



BLESSED SACRAMENT CATHOLIC CHURCH

www.blessedsacrament-sandiego.org

AUGUST 16, 2026

19TH SUNDAY IN ORDINARY TIME

Welcome!

MASS SCHEDULE

Weekend Masses

Saturday 5:00pm Vigil (English)
Sunday 8:30am, 10:30am (English)
Sunday 4:00pm (Español)

Weekday Masses

Monday 8:00am (English)
Tuesday 8:00am (English)
Wednesday 8:00am (English)
Thursday 8:00am (English)
Friday 8:00am (English)

Confession

Saturday 4:00pm - 4:45pm

Blessed Sacrament Parish Office

4540 El Cerrito Drive
San Diego, CA 92115
619-582-5722

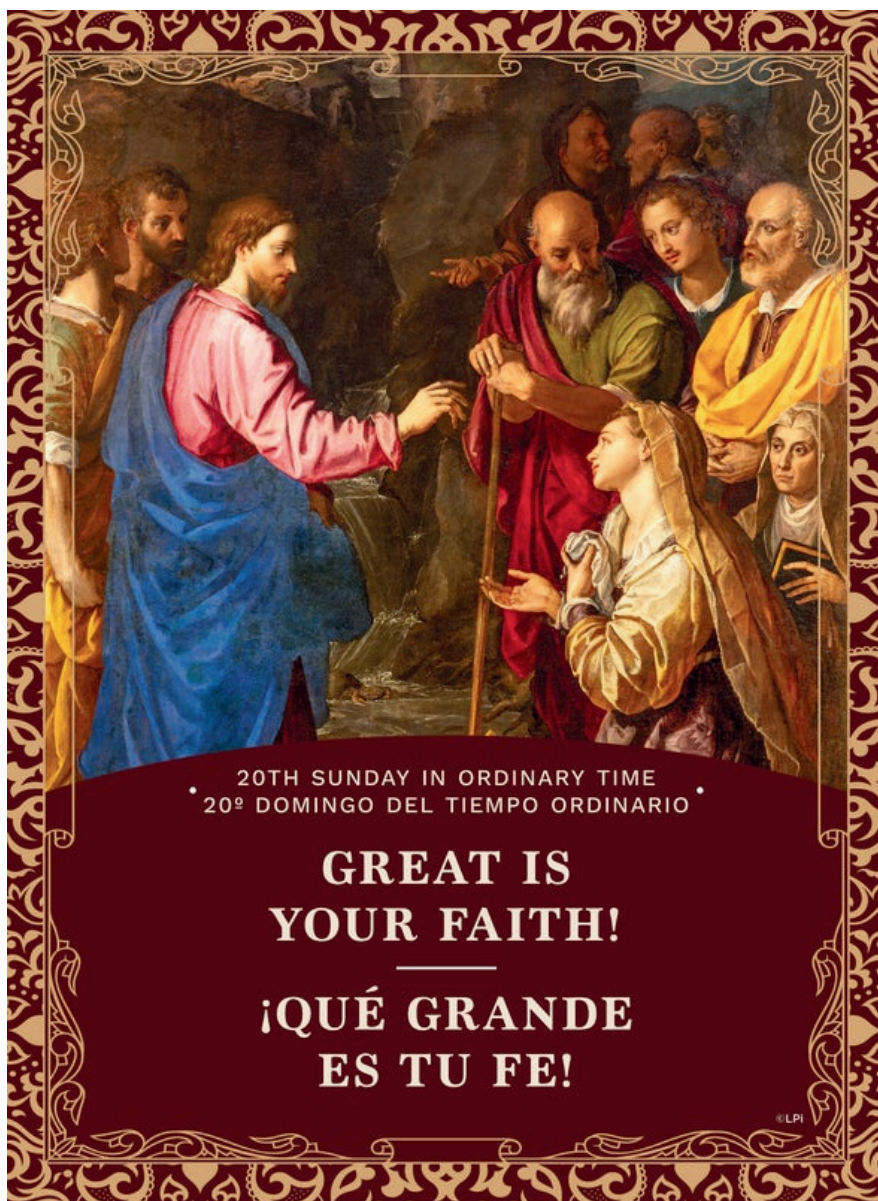
Hours: Monday/Lunes 12:30pm-4:30pm
Tuesday-Friday/Martes a Viernes
8:30am-4:30pm

Adoration of the Blessed Sacrament

First Friday of the month following the
8:00am Mass until 9:00am

Devotion to Our Mother of Perpetual Help

Tuesdays directly following the
8:00am Mass



Donate Online

Donating Online is easy!
Just aim your phone
camera at the QR Code
and follow the link.
Thank You!



Donación en Línea

Solo escanea el
código QR y siga
el enlace.
Gracias!

PARISH CLERGY

Pastor

Fr. Vinh Daniel Nguyen, SVD

In Residence

Fr. Raymundus Wea, SVD

Retired Deacons

Tony Albers

Herbert Kelsey

PARISH OFFICE STAFF

Parish E-Mail:

info@blessedsacrament-sandiego.org

Jeanine Yin – (619) 582-5722

Maria Tello – (619) 582-5722

Se habla español

Susan Orelí – Bookkeeper

bspbookkeeper@blessedsacrament-sandiego.org

2026 FINANCIAL DONATIONS

August 8–August 9

Weekly Collection \$4,108.50

Donations can be made by mail or to our online website at:

www.blessedsacramentsandiego.org

July Online Giving.....\$6,103.30

Thank you for your continued generosity!

PRAYER GROUP MEETINGS

Encuentros de Conversión Católica

Se reúne los Martes de 6:30pm a 9:00pm

INFO: Daniel Gil 619-310-8840

Blessed Sacrament Auxiliary:

Open to all Parishioners 18 years & older

Meetings are on the 2nd Thursday of the month in the Parish Hall at 6:00pm.

President: Karen Arthur (619) 889-6425

SACRAMENTS

Marriage Information: 619-582-5722

Those wishing to be married must contact the priest at least 9 months before the marriage date.

Baptism Information: Parish Office: 619-582-5722

Baptism Classes are now available:

The 1st Monday of the month in English

3 Jueves de mes clases Prebaptismal en Español

Please call the Parish Office for more information.

Faith Formation: Paul A. Lopez, ext. 124

Faith Formation Coordinator habla Español

Info: faithform@blessedsacrament-sandiego.org

First Communion, Confirmation, & Order of Christian Initiation for Adults (OCIA)

Anointing of the Sick:

Contact Parish Office: 619-582-5722

Funeral Arrangements:

Contact Parish Office: 619-582-5722

MINISTRIES

Altar Servers

Parish Office 619-582-5722

Ushers

Parish Office 619-582-5722

Adoration Chapel

Parish Office 619-582-5722

Eucharistic Ministers

Ed Snyder 619-865-9398

Lectors

Sheila Kennedy 858-699-2529

Cares for Kids

Teresa Markey 619-582-2141

Culture of Life

Margie Morrison 619-582-8651

Sunday Hospitality Hosts

1st week: Blessed Sacrament Auxiliary

2nd week: Hispanic Community

3rd week: Knights of Columbus

4th week: Hispanic Community

5th week: Cares for Kids

Thank you to all our hosts!

Knights of Columbus:

Men of the parish are invited to become members.

Meetings are now on the 3rd Sunday of the month in the Parish Hall at 10:00am

Grand Knight: Bruce O'Dell 619-280-3226

Missionary Cooperation Plan Appeal (MCP)

Next Weekend - August 22 & 23
2nd Collection

We welcome Rev. Michael Van Lian, a priest of the Diocese of Hakha, Myanmar to talk to us on their appeal.

The Diocese of Hakha serves over 500,000 people living in the mountainous Chin State of Western Myanmar.

The ongoing civil war has brought immense suffering and 9 parishes have been completely destroyed.

This appeal is dedicated to giving children hope through education and basic care. Your prayers and generous support will help transform lives and bring Christ's love to the children of Hakha Diocese.

Please use the special yellow envelope and make your check payable to:
"Office for the Missions"

Extra envelopes are available by the church doors for those that like to plan ahead.

Please plan to give generously!

FAITH FORMATION REGISTRATION



Registration Has Begun

Registration for First Communion, Confirmation, and Order of Christian Initiation of Adults (OCIA).

Please contact Paul Lopez Faith Formation Coordinator in the parish office at 619-582-5722 ext. 124



Our Knights of Columbus Invites You to Their Ice Cream Social to "Welcome Fr. Daniel"

Sunday, August 16
in the Parish Hall after
8:30am & 10:30am Masses.

The Knights will also have their Meatball and Sausage Sandwiches, Coffee, & Punch

Come join in welcoming
Fr. Vinh Daniel Nguyen, SVD
as our pastor & to the parish!

Welcome New Members

Make a Commitment to your Church.
Join our faith community!

Registration forms are available at the Parish Office.

Call (619) 582-5722

or Email the parish office at

info@blessedsacrament-sandiego.org

WHISPERING WINDS PRESENTS

GATHER ON THE MOUNTAIN

FAITH • FRIENDS • NATURE

A midweek camp experience for ages 55+
centered on faith, connection, renewal, and fun.



SEPTEMBER 1-3
(Tuesday - Thursday)



WHISPERING WINDS CAMP

TWO WAYS TO ATTEND



OVERNIGHT EXPERIENCE

- Tuesday-Thursday
- All meals, lodging & activities
- Starting at **\$207**
- RV Camper option: **\$175**



DAY GUEST EXPERIENCE

- Wednesday only
- Transportation from San Diego
- Full day program
- Starting at **\$175**



Time with beloved
priests & deacons



Faith-filled talks
& reflection



Campfires, fellowship
& worship

FEATURED SPEAKERS

Fr. Gil Gentile

Fr. Jim Poulsen

Dcn. Chris & Lee Hulburt

Special Host: Msgr. Mark Campbell

REGISTER ONLINE
whisperingwinds.org/gotm



CALL TO REGISTER
(619) 464-1479

Pray for Priests and Vocations

"Now we ask you to respect those who work hard among you...Hold them in the highest regard in love because of their work."

SUNDAY, August 16

Rev. Burt Boudoin

MONDAY, August 17

Most Rev. Neal Buckon

TUESDAY, August 18

Rev. Evan Buish

WEDNESDAY, August 19

Rev. Sebastian Bukenya

THURSDAY, August 20

Rev. Scott Burnia

FRIDAY, August 21

Very Rev. Msgr. Steven Callahan

SATURDAY, August 22

Rev. Msgr. Mark Campbell

PLEASE PRAY FOR...

The Sick

Leann Trujillo	Vern Boyce
Teresa Souto	Bill Condit
Lourdes Carrasco	Tim Parker
Maurico Chávez	Joe Newton
Mia Chávez	Kathie Watkins
Ofelia Sosa	Patricia Brady
Laurie Aranda	Patricia Cadava
Cora Anderson	Angelica C. Esparza
Patrick Conaty	

PLEASE PRAY FOR...The Deceased

MASS INTENTIONS

SATURDAY, August 15

- 5:00 pm** – For Sandy, Zoe, and Makani to feel God's presence and comfort each day
 – James Stockfish – †
 – Blessed Sacrament Members living and deceased

SUNDAY, August 16

- 8:30 am** – Robert DeVisser – †
10:30 am – For Sandy, Zoe, and Makani to feel God's presence and comfort each day
 – Blessed Sacrament Parishioners
4:00 pm – Francisco Verduzco – †
 – Patricia Tapia Sanchez – †
 – Emiliano Duran & Leucadia Rojas – †

MONDAY, August 17

8:00 am –

TUESDAY, August 18

8:00 am –

WEDNESDAY, August 19

- 8:00 am** – For healing for Paul Gianola
 – For strength and comfort for the Gianola Family

THURSDAY, August 20

8:00 am – For Karen Mooney's Birthday

FRIDAY, August 21

8:00am –

SATURDAY, August 22

5:00 pm –

PRAYER – FOR EVERYDAY AND EVERYBODY

Prayer for Conversion in Our Communities

Dear God, Move in our community: Bring Your light to the darkness, Your justice to the oppressed, Your hope to those in despair, Your healing to those in pain. Work in us, Lord, and change our hearts, making us more loving, more merciful, and more compassionate. Amen.

Campaña de Ayuda para el Plan de Cooperación Misionera (PCM)
Próximo fin de semana: 22 y 23 de Agosto
Segunda Colecta

Recibimos con gusto al Reverendo Michael Van Lian, sacerdote de la Diócesis de Hakha, Myanmar, quien nos hablará sobre su campaña.

La Diócesis de Hakha atiende a más de 500,000 personas que viven en el montañoso estado de Chin, en el oeste de Myanmar.

La guerra civil en curso ha causado un inmenso sufrimiento y nueve parroquias han sido completamente destruidas. Esta campaña está dedicada a brindar esperanza a los niños a través de la educación y la atención básica.

Sus oraciones y su generoso apoyo ayudarán a transformar vidas y a llevar el amor de Cristo a los niños de la Diócesis de Hakha.

Por favor, utilice el sobre amarillo especial y haga su cheque a nombre de: Oficina de Misiones.

Hay sobres adicionales disponibles junto a las puertas de la iglesia para quienes deseen planificar con anticipación.

¡Les pedimos que hagan una generosa donación!

INSCRIPCIÓN PARA LA FORMACIÓN EN LA FE



Comienzan

Inscripciones para Primera Comunión, Confirmación y el Orden de Iniciación Cristiana para Adultos (OCIA).

Por favor, comuníquese con Paul Lopez, Coordinador de Formación en la oficina parroquial al 619-582-5722 ext. 124 para más información.



Nuestro Caballeros de Colón los invitan a su reunión con helado para darle la "Bienvenida al Padre Daniel"

Domingo, 16 de Agosto en el salón parroquial, después de las misas de las 8:30am y las 10:30am

Los Caballeros también ofrecerán sándwiches de albóndigas y salchichas, café y ponche.

¡Únanse a nosotros para darle la bienvenida al Padre Vinh Daniel Nguyen, SVD, como nuestro párroco!

LAS LECTURAS DE LA SEMANA

Domingo: Is 56, 1. 6-7/Sal 66, 2-3. 5. 6 y 8/Rom 11, 13-15. 29-32/Mt 15, 21-28

Lunes: Ez 24, 15-23/Dt 32, 18-19. 20. 21/Mt 19, 16-22

Martes: Ez 28, 1-10/Dt 32, 26-27. 27-28. 30. 35-36/Mt 19, 23-30

Miércoles: Ez 34, 1-11/Sal 22, 1-3. 3-4. 5. 6/Mt 20, 1-16

Jueves: Ez 36, 23-28/Sal 50, 12-13. 14-15. 18-19/Mt 22, 1-14

Viernes: Ez 37, 1-14/Sal 106, 2-3. 4-5. 6-7. 8-9/Mt 22, 34-40

Sábado: Ez 43, 1-7/Sal 84, 9 y 10. 11-12. 13-14/Mt 23, 1-12

Domingo siguiente: Is 22, 19-23/Sal 137, 1-2. 2-3. 6 y 8/Rom 11, 33-36/Mt 16, 13-20

REGISTRARSE EN LA OFICINA

Si aún no está registrado en la parroquia, comuníquese con la oficina parroquial.

Incluso si viven en el mismo hogar y son familias separadas, deben registrar a su familia por separado.

Si es mayor de 18 años y vive con sus padres, es soltero o tiene su propia familia, también debe registrarse por separado.

BIENVENIDO

Le invitamos a registrarse para ser un miembro y damos la bienvenida a nuevos miembros

¡Comprométase con Blessed Sacrament!

info@blessedsacrament-sandiego.org

GOSPEL MEDITATION – ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

Matthew 15:21-28

Does God ignore or act a bit rough with you? Jesus crosses the border into the pagan region of Tyre and Sidon, the territory long outside the covenant. There, a Canaanite woman calls out, "Have pity on me, Lord, Son of David." At first, he is silent. Then he rebuffs her. "It is not right to take the food of the children and throw it to the dogs." But the Church Fathers saw this not as an insult but as an initiation. Christ draws out of her heart a deeper faith.

She presses on. "Please, Lord, even the dogs eat the scraps that fall from the table of their masters." Jesus' silence and response solidify her humility and trust. She thus becomes a model for prayer for centuries of Christians. St. Augustine said she shows how sinners come to grace by moving from silence to humility to perseverance.

This woman is the Church. She is you and me. She is every soul who dares to cry out from the margins, who endures divine silence until it turns to compassion. When Jesus says, "O woman, great is your faith," it is the joyful cry of God discovering faith where the world least expects it. Even the smallest crumb of Your mercy, Lord, is enough to heal the soul. Do we have the courage to show faith like that?

— Father John Muir

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Readings for the Week

Sunday: Is 56:1, 6-7/Ps 67:2-3, 5, 6 and 8/Rom 11:13-15, 29-32/Mt 15:21-28

Monday: Ez 24:15-23/Dt 32:18-19, 20, 21/Mt 19:16-22

Tuesday: Ez 28:1-10/Dt 32:26-27ab, 27cd-28, 30, 35cd-36ab/Mt 19:23-30

Wednesday: Ez 34:1-11/Ps 23:1-3a, 3b-4, 5, 6/Mt 20:1-16

Thursday: Ez 36:23-28/Ps 51:12-13, 14-15, 18-19/Mt 22:1-14

Friday: Ez 37:1-14/Ps 107:2-3, 4-5, 6-7, 8-9/Mt 22:34-40

Saturday: Ez 43:1-7ab/Ps 85:9ab and 10, 11-12, 13-14/Mt 23:1-12

Next Sunday: Is 22:19-23/Ps 138:1-2a, 2b-3, 6 and 8/Rom 11:33-36/Mt 16:13-20



PREGUNTAS DE LA SEMANA

Pregunta de la 1ª lectura

El Señor revela a Isaías que desea una casa de oración para todos los pueblos. ¿Ves a tu comunidad de fe abierta a los forasteros?

Pregunta de la 2ª lectura

Pablo ve cómo Dios utilizó la incredulidad de Israel en Jesús como una oportunidad para extender su misericordia a los gentiles. ¿Alguna vez has mostrado misericordia a alguien de una manera inesperada?

Pregunta del Evangelio

La mujer cananea insiste con Jesús en sanar a su hija poseída por demonios, y así lo hace. ¿Cuándo te has sentido escuchado por Jesús?

QUESTIONS OF THE WEEK

1st Reading Question

The Lord reveals to Isaiah that He desires a house of prayer for all peoples. Do you see your faith community being open to outsiders?

2nd Reading Question

Paul sees how God used Israel's unbelief in Jesus as an opportunity to extend His mercy to the Gentiles. Have you ever shown mercy to someone in an unexpected way?

Gospel Question

The Canaanite woman is persistent with Jesus to heal her demon-possessed daughter, and so he does. When have you felt heard by Jesus?

YOU CAN STILL GIVE TO THE ANNUAL CATHOLIC APPEAL

Please use the special brochure/envelope available to make a pledge or donate. You can also donate online at:

sdcatholic.org/giving, then select "Annual Catholic Appeal."

Our parish goal this year is \$21,875.00. All donations over our goal will be returned to our parish.

Thank you for your support!

Clothing Donations for the Homeless

Do you have clean, gently used clothing and would like to donate them to the downtown homeless.

Please call Annemarie at
(619) 993-4019.

She will arrange to pick up your donations.
Thank You!

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CHURCH ROOF AND WALLS REPAIRS

Phase 2 and 3

Church windows have already been repaired in Phase 1

The expenses so far is \$140,133.00

As of July 31, 2026 we have received donations of \$194,772.71 for the Church, Roof, Windows, & Walls Repairs.

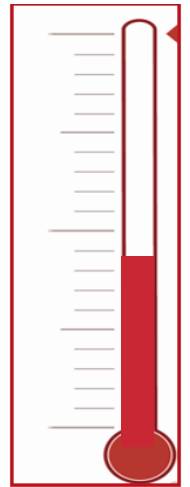
Our GOAL is \$500,000.00

We have a long way to go!

You can give your donation any time, just make sure you designate it for Church Repairs

Please use the GOLD ENVELOPE

Thank you for your continued support!



Nuestros boletines parroquiales son financiados por nuestros anunciantes. ¡Agradézcales apoyándolos con su compra!

Reportando Denuncias de Conducta Sexual Inapropiada

La diócesis de San Diego trata con seriedad todas las denuncias de conducta sexual inapropiada por parte del clero o del personal de la Iglesia y la trata de manera rápida, confidencial y exhaustiva. Para denunciar conducta sexual inapropiada por parte del clero o del personal de la Iglesia, incluyendo el abuso, llame a Mary Acosta, Coordinadora de Asistencia a Víctimas, (858) 490-8353, envíe un correo electrónico a misconduct@sdccatholic.org, o visite www.safeinourdiocese.org.

Las situaciones de abuso sexual reciente o en curso deben informarse a la policía.

Reporting Allegations of Sexual Misconduct

The diocese of San Diego treats all allegations of sexual misconduct by clergy or Church personnel seriously and deals with them in a prompt, confidential and thorough manner. To report sexual misconduct by clergy or Church personnel, including abuse, please call Mary Acosta, Victim Assistance Coordinator, (858) 490-8353, email misconduct@sdccatholic.org, or visit www.safeinourdiocese.org.

Situations of recent or ongoing sexual abuse should be reported to local law enforcement.



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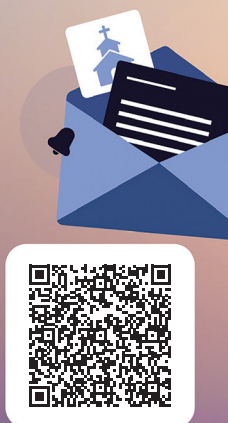


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