, is a glimpse of what Jesus means when he prays, "**Consecrate them in the truth.**" (John 17:17) To be consecrated is to be set apart in love, not taken out of the world. Consecration sends us into it with a new identity, always one that binds us to him and to others in love. Our bond to Jesus and others is the deep truth that he continually renews.

Whenever we speak deep truths about ourselves, we experience this renewal: "I have sinned;" "I need help;" "I forgive you;" "I take you as my husband;" "I believe in one God..." Whether in confession, in the liturgy, or in a recovery group, truth heals and transforms.

And the deepest truth of all? That we belong to the Risen and Ascended Christ. Our lives are no longer just ours. We are his and he is ours.

Name one truth you need to step into more deeply, about yourself, someone else, or God. Maybe put it on a note on your mirror. Let that truth consecrate you this week.

— *Father John Muir*

Bulletin is on the Parish Website at www.blessedsacrament-sandiego.org

Blessed Sacrament Catholic Church

4540 El Cerrito Drive
San Diego, CA 92115

Website:

www.blessedsacrament-sandiego.org

Parish E-Mail:

info@blessedsacrament-sandiego.org

Phone: 619-582-5722

Clergy:

Pastor: Fr. Danh Pham, SVD

In Residence: Fr. Raymundus Wea, SVD

Retired Deacon: Tony Albers

Retired Deacon: Herb Kelsey



MASS SCHEDULE

Saturday

English 5:00PM (Vigil)

Sunday

English 8:30AM & 10:30AM

Español 4:00PM

Weekdays

Monday - Friday: 8:00AM English

Holy Days & Special Services:

See the parish bulletin

RECONCILIATION:

Saturday 4:00PM - 4:45PM

Devotion to Our Mother of Perpetual Help

Tuesdays directly following
the 8:00am Mass

Adoration of the Blessed Sacrament

1st Friday of the month
following the 8:00am Mass until 9:00am

Parish Information & Resources

Parish ID# for United Way Contributions is 9753



**GET INVOLVED AND
MAKE A DIFFERENCE**

PRAYER GROUP MEETINGS

**Encuentros de Conversión
Catolica**

Se reúne los Martes
de 6:30pm a 9:00pm

INFO: Roberto Reyes 619-453-3003

PARISH OFFICE HOURS

HORAS DE OFICINA

Monday/Lunes:

12:30pm - 4:30pm

Tuesday thru Friday

Martes a Viernes

8:30am - 4:30pm

PARISH OFFICE

619-582-5722

info@blessedsacrament-sandiego.org

Administrative Staff

Jeanine Yin, ext. 100
Administrative Assistant

Maria Tello, ext. 129
Office Assistant - Se habla español

Susan Orelli - *Bookkeeper*
bspbookkeeper@blessedsacrament-sandiego.org

REGISTRARSE EN LA OFICINA

Si aún no está registrado en la parroquia, comuníquese con la oficina parroquial.

Incluso si viven en el mismo hogar y son familias separadas, deben registrar a su familia por separado.

Si es mayor de 18 años y vive con sus padres, es soltero o tiene su propia familia, también debe registrarse por separado.

BIENVENIDO

Le invitamos a registrarse para ser un miembro y damos la bienvenida a nuevos miembros

¡Comprométase con Blessed Sacrament!
info@blessedsacrament-sandiego.org

SACRAMENTS

Marriage Information:

619-582-5722

Those wishing to be married must contact the priest at least 9 months before the marriage date.

Baptism Information:

Parish Office: 619-582-5722

Baptism Classes are now available on the 1st Monday of the month in English & 3rd Thursday of the month in Spanish.

Please call the Parish Office for additional information.

Faith Formation:

Paul A. Lopez, ext. 124

Faith Formation Coordinator habla Español

Info: faithform@blessedsacrament-sandiego.org

First Communion, Confirmation, & Order of Christian Initiation for Adults (OCIA)

Anointing of the Sick:

Contact Parish Office: 619-582-5722

Funeral Arrangements:

Contact Parish Office: 619-582-5722



Welcome New Members

Make a Commitment to your Church.
Join our faith community!

Registration forms are available at the Parish Office. Call (619) 582-5722 or Email the parish office at info@blessedsacrament-sandiego.org

MINISTRIES

Altar Servers

Contact Parish Office
619-582-5722

Eucharistic Ministers

Ed Snyder 619-865-9398

Lectors

Sheila Kennedy 858-699-2529

Ushers

Parish Office 619-582-5722

Adoration Chapel

Parish Office 619-582-5722

OTHER MINISTRIES

Cares for Kids

Teresa Markey 619-582-2141

Culture of Life

Margie Morrison 619-582-8651

Knights of Columbus

*Join the Blessed Sacrament
Knights of Columbus*

*Men of the parish are invited
to become members.*

*Meetings are now on the
3rd Sunday of the month in the
Parish Hall at 10:00am*

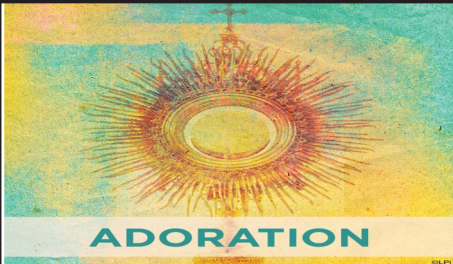
Come to a meeting to learn more or contact Bruce O'Dell 619-280-3226

Blessed Sacrament Auxiliary
open to all Parishioners 18 years & older

Meetings are on the **2nd Thursday** of the month in the Parish Hall
Social Gathering 6:00pm &
Meeting 6:30pm - 8pm

President: Cathie Senoff
(619) 952-1036

PRAYERS & PARISH COMMUNITY ANNOUNCEMENTS



ADORATION

For those who are using the Adoration Chapel, for security reasons we will be changing the entrance code as of April 17.

Please come into the parish office to receive the new code.

You must be a registered parishioner.

7TH SUNDAY OF EASTER



If you are not yet registered with the parish, please contact the parish office.

Even if you live in the same household and are separate families, you must register your family separately.

If you are over 18 and living with your parents, are single, or have your own family, you must also register separately.

FIRST COMMUNION

This Sunday, May 17
at the 10:30am
and
4:00pm Mass



Join us in celebration and in *Congratulating Our Students* who will be receiving their **First Communion**.



CONFIRMATION

Sunday, May 24
at 10:30am Mass

All are welcome to join us for the **Confirmation of our teens** who will be fully initiated into the Church with **Auxiliary Bishop Felipe Pulido**.

Blessing for Communications

Dear Jesus,
On this World Communications Day, bless each of us as we correspond, whether by conversation, email, text, post, letter, or phone. May our words bring peace, comfort, healing, promise, joy, and love. May we bring your blessing wherever we go. Amen.

Blessed Sacrament Financial Donations 2026

To keep our parish functioning we need your help. Please continue to give your donations at Mass, by mail or go to our website and give online.

www.blessedsacrament-sandiego.org

Click the **Giving** tab

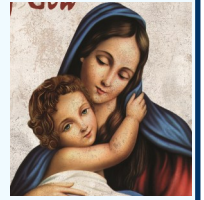
Collection Amounts for:

May 9 - 10: \$ 3595.50

April Online Giving: \$5,917.30

Thank you for your continued support!

Mother's Day Novena May 10 - May 18



We include all our Mothers in our 9 day Novena of Masses beginning on Mother's Day. (May 19)

Do something special by giving a gift of a novena for the special women in your life.

Please turn in your Mother's Novena envelope with the names of the women you wish to include in our prayers. Your envelopes will be placed on the altar.

Envelopes are in your envelope packet and extra envelopes are available at the church doors.



Join us for Sunday Morning Hospitality

in the Parish Hall following the 8:30am and 10:30am Masses.

This Sunday in the Parish Hall following the 8:30am and 10:30am Masses, our **Knights of Columbus** will be our hosts.

They will be selling their **Meatball & Sausage Sandwiches, Donuts, Coffee & Punch**.

Everyone is Welcome!

Join your faith community for social time and fellowship.

Sunday Hospitality Hosts

1st week: Blessed Sacrament Auxiliary

2nd week: Hispanic Community

3rd week: Knights of Columbus

4th week: Hispanic Community

5th week: Cares for Kids

Thank you to all our hosts!

PRAYERS & PARISH COMMUNITY ANNOUNCEMENTS



May 24, 2026 - PENTECOST SUNDAY Multicultural Potluck Luncheon

After all Sunday morning Masses in the Parish Hall

Join your Faith Community for a Potluck Luncheon in sharing your wonderful traditions of food & heritage.

We invite everyone to bring a favorite dish to share, especially something from your home country to celebrate the rich diversity of our parish through food, fellowship, and fun!

Optional but encouraged:

Traditional or national dress, and/or decorations that represent your ancestry.

All are welcome to participate!

To reserve a table for serving your food and displaying your decorations call or text: Cathie Senoff (619)-952-1036 or Therese Riis (619) 987-1265



You Can Still Give to the Annual Catholic Appeal

This appeal supports Catholic Schools, Faith Formation, Catholic Charities, Clergy Formation and Support.

You can use the special brochure/envelope available to make a pledge or donate. You can also donate online at:

sdcatholic.org/giving then select "Annual Catholic Appeal."

Our parish goal this year is \$21,875.00.

We have Not reached our goal yet.

All donations over our goal will be returned to our parish.

Please continue to give generously!
Thank you for your support!

SUNDAY'S READINGS

First Reading: When they entered the city they went to the upper room where they were staying. (Acts 1:13)

Psalm: I believe that I shall see the good things of the Lord in the land of the living. (Ps 27)

Second Reading: If you are insulted for the name of Christ, blessed are you, for the Spirit of glory and of God rests upon you. (1 Pt 4:14)

Gospel: Jesus raised his eyes to heaven and said, "Father, the hour has come. Give glory to your son, so that your son may glorify you, just as you gave him authority over all people, so that your son may give eternal life to all you gave him." (Jn 17:1-2)

SAVE THE DATE June 13 -14 2026



MILLION MEALS EVENT

The Deacons of the San Diego Diocese are once again sponsoring the **Million Meals Event** this June and need volunteers to pack millions of nutritious meal packs to feed needy families. You can help by volunteering to setup, cleanup and/or meal packing.

For more info go to the website:
<https://ccdspd.org/million-meals-event/>



Church Roof, Windows and Walls Repairs

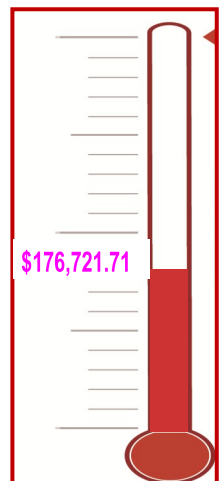
As of **March 31, 2026**

we have received donations of **\$176,721.71** for the Church, Roof, Windows, & Walls Repairs.

Our GOAL is **\$500,000**

We have a long way to go!

You can give your donation any time, just make sure you designate it for Church Repairs.



READINGS FOR THE WEEK

Sunday: Acts 1:1-11/Ps 47: 2-3, 6-7, 8-9/Eph 1:17-23/Mt 28:16-20

Monday: Acts 19:1-8/Ps 68:2-3ab, 4-5acd, 6-7ab/Jn 16:29-33

Tuesday: Acts 20:17-27/Ps 68:10-11, 20-21/Jn 17:1-11a

Wednesday: Acts 20:28-38/ Ps 68:29-30, 33-35a, 35bc-36ab/Jn 17:11b-19

Thursday: Acts 22:30; 23:6-11/Ps 16:1-2a and 5, 7-8, 9-10, 11/Jn 17:20-26

Friday: Acts 25:13b-21/Ps 103:1-2, 11-12, 19-20ab/Jn 21:15-19

Saturday: Acts 28:16-20, 30-31/Ps 11:4, 5 and 7/Jn 21:20-25

Next Sunday: Vigil: Gn 11:1-9 or Ex 19:3-8a, 16-20b or Ez 37:1-14 or Jl 3:1-5/Ps 104:1-2, 24 and 35, 27-28, 29b-30/Rom 8:22-27/Jn 7:37-39 or, for the **Extended Vigil:** Gn 11:1-9/Ex 19:3-8a, 16-20b/Ez 37:1-14/Jl 3:1-5/Rom 8:22-27/Jn 7:37-39 (see Lectionary for Mass Supplement, 62) **Day:** Acts 2:1-11/Ps 104:1 and 24, 29-30, 31 and 34/1 Cor 12:3b-7, 12-13/Jn 20:19-23

ANUNCIOS DE LA COMUNIDAD PARROQUIAL

PRIMERA COMUNIÓN

Este Domingo, 17 de Mayo

en la Misa de 10:30am

y

la Misa de 4:00pm

Venga y acompañe para celebrar y felicitar a nuestros estudiantes que recibirán su Primera Comunión.



24 de Mayo 2026 - DOMINGO DE PENTECOSTÉS Almuerzo Compartido Cultural

Después de las Misas de la mañana en el Salón Parroquial

Venga y acompañe a su comunidad de Fé compartiendo Su platillo favorito de su país de origen o tradición cultural.

Los invitamos también a que vistam y luzcan sus vestuarios igualmente decoraciones representando su cultura

¡Celebremos la rica diversidad de nuestra Parroquia a través de la comida, convivio y la diversion!

La participación de todos sería Genial!

Para reservar una mesa, servir sus platillos y exhibir sus decoraciones, comuníquese con: Cathie Senoff (619)-952-1036 o Therese Riis (619) 987-1265



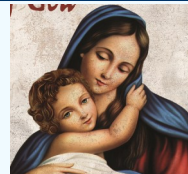
CONFIRMACIÓN

Domingo, 24 de Mayo

Misa de las 10:30am

Todo están invitados a la Confirmación de nuestros jóvenes, quienes serán plenamente iniciados en la Iglesia con el Obispo Auxiliar Felipe Pulido.

Novena para Las Madres Empieza el Domingo 10 de Mayo Día de Las Madres



Incluimos a todas nuestras Madres en nuestra Novena de Misas de 9 días a partir del Día de Las Madres.

Haga algo especial regalando una novena para las mujeres especiales en su vida.

Por favor entregue el sobre de la Novena de Las Madres con los nombres de las mujeres que desee incluir en nuestras oraciones. Sus sobres serán colocados en el altar.

Habrá sobres adicionales disponibles en las puertas de la Iglesia.

LAS LECTURAS DE LA SEMANA

Domingo: Hch 1, 1-11/Sal 46, 2-3. 6-7. 8-9/Ef 1, 17-23/Mt 28, 16-20

Lunes: Hch 19, 1-8/Sal 67, 2-3. 4-5. 6-7/Jn 16, 29-33

Martes: Hch 20, 17-27/Sal 67, 10-11. 20-21/Jn 17, 1-11

Miércoles: Hch 20, 28-38/ Sal 67, 29-30. 33-35. 35-36/Jn 17, 11-19

Jueves: Hch 22, 30; 23, 6-11/Sal 15, 1-2 y 5. 7-8. 9-10. 11/Jn 17, 20-26

Viernes: Hch 25, 13b-21/Sal 102, 1-2. 11-12. 19-20/Jn 21, 15-19

Sábado: Hch 28, 16-20. 30-31/Sal 10, 4. 5 y 7/Jn 21, 20-25

Domingo siguiente: Vigilia: Gn 11, 1-9 o Ex 19, 3-8. 16-20 o Ez 37, 1-14 o Jl 3, 1-5/Sal 103, 1-2. 24. 35. 27-28. 29. 30 (ver 30)/Rom 8, 22-27/Jn 7, 37-39 **Vigilia Extensa:** Gn 11, 1-9/Ex 19, 3-8. 16-20/Ez 37, 1-14/Jl 3, 1-5/Sal 103, 1-2. 24. 35. 27-28. 29. 30 (ver 30)/Rom 8, 22-27/Jn 7, 37-39 **Día:** Hch 2, 1-11/Sal 103, 1. 24. 29-30. 31. 34/1 Co 12, 3-7. 12-13/Jn 20, 19-23

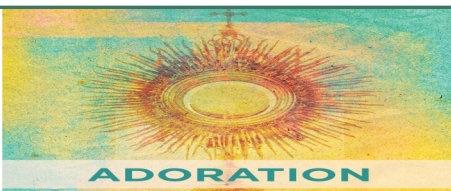
Bendición

Para las Comunicaciones

Querido Jesús,

En este Día Mundial de las Comunicaciones, bendice a cada uno de nosotros mientras nos comunicamos, ya sea por conversación, correo electrónico, mensaje de texto, correo, carta o teléfono. Que nuestras palabras traigan paz, consuelo, sanación, promesa, alegría y amor. Que llevemos tu bendición dondequiera que vayamos.

Amén.



Para quienes utilizan la Capilla de Adoración, por motivos de seguridad, cambiaremos el código de acceso a partir del 17 de abril. Por favor, acérquese a la oficina parroquial para recibir el nuevo código. **Debes ser un feligrés registrado**

CATHOLIC TRIVIA

Question: Before the Gospel is proclaimed at Mass, Catholics make small signs of the cross over which body parts?

Answer: On their forehead, lips, and chest (near their heart).

TRIVIA CATÓLICA

Pregunta: Antes de que se proclame el Evangelio en la misa, ¿los católicos hacen pequeñas señales de la cruz sobre qué partes del cuerpo?

Respuesta: En la frente, los labios y el pecho (cerca del corazón).

PRAYERS FOR OUR COMMUNITY

DAILY PRAYER FOR PRIESTS

SUNDAY, May 17
Rev. Miguel Romero-Mozo, MSP

MONDAY, May 18
Rev. William Rowland, CJM

TUESDAY, May 19
Rev. Eddie Ruiz

WEDNESDAY, May 20
Rev. Czeslaw Rybacki, SChr

THURSDAY, May 21
Rev. Gary Rye, OSA

FRIDAY, May 22
Rev. James Sabak, OFM

SATURDAY, May 23
Rev. Eduardo Samaniego, SJ

Pray for Priests and Vocations
"Now we ask you to respect those who work hard among you...Hold them in the highest regard in love because of their work."
(1 Thess. 5:12, 13, NIV)

MASS INTENTIONS

SATURDAY, May 16
5:00 pm - Mother's Novena

SUNDAY, May 17
8:30 am - Lucille Parker - †
- Blessed Sacrament Parishioners
10:30 am - Mother's Novena
4:00 pm -

MONDAY, May 18
8:00 am - Mother's Novena

TUESDAY, May 19
8:00 am -

WEDNESDAY, May 20
8:00 am -

THURSDAY, May 21
8:00am -

FRIDAY, May 22
8:00am -

SATURDAY, May 23
5:00 pm - Nancy Gulizia's convert anniversary

Pray for the Sick & the Deceased of our Community

SICK

Jim Dierker
Melinda Nims
Teresa Souto
Pat Luebbers
Lourdes Carrasco
Salome Carrasco Reyes
Maurico Chavez
Ofelia Sosa
Laurie Aranda
Cora Anderson
Yuvathano Yin-Paing
Olivia Solomon
Billy Quyen Van Pham
Patrick Conaty
Vern Boyce
Angelica C. Esparza
Bill Condit
Deacon Herb Kelsey
Tim Parker
Joe Newton
Kathie Watkins
Patricia Brady
Patricia Cadava
My Thi Kieu Pham

DECEASED

Margo Toles

INSPIRATION FOR THE WEEK
Eternal life, Jesus tells us, is about knowing God. It's not about power or accomplishment. It's not earned or won. It's not a prize, and it's certainly not a finish line. It's a relationship — one that is ours to begin. How will we know God this week?

INSPIRACIÓN DE LA SEMANA
La vida eterna, nos dice Jesús, consiste en conocer a Dios. No se trata de poder ni de logros. No se gana ni se merece. No es un premio, y desde luego no es una línea de meta. Es una relación — una que es nuestra para empezar. ¿Cómo conoceremos a Dios esta semana?

Invitation to Bring Up the Gifts During Mass



We like to invite single people, couples or families the opportunity to bring up the gifts of bread and wine during the weekend masses. If you would like to present the gifts please write your name (s) on the **Sign-Up Sheets** posted by the church side middle door table. All are welcome to participate in the presentation of the gifts!

Please Notify the Ushers!



Pray for the Sick

Our list of seriously ill parishioners gets long

To continue to keep a person's name on the sick list you must contact the parish office the first of each month otherwise the name will be removed.

We must also have the sick person or the family's permission to publish a name on our list. We appreciate your cooperation and understanding.



PARROQUIA DEL SANTISIMO SACRAMENTO DONACIONES EN LINEA

Puede crear un perfil y comenzar, modificar o programar donaciones recurrentes o únicas directamente desde su cuenta corriente, de ahorros, tarjeta de crédito o débito, cuando le resulte más conveniente (las 24 horas del día, los 7 días de la semana). Toda la información se mantiene confidencial.

Si tiene preguntas, llame a la oficina parroquial al 619-582-5722 o envíe un correo electrónico a Susan Orelli a bspbookkeeper@blessedsacrament-sandiego.org.



BLESSED SACRAMENT PARISH ONLINE GIVING

You create a profile and can start, modify, set-up recurring or one time donation directly from your checking, savings, credit or debit card accounts at YOUR convenience (24/7).

All information is kept confidential.

Questions call the parish office at 619-582-5722 or email Susan Orelli at bspbookkeeper@blessedsacrament-sandiego.org.

Reportando Denuncias de Conducta Sexual Inapropiada:

La diócesis de San Diego trata con seriedad todas las denuncias de conducta sexual inapropiada por parte del clero o del personal de la Iglesia y la trata de manera rápida, confidencial y exhaustiva. Para denunciar conducta sexual inapropiada por parte del clero o del personal de la Iglesia, incluyendo el abuso, llame a Mary Acosta, Coordinadora de Asistencia a Víctimas, (858) 490-8353, envíe un correo electrónico a misconduct@sdcatholic.org, o visite www.safeinourdiocese.org. Las situaciones de abuso sexual reciente o en curso deben informarse a la policía.

Reporting Allegations of Sexual Misconduct

The diocese of San Diego treats all allegations of sexual misconduct by clergy or Church personnel seriously and deals with them in a prompt, confidential and thorough manner. To report sexual misconduct by clergy or Church personnel, including abuse, please call Mary Acosta, Victim Assistance Coordinator, (858) 490-8353, email misconduct@sdcatholic.org, or visit www.safeinourdiocese.org. Situations of recent or ongoing sexual abuse should be reported to local law enforcement.



Clothing Donations for the Homeless

Do you have clean, gently used clothing and would like to donate them to the downtown homeless. Please call Annemarie at (619) 993-4019. She will arrange to pick up your donations. Thank You!



EVENTO MILLIÓN DE COMIDAS 13 Y14 JUNIO DE 2026

Los Diáconos de la Diócesis de San Diego patrocinan una vez más el **EVENTO MILLÓN DE COMIDAS** este junio. En los últimos tres años, voluntarios han preparado millones de paquetes de comida nutritiva para alimentar a familias necesitadas.

Para mas información :

<https://ccdsd.org/million-meals-event/>

DIOCESE OF SAN DIEGO

As previously announced by the Diocese in 2022, at the conclusion of a three-year visitation, the Apostolic See (*specifically the then-Congregation for Institutes of Consecrated Life and Societies of Apostolic Life*) by means of a Decree dated 13 May 2022 and approved in forma specifica by Pope Francis, suppressed the religious institute formerly known as the Trinitarians of Mary. With this suppression, the former members of the Trinitarians were automatically dispensed from their vows and are no longer permitted to present themselves as religious. There is no right of appeal, and the Trinitarians have ceased to exist as a religious institute recognized by the Catholic Church.



DIÓCESIS DE SAN DIEGO

Tal como fue anunciado previamente por la Diócesis en 2022, al concluir una visita canónica de tres años, la Sede Apostólica *específicamente la entonces Congregación para los Institutos de Vida Consagrada y las sociedades de Vida Apostólica*, mediante un Decreto fechado el 13 de mayo de 2022 y aprobado en *forma specifica* por el Papa Francisco, uprimió el instituto religioso anteriormente conocido como las Trinitarias de María. Con esta supresión, las antiguas miembros de las Trinitarias quedaron automáticamente dispensadas de sus votos y ya no están autorizadas a presentarse como religiosas. No existe derecho de apelación, y las Trinitarias han dejado de existir como instituto religioso reconocido por la Iglesia Católica.



Alzheimer's | SAN DIEGO

¡Apoyo para usted y su familia!

858-492-4400
ALZSD.ORG/ESPANOL

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