

BLESSED SACRAMENT CATHOLIC CHURCH

www.blessedsacrament-sandiego.org

NOVEMBER 29, 2026 — FIRST SUNDAY OF ADVENT

Welcome!

MASS SCHEDULE

Weekend Masses

Saturday	5.00pm Vigil (English)
Sunday	8:30am, 10:30am (English)
Sunday	4:00pm (Español)

Weekday Masses

Monday	8:00am (English)
Tuesday	8:00am (English)
Wednesday	8:00am (English)
Thursday	8:00am (English)
Friday	8:00am (English)

Confession

Saturday 4:00pm - 4:45pm

Blessed Sacrament Parish Office

4540 El Cerrito Drive
San Diego, CA 92115
619-582-5722

Hours:

Monday/Lunes	12:30pm-4:30pm
Tuesday-Friday	8:30am-4:30pm
Martes a Viernes	8:30am-4:30pm

Adoration of the Blessed Sacrament

First Friday of the month following the 8:00am Mass until 9:00am

Devotion to Our Mother of Perpetual Help

Tuesdays directly following the 8:00am Mass



Donate Online

Donating Online is easy! Just aim your phone camera at the QR Code and follow the link. Thank You!

Donación en Linea

Solo escanea el código QR y siga el enlace. Gracias!

PARISH CLERGY

Pastor
Fr. Vinh Daniel Nguyen, SVD

In Residence
Fr. Raymundus Wea, SVD

Retired Deacons
Tony Albers
Herbert Kelsey

PARISH OFFICE

619-582-5722

info@blessedsacrament-sandiego.org

Jeanine Yin - *Administrative Assistant*

Maria Tello - *Office Assistant*
Se habla español

Susan Orelli - *Bookkeeper*
bspbookkeeper@blessedsacrament-sandiego.org

2026 FINANCIAL DONATIONS

November
Weekly Collection
November 14 – 15: $5,006.00
November 21 – 22: ....$unavailable

Donations can be made by mail or to our online website at:
www.blessedsacramentsandiego.org

October Online Giving.....$$6,873.30

Thank you for your continued generosity!

SACRAMENTS

Marriage Information: 619-582-5722
Those wishing to be married must contact the priest at least 9 months before the marriage date.

Baptism Information: Parish Office: 619-582-5722
Baptism Classes are now available:
The 1st Monday of the month in English
3 Jueves de mes clases Prebaptismal en Español
Please call the Parish Office for more information.

Faith Formation: Paul A. Lopez, ext. 124
Faith Formation Coordinator; habla Español
Info: faithform@blessedsacrament- sandiego.org
First Communion, Confirmation, and Order of Christian Initiation for Adults (OCIA)

Anointing of the Sick:
Contact Parish Office: 619-582-5722

Funeral Arrangements:
Contact Parish Office: 619-582-5722

MINISTRIES

Altar Servers
Parish Office 619-582-5722

Eucharistic Ministers
Ed Snyder 619-865-9398

Ushers
Mitch Dornfeld 619-300-5407

Lectors
Sheila Kennedy 858-699-2529

Adoration Chapel
Parish Office 619-582-5722

Cares for Kids
Teresa Markey 619-582-2141

Culture of Life
Margie Morrison 619-582-8651

PRAYER GROUP MEETINGS

Encuentros de Conversión Catolica
Se reúne los Martes de 6:30pm a 9:00pm
INFO: Daniel Gil 619-310-8840

Sunday Hospitality Hosts

1st week: Blessed Sacrament Auxiliary
2nd week: Hispanic Community
3rd week: Knights of Columbus
4th week: Hispanic Community
5th week: Cares for Kids

Thank you to all our hosts!

Blessed Sacrament Auxiliary:

Open to all Parishioners 18 years & older
Meetings are on the 2nd Thursday of the month in the Parish Hall at 6:00pm.
President: Karen Arthur (619) 889-6425

Knights of Columbus:

Men of the parish are invited to become members.
Meetings are now on the 3rd Sunday of the month in the Parish Hall at 10:00am
Grand Knight: Bruce O'Dell 619-280-3226

Pray for Priests & Vocations

"Now we ask you to respect those who work hard among you…Hold them in the highest regard in love because of their work."

SUNDAY, November 29
Rev. Lawrence Johnson

MONDAY, November 30
Rev. Ricardo Juarez Frausto

TUESDAY, December 1
Pope Leo XIV

WEDNESDAY, December 2
Bishop Michael Pham

THURSDAY, December 3
Bishop Felipe Pulido

FRIDAY, December 4
Rev. Richard Juzix, OFM

SATURDAY, December 5
Rev. William Kambo



Feast Day
Tuesday, December 8
Holy Day of Obligation
Masses:
8:00am in Enlgish
6:30pm Bilingual
in English & Spanish

Día de Fiesta
Martes, 8 de Diciembre
Este es un Día Santo de Obligación
Misas:
8:00am en Inglés
6:30pm Bilingüe en Inglés y Espanol

MASS INTENTIONS

SATURDAY, November 28
5:00 pm - Safe travel for Claude Zhang & Theresa
- Manuel T. Sinohui - †

SUNDAY, November 29
8:30 am - For recovery & healing for Mary Macie

10:30 am - Rafael Lacarra - †
- Blessed Sacrament Parishioners

4:00 pm -

MONDAY, November 30
8:00 am -

TUESDAY, December 1
8:00 am -

WEDNESDAY, December 2
8:00 am -

THURSDAY, December 3
8:00 am -

FRIDAY, December 4
8:00 am - For healing for Madison Quimby

SATURDAY, December 5
5:00 pm - Alex & Angel Olvera's 31st wedding anniversary
- Mackey Parker - †
- Mary Valdez - †

Nuestra Señora de Guadalupe
Día de Fiesta
Sábado, 12 de Diciembre
Saturday, December 12
Mañanitas en la Iglesia:
en Español 6:00am - 7:00pm

Misa: 5:00 pm en Inglés
5:00pm Mass in English
with a celebration in the Parish Hall following Mass.
Celebración en el Salón después de la Misa.
¡Todos son Bienvenidos!
All are Welcome!

PRAY FOR THE SICK

Helen Sickler
Maria Luisa Pazos
Sally Chand
Nick Aswad
Harper Keller
Joan Halfman
F. Trujillo
Mary Macie
Veronica Sanchez
Richard Fowler
Teresa Souto
Lourdes Carrasco
Laurie Aranda
Lori Esquer
Cora Anderson
Vern Boyce
Bill Condit
Tim Parker
Joe Newton
Kathie Watkins
Patricia Cadava
Angelica C. Esparza

PRAY FOR THE DECEASED

Rosemary G. Devenyns



SUPPORT OUR BAKE SALE

Blessed Sacrament Auxiliary

Annual Christmas Bake Sale - December 5 & 6

Saturday after Mass Outside Church

Sunday after 8:30am & 10:30am Masses

Outside Church & in Parish Hall

Sunday after 4:00pm Spanish Mass Outside Church

(No donuts this weekend)

Great Homemade Baked Goods & Some Sugar Free Items - Pies, Cakes, Cookies, and Much More.

All proceeds support Blessed Sacrament Church Altar. The Auxiliary devotes their time & funds to the upkeep and caring of the altar; purchasing the wine, host, oil, candles, care of the linens, etc.

Proceeds support the Blessed Sacrament Church Altar.

READINGS FOR THE WEEK

Sunday: Is 63:16b-17, 19b; 64:2-7/Ps 80:2-3, 15-16, 18-19/1 Cor 1:3-9/Mk 13:33-37
Monday: Rom 10:9-18/Ps 19:8, 9, 10, 11/Mt 4:18-22
Tuesday: Is 11:1-10/Ps 72:1-2, 7-8, 12-13, 17/Lk 10:21-24
Wednesday: Is 25:6-10a/Ps 23:1-3a, 3b-4, 5, 6/Mt 15:29-37
Thursday: Is 26:1-6/Ps 118:1 and 8-9, 19-21, 25-27a/Mt 7:21, 24-27
Friday: Is 29:17-24/Ps 27:1, 4, 13-14/Mt 9:27-31
Saturday: Is 30:19-21, 23-26/Ps 147:1-2, 3-4, 5-6/Mt 9:35-10:1, 5a, 6-8
Next Sunday: Is 40:1-5, 9-11/Ps 85:9ab and 10, 11-12, 13-14/2 Pt 3:8-14/Mk 1:1-8

QUESTIONS OF THE WEEK

1st Reading Question
Our first reading for Advent begins with Isaiah in prayer, grieving over how Israel has sinned and separated from God, our Father. Is there an ache or sorrow you could offer to God this Advent Season?

2nd Reading Question
Paul opens his Letter to the Corinthians with a prayer of thanksgiving to God for the many blessings bestowed on the community since coming to faith in Jesus. Can you think of any gifts you have received because of your faith?

Gospel Question
Jesus teaches his disciples to be attentive and alert in their spiritual life. What will you be watching for this Advent Season? ©LPi

Monthly Quarters and Cans - 2nd Collection
Next Weekend - December 5 - 6

All donated money: coins, cash, checks (made out to Blessed Sacrament Church) will go to help continue the "Parish Church Roof & Walls Repairs." You can use the special Gold or Generic Envelope and note on the envelope and check **"Church Roof Repair."**

All Non-Perishable Food & Personal Care Items will be given to Casa de los Pobres in Tijuana to help our neighbors in need.

Pick up our Parish Reusable Bag by the church doors & return the bag with your donations next weekend. It would be helpful to line the cloth bag with a plastic bag to ease transporting your donations. Thank you for your support!



The Joy of Christmas
Parish Celebration

Friday, December 18
5:30am - 8:00pm
in the Parish Hall

Join your faith community as we celebrate Christmas together.
The celebration will include a live Nativity Scene, Christmas Caroling, Food, Refreshments, and More. **This event is FREE to All!**



Our Giving Trees Are Up!
1st Sunday of Advent

Please pick a tag or tags on the trees set up in the church. Purchase the requested item(s) and attach the tag to the **Unwrapped gift(s).**

Gifts are due back by Sunday, December 13

Donated gifts will be given to:
*Blessed Sacrament Cares for Kids ** Tijuana Prisoners ** Casa de los Pobres ** El Nido Shelter*

You can help make someone's Christmas happier!
Thank you for your generous gifts to those less fortunate!

La Segunda Colecta Latas y Monedas

El Próximo Fin de Semana - Diciembre 5 - 6

Todo dinero colectado (cheques a nombre de Blessed Sacrament) será asignado al muy necesitado fondo para la "Reparación del Techo de la Iglesia y Paredes." Puede usar los sobres **Dorados** o un sobre genérico. Por favor anote en el sobre y marque Reparación del Techo de la Parroquia.

Toda comida no peresedera y articulos de Higiene personal se donaráa Casa de los Pobre en Tijuana para ayudar a nuestro vecinos necesitados.

Recoja una de nuestras bolsas resuables que se encuentran por las puertas de la Iglesia y devuelvala la proxima semana con se donación. Sería útil si pudiera poner dentro de la bolsa reutilizable una bolsa de plástico para facilitar el transporte de sus donaciones.

¡Gracias por su continuo apoyo!

LAS LECTURAS DE LA SEMANA

Domingo: Is 63, 16-17. 19; 64, 2-7/Sal 79, 2-3. 15-16. 18-19/1 Co 1, 3-9/Mc 13, 33-37
Lunes: Rom 10, 9-18/Sal 18, 8. 9. 10. 11/Mt 4, 18-22
Martes: Is 11, 1-10/Sal 71, 1-2. 7-8. 12-13. 17/Lc 10, 21-24
Miércoles: Is 25, 6-10/Sal 22, 1-3. 3-4. 5. 6/Mt 15, 29-37
Jueves: Is 26, 1-6/Sal 117, 1 y 8-9. 19-21. 25-27/Mt 7, 21. 24-27
Viernes: Is 29, 17-24/Sal 26, 1. 4. 13-14/Mt 9, 27-31
Sábado: Is 30, 19-21. 23-26/Sal 146, 1-2. 3-4. 5-6/Mt 9, 35-10, 1. 5. 6-8
Domingo siguiente: Is 40, 1-5. 9-11/Sal 84, 9 y 10. 11-12. 13-14/2 Pe 3, 8-14/Mc 1, 1-8

PREGUNTAS DE LA SEMANA

Pregunta de la 1ª Lectura
Nuestra primera lectura para el Adviento comienza con Isaías en oración, llorando cómo Israel ha pecado y se ha separado de Dios, nuestro Padre. ¿Hay algún dolor o tristeza que puedas ofrecer a Dios esta temporada de Adviento?

Pregunta de la 2ª Lectura
Pablo abre su Carta a los Corintios con una oración de acción de gracias a Dios por las muchas bendiciones otorgadas a la comunidad desde que llegó a la fe en Jesús. ¿Puedes pensar en algún regalo que hayas recibido por tu fe?

Pregunta del Evangelio
Jesús enseña a sus discípulos a estar atentos y alerta en su vida espiritual. ¿Qué vas a ver en esta temporada de Adviento?

APOYE NUESTRA VENTA DE PASTELES

El Grupo Auxiliar de Blessed Sacrament

VENTA DE PASTELES

5 y 6 de Diciembre

Después de todas las Misas afuera de la Iglesia. Excelentes productos horneados caseros y algunos productos sin azúcar. Tartas, pasteles, galletas y mucho más.

Todas las ganancias apoyan el Altar de la Iglesia del Santísimo Sacramento.



La Alegría de la Navidad

Celebración Parroquial

Viernes, 18 de Diciembre
5:30 p. m. – 8:00 p. m.
En el Salón Parroquial

Acompañe a su comunidad de fe a celebrar la Navidad juntos.
La celebración incluirá un nacimiento viviente, villancicos, comida, refrigerios y más.

¡El Evento es Gratuito para todos!

Los Árboles de Donación Están en Alza!



Elija una o varias etiquetas de los árboles colocados en la iglesia.
Compre los artículos solicitados y adjunte la **etiqueta a los regalos sin envolver**.
Los regalos deben devolverse antes o el 13 de Diciembre
Los obsequios donados se entregarán a:
Blessed Sacrament Cares for Kids;
Casa de Los Pobres en Tijuana;
Prisioneros en Tijuana;
El Nido Shelter (por las mujeres maltratadas y sus hijos)

¡Gracias por sus generosos regalos a los menos afortunados!

GOSPEL MEDITATION

First Sunday of Advent

Mark 13:33-37

Each liturgical cycle has a very special time of preparation to help us approach our encounter with God in the best possible way. In this case, it is Advent: a time of preparation to receive the Lord at Christmas. There will be four Sundays to prepare us. “The Advent season has a twofold character: it is the time of preparation for the solemnities of Christmas, in which the first coming of the Son of God to humanity is commemorated; and it is, at the same time, the time in which, through this remembrance, our minds are directed toward the expectation of Christ’s second coming at the end of time. For these two reasons, Advent reveals itself to us as a time of devout and joyful expectation” (Universal Norms of 1969 for the Calendar).

“Be ready and watchful, because you do not know when that time will come” (Mark 13:33). In other words, preparation consists of two things: work and prayer, overcoming temptations that lull us into comfort and laziness. Put another way, not living life thinking we are immortal. We all have a mission to fulfill, and it is during this Advent season that we must discover it and work toward it. The Word of God today is full of joyful hope. Isaiah tells us, “Oh, that you would rend the heavens and come down!” (Isaiah 63). Come soon, Lord Jesus, we need you in our lives and in our communities. As the Church, we must prepare and pray tirelessly to receive the King made Child among us. Help us, Lord, to be vigilant, like security guards, so that when you arrive we are not asleep. “What I say to you, I say to everyone: ‘Watch!’” (Mark 13:37). Good advice, Lord! Advent is like an alarm clock: it rings and it's time to get up. Let's not let sleep overcome us. ©LPi

PRAYER – FOR EVERYDAY & EVERYBODY

Blessing for Advent Week 1

Dear Lord,
As this Advent season begins, pour Your blessing upon us. Bless our Advent wreaths and readings, our retreats and reconciliations. You are our God and our guide; be with us as we journey. Amen.

MEDITACIÓN DEL EVANGELIO

I Domingo de Adviento
Marcos 13:33-37

Cada ciclo que vivimos del calendario litúrgico tiene un tiempo muy especial de preparación para acercarnos al encuentro con Dios de la mejor manera posible. En este caso, el Adviento: tiempo de preparación para recibir al Señor en la Navidad. Serán cuatro domingos para estar listos. “El tiempo de Adviento tiene una doble índole: es el tiempo de preparación para las solemnidades de Navidad, en las que se conmemora la primera venida del Hijo de Dios a los hombres; y es, a la vez, el tiempo en el que, por este recuerdo, se dirigen las mentes hacia la expectación de la segunda venida de Cristo al fin de los tiempos. Por estas dos razones, el Adviento se nos manifiesta como tiempo de una expectación piadosa y alegre” (Normas Universales de 1969 para el Calendario).

“Estén preparados y vigilando, porque no saben cuándo llegará ese momento” (Marcos 13:33). Es decir, la preparación consiste en dos cosas: trabajo y oración, superar tentaciones que nos acomoden en el confort y la flojera. Dicho de otra manera, no vivir la vida pensando que somos eternos. Todos tenemos una misión que cumplir, y es durante este tiempo de Adviento que debemos descubrirla para trabajar en ella. La Palabra de Dios en este día está llena de esperanza gozosa. Isaías nos dice: “¡Ojalá rasgaras los cielos y bajaras!” (Isaías 63). Ven pronto, Señor Jesús, te necesitamos en nuestras vidas y en nuestros vecindarios. Como Iglesia que somos, debemos preparar y orar sin descanso para recibir al Rey hecho Niño entre nosotros. Ayúdanos, Señor, a estar vigilantes, como guardias de seguridad, para que cuando llegues no estemos dormidos. “Lo que les digo a ustedes se lo digo a todos: estén despiertos” (Marcos 13:37). ¡Buen consejo, Señor! El Adviento es como un reloj despertador: timbra y es hora de levantarse. Que el sueño no nos venza.

ORACIÓN – PARA TODOS LOS DÍAS Y PARA TODOS

Bendición para la 1ra Semana de Adviento

Querido Señor,
Al comenzar esta temporada de Adviento, derrama Tu bendición sobre nosotros. Bendice nuestras coronas y lecturas de Adviento, nuestros retiros y reconciliaciones. Tú eres nuestro Dios y nuestro guía; Acompáñanos en nuestro viaje. Amén.

Blessed Sacrament Advent Penance Service: Wednesday, December 2 at 6:30pm

Area Advent Penance Services

December 3 at 7:00pm - Holy Spirit
December 9 at 7:00pm - St. Didacus
December 9 at 7:00pm - Our Lady of Guadalupe
December 9 at 7:00pm St. Martin of Tours
December 10 at 5:30pm - St. Rita
December 13 at 2:00pm - St. Joseph Cathedral
December 22 at 7:00pm - St Patrick

Children Are Invited to Participate in Our Christmas Eve Liturgy - Dec. 24 at 6:00pm

We need angels, shepherds, soldiers, sheep, Mary & Joseph.

ONLY ONE REHEARSAL: Sunday, December 20 after the 10:30am Mass in Church.
Parents are Welcome!

Questions call Cathie Senoff: (619) 952-1036

CHURCH ROOF AND WALLS REPAIRS Phase 2 and 3

Church windows have already been repaired in Phase 1
The expenses so far is $140,133.00

As of October 31, 2026 we have received donations of $210,825.71 for the Church, Roof, Windows, & Walls Repairs.

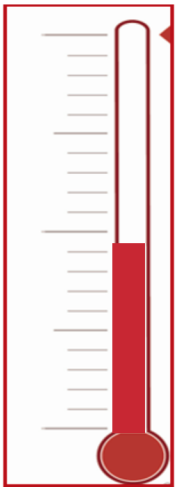
Our GOAL is $500,000.00

We have a long way to go!

You can give your donation any time, just make sure you designate it for Church Repairs

Please use the GOLD ENVELOPE

Thank you for your continued support!



Welcome New Members
Make a Commitment to your Church.
Join our faith community!
Registration forms are available at the Parish Office. Call (619) 582-5722
or Email the parish office at
info@blessedsacrament-sandiego.org

YOU CAN STILL GIVE TO THE 2026 ANNUAL CATHOLIC APPEAL

Please use the special brochure/envelope available to make a pledge or donate. You can also donate online at: sdcatholic.org/giving then select "Annual Catholic Appeal."

Our parish goal this year is $21,875.00.
All donations over our goal will be returned to our parish. **Thank you for your support!**

Clothing Donations for the Homeless

Do you have clean, gently used clothing and would like to donate them to the downtown homeless? Please call Annemarie at 619-993-4019 Thank You!

Nuestros boletines parroquiales son financiados por nuestros anunciantes. ¡Agradézcales apoyándolos con su compra!

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Reportando Denuncias de Conducta Sexual Inapropiada

La diócesis de San Diego trata con seriedad todas las denuncias de conducta sexual inapropiada por parte del clero o del personal de la Iglesia y la trata de manera rápida, confidencial y exhaustiva. Para denunciar conducta sexual inapropiada por parte del clero o del personal de la Iglesia, incluyendo el abuso, llame a Mary Acosta,
Coordinadora de Asistencia a Víctimas, (858) 490-8353,
envíe un correo electrónico a misconduct@sdcatholic.org,
o visite www.safeinourdiocese.org.
Las situaciones de abuso sexual reciente o en curso deben informarse a la policía.

Reporting Allegations of Sexual Misconduct

The diocese of San Diego treats all allegations of sexual misconduct by clergy or Church personnel seriously and deals with them in a prompt, confidential and thorough manner. To report sexual misconduct by clergy or Church personnel, including abuse, please call Mary Acosta, Victim Assistance Coordinator, (858) 490-8353,
email misconduct@sdcatholic.org, or visit www.safeinourdiocese.org.

Situations of recent or ongoing sexual abuse should be reported to local law enforcement.



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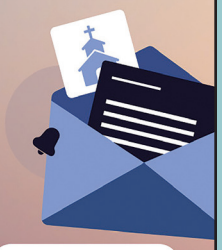
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Rory Pendergast of Rory Law, San Diego, CA

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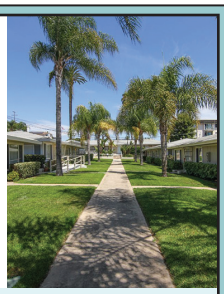
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