



BLESSED SACRAMENT CATHOLIC CHURCH

www.blessedsacrament-sandiego.org

OCTOBER 25, 2026

30TH SUNDAY IN ORDINARY TIME

Welcome!

MASS SCHEDULE

Weekend Masses

Saturday 5:00pm Vigil (English)
Sunday 8:30am, 10:30am (English)
Sunday 4:00pm (Español)

Weekday Masses

Monday 8:00am (English)
Tuesday 8:00am (English)
Wednesday 8:00am (English)
Thursday 8:00am (English)
Friday 8:00am (English)

Confession

Saturday 4:00pm - 4:45pm

Blessed Sacrament Parish Office

4540 El Cerrito Drive
San Diego, CA 92115
619-582-5722

Hours:

Monday/Lunes 12:30pm-4:30pm
Tuesday-Friday 8:30am-4:30pm
Martes a Viernes 8:30am-4:30pm

Adoration of the Blessed Sacrament

First Friday of the month following the
8:00am Mass until 9:00am

Devotion to Our Mother of Perpetual Help

Tuesdays directly following the
8:00am Mass



Donate Online

Donating Online is easy!
Just aim your phone
camera at the QR Code
and follow the link.
Thank You!



Donación en Línea

Solo escanea el
código QR y siga
el enlace.
Gracias!

PARISH CLERGY

Pastor

Fr. Vinh Daniel Nguyen, SVD

In Residence

Fr. Raymundus Wea, SVD

Retired Deacons

Tony Albers

Herbert Kelsey

PARISH OFFICE

619-582-5722

info@blessedsacrament-sandiego.org

Jeanine Yin - *Administrative Assistant*

Maria Tello - *Office Assistant*

Se habla español

Susan Orelli - *Bookkeeper*

bspbookkeeper@blessedsacrament-sandiego.org

2026 FINANCIAL DONATIONS

October

Weekly Collection

October 17 - 18..... \$4,589.00

Donations can be made by mail or to our online website at:

www.blessedsacramentsandiego.org

September Online Giving.....\$6,574.30

Thank you for your continued generosity!

PRAYER GROUP MEETINGS

Encuentros de Conversión Católica

Se reúne los Martes de 6:30pm a 9:00pm

INFO: Daniel Gil 619-310-8840

SACRAMENTS

Marriage Information: 619-582-5722

Those wishing to be married must contact the priest at least 9 months before the marriage date.

Baptism Information: Parish Office: 619-582-5722

Baptism Classes are now available:

The 1st Monday of the month in English
3 Jueves de mes clases Prebaptismal en Español
Please call the Parish Office for more information.

Faith Formation: Paul A. Lopez, ext. 124

Faith Formation Coordinator; habla Español

Info: faithform@blessedsacrament-sandiego.org

First Communion, Confirmation, and Order of Christian Initiation for Adults (OCIA)

Anointing of the Sick:

Contact Parish Office: 619-582-5722

Funeral Arrangements:

Contact Parish Office: 619-582-5722

MINISTRIES

Altar Servers

Parish Office 619-582-5722

Ushers

Mitch Dornfeld 619-300-5407

Adoration Chapel

Parish Office 619-582-5722

Eucharistic Ministers

Ed Snyder 619-865-9398

Lectors

Sheila Kennedy 858-699-2529

Cares for Kids

Teresa Markey 619-582-2141

Culture of Life

Margie Morrison 619-582-8651

Sunday Hospitality Hosts

1st week: Blessed Sacrament Auxiliary

2nd week: Hispanic Community

3rd week: Knights of Columbus

4th week: Hispanic Community

5th week: Cares for Kids

Thank you to all our hosts!

Blessed Sacrament Auxiliary:

Open to all Parishioners 18 years & older

Meetings are on the 2nd Thursday of the month in the Parish Hall at 6:00pm.

President: Karen Arthur (619) 889-6425

Knights of Columbus:

Men of the parish are invited to become members.

Meetings are now on the 3rd Sunday of the month in the Parish Hall at 10:00am

Grand Knight: Bruce O'Dell 619-280-3226

Pray for Priests and Vocations

"Now we ask you to respect those who work hard among you... Hold them in the highest regard in love because of their work."

SUNDAY, October 25

Rev. Michel Froidurot

MONDAY, October 26

Rev. Brian James Frulla

TUESDAY, October 27

Rev. Enrique Fuentes

WEDNESDAY, October 28

Rev. Charles Fuld

THURSDAY, October 29

Rev. David Gaa, OFM

FRIDAY, October 30

Rev. Rolando Gabutera

SATURDAY, October 31

Rev. Andrzej Galant, Sch.R.

PLEASE PRAY FOR...

The Sick

Pope Leo XIV	Maurico Chávez
Harper Keller	Laurie Aranda
Joan Halfman	Lori Esquer
F. Trujillo	Cora Anderson
Mary Macie	Vern Boyce
Fr. Bruce Orsborn	Bill Condit
Veronica Sanchez	Tim Parker
Richard Fowler	Joe Newton
Leann Trujillo	Kathie Watkins
Teresa Souto	Patricia Cadava
Lourdes Carrasco	Angelica C. Esparza

PLEASE PRAY FOR...The Deceased

Rosemary Devenyns

MASS INTENTIONS

SATURDAY, October 24

- 5:00 pm** - Leann Trujillo - † and for peace & comfort for the Trujillo Family
 - Kathleen Stockfisch - †
 - Joseph Valdes - †
 - Pam Hair - †

SUNDAY, October 25

- 8:30 am** - For the recovery & healing of Mary Macie
10:30 am - Joseph Valdes - †
 - Carmen Carrasco Reyes - †
4:00 pm - For the birthday of Rafael & Anahi Mendoza
 - For Hilda Rendon's recovery from surgery
 - Ricardo Lopez and Victoria Duran - †
 - Blessed Sacrament Parishioners

MONDAY, October 26

8:00 am -

TUESDAY, October 27

8:00 am -

WEDNESDAY, October 28

8:00 am -

THURSDAY, October 29

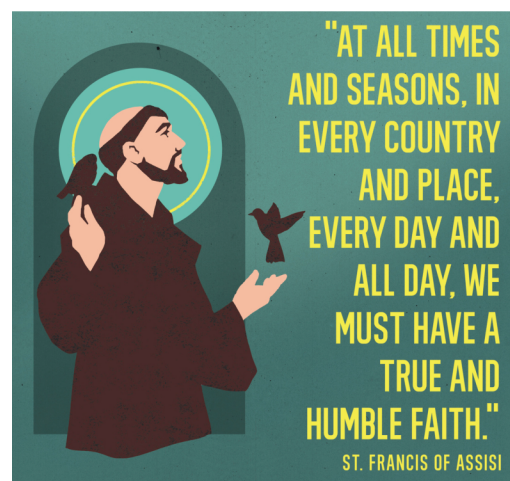
8:00 am -

FRIDAY, October 30

- 8:00 am** - For the birthday of Michael Sawaya

SATURDAY, October 31

- 5:00 pm** - For the birthday of Jim Sawaya
 - Yuvath Michael Yin, Sr. - †





All Souls' Day Monday, November 2

**8:00am Mass in English
and**

**Mass of Remembrance - Bilingual
at 6:30pm**

Mass of Remembrance - Our parish community remembers your loved ones who passed away during the past year. A candle will be lit in their memory during Mass. Family members may take the candle home after mass. All are welcome to attend.

Photos of Your Loved Ones

We invite ALL parishioners to bring a photo of their loved ones who have passed away so we can also honor them. All photos will be displayed during Mass.

All Souls Novena Beginning on November 2 All Souls Day

Honor your deceased loved ones with 9 consecutive Masses. Turn in your All Souls Day Remembrance envelopes with the names of your loved ones. The envelopes will be placed on the altar to the end of the month.

Envelopes are in your envelope packet and extra envelopes are available at the church doors. Don't forget to turn in your envelope to be included in the novena.

QUESTIONS OF THE WEEK

1st Reading Question

At the heart of the Mosaic social laws, we hear God's expectation for compassion, especially to the most vulnerable among us. Is compassion a virtue that comes easily to you?

2nd Reading Question

Paul offers a prayer of thanksgiving for the faith of the Thessalonian community members who are seen as role models for believers throughout the regions of Macedonia and Achaia. Is there someone in your life who models the Faith well?

Gospel Question

Jesus taught that love of God and love of neighbor are the foundation of the Jewish law and the prophets. How does this two-fold commandment inspire you to live the Christian life?

**All Saints Day
Sunday, November 1**
Regular Saturday & Sunday
Mass Times



Ofrenda in Church Begins October 31

All are welcome to bring photos of your deceased loved ones to leave at the Ofrenda altar. Please take home your photos on November 21-22.

Daylight Savings Time Ends Sunday, November 1, 2026

Set your clocks back 1 hour Saturday night. Be on time for Sunday Mass. **FALL BACK**



LIVE THE LITURGY -

INSPIRATION FOR THE WEEK

Jesus gives us the greatest commandment: love God with all your heart, all your soul, all your mind. When we do that, the rest comes naturally, and we love others as they should be loved. So, give him everything — and let your life be love.

READINGS FOR THE WEEK

Sunday: Ex 22:20-26/Ps 18:2-3a, 3b-4, 47 and 51/1 Thes 1:5c-10/Mt 22:34-40

Monday: Eph 4:32-5:8/Ps 1:1-2, 3, 4 and 6/Lk 13:10-17

Tuesday: Eph 5:21-33/Ps 128:1-2, 3, 4-5/Lk 13:18-21

Wednesday: Eph 2:19-22/Ps 19:2-3, 4-5/Lk 6:12-16

Thursday: Eph 6:10-20/Ps 144:1b, 2, 9-10/Lk 13:31-35

Friday: Phil 1:1-11/Ps 111:1-2, 3-4, 5-6/Lk 14:1-6

Saturday: Phil 1:18b-26/Ps 42:2, 3, 5cdef/Lk 14:1, 7-11

Next Sunday: Rv 7:2-4, 9-14/Ps 24:1bc-2, 3-4ab, 5-6/1 Jn 3:1-3/Mt 5:1-12a

Welcome New Members

Make a Commitment to your Church.
Join our faith community!

Registration forms are available at the Parish Office. Call (619) 582-5722
or Email the parish office at
info@blessedsacrament-sandiego.org

DIA DE LOS FIELES DIFUNTOS

Misa: Lunes, 2 de Noviembre

8:00 a.m. Misa en Inglés

y

Misa de Recuerdo

6:30 p.m. Misa en Inglés y Español

Misa de Recuerdo -Nuestra comunidad parroquial recuerda a sus seres queridos que fallecieron durante el último año.

Se encenderá una vela en su memoria durante la Misa. Los familiares podrán llevarse la vela a casa después de la Misa. Todos son bienvenidos.

Fotos de Seres Queridos

Invitamos a todos los feligreses a traer una foto de sus seres queridos fallecidos para honrarlos también. Todas las fotos se exhibirán durante la Misa.

Novena de Todas las Almas

A partir del 2 de Noviembre

Día de Todos los Fieles Difuntos

Honra a tus seres queridos fallecidos con 9 misas consecutivas. Entregue sus sobres del Día de los Fieles Difuntos con los nombres de sus seres queridos. Los sobres estarán colocados en el altar hasta fin de mes. Los sobres están en su paquete de sobres y hay sobres adicionales disponibles en las puertas de la iglesia.

No olvide entregar su sobre para ser incluido en la novena.

Ofrenda en la Iglesia – Comienza el 31 de Octubre

Todos están invitados a traer fotos de sus seres queridos fallecidos para depositarlas en el altar de la ofrenda. Por favor, llévense sus fotos a casa el 21 y 22 de Noviembre.

PREGUNTAS DE LA SEMANA

Pregunta de la 1ª Lectura

En el corazón de las leyes sociales mosaicas, escuchamos la expectativa de Dios por la compasión, especialmente hacia los más vulnerables entre nosotros. ¿Es la compasión una virtud que te resulta fácil?

Pregunta de la 2ª Lectura

Pablo ofrece una oración de acción de gracias por la fe de los miembros de la comunidad tesalónica que son vistos como modelos a seguir para los creyentes en las regiones de Macedonia y Acaya. ¿Hay alguien en tu vida que modele bien la Fe?

Pregunta del Evangelio

Jesús enseñó que el amor a Dios y el amor al prójimo son la base de la ley judía y de los profetas. ¿Cómo te inspira este mandamiento doble a vivir la vida cristiana?

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Día de Todos los Santos

Domingo, 1 de Noviembre

Misas regulares de Sábado y Domingo
horarios de Misa.

Finaliza el horario de Verano

Domingo, 1 de Noviembre

**Configure sus relojes una hora
antes el Sábado por la noche.**

Llegue a tiempo a misa de Domingo.



**Dona Tus Dulces Extras de
Halloween a la Casa de los Pobres
¡Sólo dulces envueltos!**



Hasta la fecha límite del 9 de Noviembre

Done parte de sus dulces de Halloween. Su donación se destinará a la distribución Navideña en la Casa de los Pobres en Tijuana, Mexico.

Los cepillos y pasta de dientes son también aceptados.

Por favor lleve sus donaciones a la oficina parroquial o a la iglesia.

¡Gracias por sus donaciones y por compartir sus golosinas con los menos afortunados!

LAS LECTURAS DE LA SEMANA

Domingo: Ex 22, 20-26/Sal 17, 2-3. 3-4. 47 y 51/1 Tes 1, 5-10/Mt 22, 34-40

Lunes: Ef 4, 32-5, 8/Sal 1, 1-2. 3. 4 y 6/Lc 13, 10-17

Martes: Ef 5, 21-33/Sal 127, 1-2. 3. 4-5/Lc 13, 18-21

Miércoles: Ef 2, 19-22/Sal 18, 2-3. 4-5/Lc 6, 12-16

Jueves: Ef 6, 10-20/Sal 143, 1. 2. 9-10/Lc 13, 31-35

Viernes: Flp 1, 1-11/Sal 110, 1-2. 3-4. 5-6/Lc 14, 1-6

Sábado: Flp 1, 18-26/Sal 41, 2. 3. 5/Lc 14, 1. 7-11

Domingo siguiente: Ap 7, 2-4. 9-14/Sal 23, 1-2. 3-4. 5-6/1 Jn 3, 1-3/Mt 5, 1-12

REGISTRARSE EN LA OFICINA

Si aún no está registrado en la parroquia, comuníquese con la oficina parroquial.

Incluso si viven en el mismo hogar y son familias separadas, deben registrar a su familia por separado.

Si es mayor de 18 años y vive con sus padres, es soltero o tiene su propia familia, también debe registrarse por separado.

BIENVENIDO

Le invitamos a registrarse para ser un miembro y damos la bienvenida a nuevos miembros

¡Comprométase con Blessed Sacrament!

info@blessedsacrament-sandiego.org

GOSPEL MEDITATION

Matthew 22:34-40

Today, God's Word gives us a brief reminder about the importance of the commandments. Yes, those prayers we memorized when we made our First Communion. Do you remember them? There are exactly ten, but Jesus said that the greatest is: "You shall love the Lord your God with all your heart, and with all your soul, and with all your mind. This is the great and first commandment. And another like it is this: 'You shall love your neighbor as yourself.' All the Law and the Prophets hang on these two commandments" (Matthew 22:37-40). This means that we should seek God in everything we do.

The Compendium of the Catechism of the Catholic Church, in paragraph 443, explains that: "The words 'You shall worship the Lord your God and him only shall you serve' imply worshiping God as Lord of all that exists; rendering him due worship individually and communally; praying to him with expressions of praise, thanksgiving, and supplication; offering him sacrifices, especially the spiritual sacrifice of our lives united to the perfect sacrifice of Christ; and keeping the promises and vows made to him." Loving God and loving neighbor cannot be separated. Love is not a mere feeling; it is an action of service, a commitment as a way of life. Jesus not only spoke of love, but he put his love at the service of the poor. His greatest act of love for us was to die on the cross and rise again so that we may have life in abundance. Thank you, Lord, for your love!—
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MEDITACIÓN DEL EVANGELIO

Mateo 22:34-40

Hoy la Palabra de Dios nos da una "recortadita" sobre la importancia de los mandamientos. Sí, esas oraciones que aprendimos de memoria cuando hicimos la primera comunión. ¿Los recuerdas? Son exactamente diez, pero Jesús dijo que el más grande es: "Amarás al Señor tu Dios con todo tu corazón, con toda tu alma y con toda tu mente. Este es el gran mandamiento, el primero. Pero hay otro muy parecido: 'Amarás a tu prójimo como a ti mismo'. Toda la Ley y los Profetas se fundamentan en estos dos mandamientos" (Mateo 22:37-40). Esto quiere decir que debemos buscar a Dios en todo lo que hacemos.

El Compendio del Catecismo de la Iglesia católica, en su número 443, nos explica que: "Las palabras 'adorarás al Señor tu Dios y a Él solo darás culto' suponen adorar a Dios como Señor de todo cuanto existe; rendirle el culto debido individual y comunitariamente; rezarle con expresiones de alabanza, de acción de gracias y de súplica; ofrecerle sacrificios, sobre todo el espiritual de nuestra vida unido al sacrificio perfecto de Cristo; mantener las promesas y votos que se le hacen". Amar a Dios y amar al prójimo no se pueden separar. El amor no es un simple sentimiento; es una acción al servicio, un compromiso como camino de vida. Jesús no solo hablaba de amor, sino que ponía su amor al servicio de los pobres. Su mayor acto de amor por nosotros fue morir en la cruz y resucitar para que tengamos vida en abundancia. ¡Gracias, Señor, por tu amor!
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PRAYER – FOR EVERYDAY AND EVERYBODY

Blessing for Harvest

Thank you, Lord, for the growth we have seen this season. Bless our harvest and those who labor to bring us nourishment. May Your provision be known, Your pruning be sure, Your preservation total. Prosper the work of our hands, Lord, in Your goodness. Amen.

ORACIÓN – PARA TODOS LOS DÍAS Y PARA TODOS

Bendición Para la Cosecha

Gracias, Señor, por el crecimiento que hemos visto esta temporada. Bendice nuestra cosecha y a quienes trabajan para traernos alimento. Que se conozca tu provisión, que tu poda sea segura, que tu preservación sea total. Prospera la obra de nuestras manos, Señor, en Tu bondad. Amén.

**Donate Your Extra Halloween Candy to
Casa de los Pobres (House of the Poor)
(Wrapped Candy Only Please!)
Due by Sunday, November 9**



Candy donations will be distributed as part of the annual Christmas Distribution at the Casa de los Pobres (House of the Poor) in Tijuana.

Toothbrushes & toothpaste are also greatly appreciated!

The children are so very appreciative of this once-a-year Christmas treat!

The Sisters of the Franciscan Missionaries of Our Lady Queen of Peace coordinate this annual Christmas distribution where 1,500 plus impoverished families receive a chicken, masa, rice, beans, canned vegetables, fruit, blankets, jackets, shoes, socks, toothbrushes, toothpaste, and toys. Your bags of candy make the children's Christmas festivities a little sweeter!

The annual candy collection is coordinated by Oma Nwaogwugwu and Adriana Holguin of the Notre Dame Alumni Club of San Diego & Deacon Kevin Murray volunteer president of the Casa de los Pobres USA.

Please bag food items (granola bars, raisins, pretzels, etc.) separate from the candy bags.

Please box these other food items as the Sisters need all food donations.

Please take your donations to the church or the parish office.

For more information about the Casa de los Pobres go to www.casadelospobresusa.com.

Thank you for your donations and sharing your treats with those less fortunate!

**YOU CAN STILL GIVE TO THE
ANNUAL CATHOLIC APPEAL**

Please use the special brochure/envelope available to make a pledge or donate. You can also donate online at: sdcatholic.org/giving, then select "Annual Catholic Appeal."

Our parish goal this year is \$21,875.00.

Thank you for your support!

All donations over our goal will be returned to our parish.

Reportando Denuncias de Conducta Sexual Inapropiada

La diócesis de San Diego trata con seriedad todas las denuncias de conducta sexual inapropiada por parte del clero o del personal de la Iglesia y la trata de manera rápida, confidencial y exhaustiva. Para denunciar conducta sexual inapropiada por parte del clero o del personal de la Iglesia, incluyendo el abuso, llame a Mary Acosta,

Coordinadora de Asistencia a Víctimas, (858) 490-8353, envíe un correo electrónico a misconduct@sdccatholic.org, o visite www.safeinourdiocese.org.

Las situaciones de abuso sexual reciente o en curso deben informarse a la policía.

CHURCH ROOF AND WALLS REPAIRS

Phase 2 and 3

**Church windows have already been repaired
in Phase 1**

The expenses so far is \$140,133.00

**As of September 30, 2026 we have received
donations of \$204,579.71 for the Church,
Roof, Windows, & Walls Repairs.**

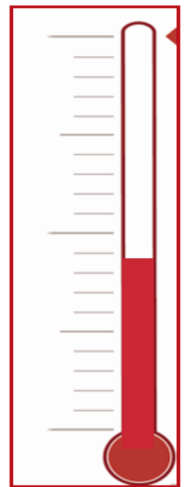
Our GOAL is \$500,000.00

**We have a long
way to go!**

**You can give your donation any
time, just make sure you
designate it for Church Repairs**

Please use the GOLD ENVELOPE

**Thank you for your continued
support!**



Devotions, Explained! The Guardian Angel Prayer

Often one of the first prayers taught to children, the Guardian Angel Prayer consists of two rhyming couplets invoking the protection of one's guardian angel. Its exact authorship is unknown, but it originated in the medieval period.

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Reporting Allegations of Sexual Misconduct

The diocese of San Diego treats all allegations of sexual misconduct by clergy or Church personnel seriously and deals with them in a prompt, confidential and thorough manner. To report sexual misconduct by clergy or Church personnel, including abuse, please call Mary Acosta, Victim Assistance Coordinator, (858) 490-8353, email misconduct@sdccatholic.org, or visit www.safeinourdiocese.org.

Situations of recent or ongoing sexual abuse should be reported to local law enforcement.



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